

# *Appendix*

# CONTROL CLINICAL PROFORMA

## Department of Biochemistry

The Maharaja Sayajirao University of Baroda, Vadodara - 390 002

Date: \_\_\_\_\_

Name: \_\_\_\_\_

Age: \_\_\_\_\_

Sex: M/F

Address: \_\_\_\_\_

Marital status: Married/Single

Native place: \_\_\_\_\_

### ANTHROPOMETRIC PARAMETERS:

1. Weight: \_\_\_\_\_

2. Height: \_\_\_\_\_

### BLOOD GLUCOSE LEVELS:

FBS: \_\_\_\_\_

PP2BS: \_\_\_\_\_

### FAMILY HISTORY:

a. 1st degree relative: Father/mother/sister/brother/daughter/son

b. 2nd degree relative: parental grandmother/parental grandfather/ maternal grandmother /maternal grandfather/maternal or paternal uncles or aunts

c. 3rd degree relatives: Cousins/nephews/nieces

d. None

### PERSONAL HISTORY

a. Diet: VEG/ NONVEG/ OVOVEG

b. FOOD HABIT: c. PHYSICAL ACTIVITY:

I, \_\_\_\_\_ have understood the

aim of this study and willing to donate 5 ml blood for this purpose.

Signature

## PROFORMA

### Department of Biochemistry

The Maharaja Sayajirao University of Baroda, Vadodara - 390 002

Dr. \_\_\_\_\_ Date: \_\_\_\_\_

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: M/F

Address: \_\_\_\_\_

Marital status: Married/Single

Occupation: \_\_\_\_\_ Income: \_\_\_\_\_

Education: \_\_\_\_\_ Native place: \_\_\_\_\_

#### History of illness

1. Age of onset: \_\_\_\_\_

2. Height: \_\_\_\_\_

3. Weight: \_\_\_\_\_

4. B.P/Pulse: \_\_\_\_\_

5. Duration: \_\_\_\_\_

6. Vit D: \_\_\_\_\_

7. Any secondary complications: \_\_\_ Retinopathy \_\_\_ Nephropathy \_\_\_ Neuropathy

8. Use of any drugs before onset of illness

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9. Treatment: Yes/ No; Regular/ Irregular

10. Recovery: Some/ Good/ Poor/ No response

11. Family history

A. 1st degree relatives: Father/mother/sister/brother/daughter/son

B. 2nd degree relatives: parental grandmother/parental grandfather/ maternal grandmother/maternal grandfather/maternal or paternal uncles or aunts

C. 3rd degree relatives: Cousins/nephews/nieces

12. Diet: Veg/ nonveg/ ovoveg/ mixed

13. Routine food: \_\_\_\_\_

14. Habits: Smoking/ tobacco chewing/ alcoholism

I, \_\_\_\_\_ have understood the aim of this study and willing to donate 5 ml blood for this purpose.

Signature of the patient