

ABBREVIATIONS

AMM	-	The Art of Man Making
BG	-	<i>Śrīmad Bhagavad Gītā</i>
CB	-	Character Building
CSKN	-	The Complete Work of Swami Vivekananda
PH	-	Perfect Health
PYS	-	<i>Pātañjala-yogasutra</i>