
LIMITATIONS OF THE STUDY

- The present study did not include all the beneficiaries of the ICDS program (pregnant and lactating mothers and adolescent girls).
- Dietary aspects and household parameters of food security and dietary habits could not be assessed.
- Due to large sample size, the drop-out rate was high which could not be controlled.
- The association of AWWs with the researcher could have affected the motivation and performance between both the groups.