

PROFORMA

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GUIDE: DR. S. K. TRIVEDI
ASSO. PROFESSOR
MEDICINE- "D" UNIT

H.O.D.: DR. N. C. MEHTA
PROF & HEAD
MEDICINE DEPT.

STUDENT: DR. SAMIR MEHTA

INDOOR NO:-

DATE OF ADMISSION:

OUTDOOR NO:-

DATE OF DISCHARGE:

BIODATA:

NAME:

AGE:

SEX:

EDUCATION:

OCCUPATION:

INCOME:

RELIGION:

ADDRESS:

MARITAL STATUS:

COMPLAINTS:

(1) POLYURIA

(2) POLYDYPسيا

(3) POLYPHAGIA

- (4) GENERALISED WEAKNESS
- (5) DIFFICULTY IN WALKING
- (6) VISUAL DISTURBANCE
- (7) ERECTILE DYSFUNCTION
- (8) BREATHLESSNESS
- (9) PALPITATION
- (10) PEDAL OEDEMA
- (11) WEIGHT LOSS
- (12) NAUSEA
- (13) VOMITING
- (14) ABDOMINAL PAIN
- (15) FEVER
- (16) INTERMITTENT CLAUDICATION

TREATMENT HISTORY:

* DIET ADVICE:

* EXERCISE:

* MEDICAL REATMENT:

(1) ORAL HYPOGLYCEMIC:

(2) INSULIN:

BEFORE LUNCH / AFTER LUNCH

BEFORE DINNER / AFTER DINNER

TIME

* OTHER TREATMENT:

(1) ANTIHYPERTENSIVE

(2) ASPIRIN

(3) STATINS

(4) ANY OTHER DRUGS

PAST HISTORY:

- (1) HYPERTENSION
- (2) TUBERCULOSIS
- (3) ANGINA
- (4) MI
- (5) CEREBROVASCULAR STROKE
- (6) KETOACIDOSIS
- (6) HOSPITALIZATIONS & DETAILS

FAMILY HISTORY:

	DIABETIS DETAILS	HT	IHD
OTHERS			
PARENTS			
SIBLINGS			
CHILDREN			

MENSTRUAL HISTORY:

- * MENARCHE
- * LMP
- * REGULAR / IRREGULAR
- * DURATION
- * CYCLES
- * AMOUNT
- * PAIN
- * CLOTS
- * FOUL SMELLING

OBSTRETIC HISTORY:

- * NO. OF CONCEPTION
- * NO. OF OFFSPRINGS
- * NO. OF ABORTION
- * BIRTH WEIGHT OF BABY
- * ANY COMPLICATIONS

PERSONAL HISTORY:

* **DIET:**

- (1) CALORIES
- (2) CARBOHYDRATES
- (3) FATS
- (4) PROTEINS
- (5) VITAMINS
- (6) MINERALS
- (7) NO. OF MEALS
- (8) DISTRIBUTION OF CALORIES IN EACH MEALS

* **APPETITE**

* **SLEEP**

* **BLADDER HABIT**

* **BOWEL HABIT**

* **ADDICTIONS:-**

GENERAL PHYSICAL EXAMINATION:

* **VITAL SIGNS:**

- TEMP.
- PULSE
- RESPIRATORY RATE

-- BP

*** MEASUREMENTS:**

-- BUILT

-- HEIGHT

-- WEIGHT

-- NUTRITION

-- BMI-----A (<18.5 KG/M²)

B (<25 KG/M²)

C (>25 KG/M²)

-- WAIST CIRCUMFERENCE

-- HIP CIRCUMFERENCE

-- WAIST/HIP RATIO

*** SKIN & ADNEXA:**

-- PALLOR

-- ICTERUS

--S/O ATHEROSCLEROSIS :- XANTHOMA

:- XANTHOLESMA

:- THICKENED VESSELS

:- BRUITS

:- CORNEAL ARCUS

*** EYE: -- PUPILS**

-- IRIS

-- LENS

-- FUNDUS

-- OTHER

*** PEDAL OEDEMA:**

*** LYMPHADENOPATHY:**

*** BACK & SPINE:**

- * NVE:
- * HJR:
- * **THYROID EXAMINATION:**

SYSTEMIC EXAMINATION:

(1) CNS:

* **HIGHER FUNCTIONS:**

CONSCIOUSNESS
 ORIENTATION
 BEHAVIOUR
 SPEECH
 MEMORY
 INTELLIGENCE

* **CRANIAL NERVES:**

* **MOTOR SYSTEMS:**

NUTRITION
 TONE
 POWER
 CO-ORDINATION
 INVOLUNTARY MOVEMENTS

* **SENSORY SYSTEMS:**

SUPERFICIAL
 DEEP
 CORTICAL

* **REFLEXES:**

SUPERFICIAL:-

CORNEAL

CONJUCTIVAL

ABDOMINAL-----UPPER

MIDDLE

LOWER

CREMASTRIC

BULBOCAVERNOUS

PLANTER

ANAL

DEEP:-

BICEPS

TRICEPS

SUPINATOR

KNEE

ANKLE

*** GAIT**

*** RHOMBERG SIGN**

*** TROPHIC CHANGES**

*** CEREBELLER SIGNS**

*** MENINGEAL SIGNS**

*** SKULL & SPINE**

*** NERVE THICKENING**

(2) CVS:-

*** PULSE:-**

- RADIAL
- ULNAR
- BRACHIAL
- CAROTIDS
- SUPERFICIAL TEMPORAL
- FEMORAL
- POPLITEALS
- DORSALIS PEDIS
- POSTERIOR TIBIAL

*** INSPECTION:-**

- APEX
- OTHER

*** PALPATION:-**

- APEX
- OTHER

*** PERCUSSION:-**

*** AUSCULTATION:-**

- S1
- S2
- MURMURS
- RUBS

(3) RESPIRATORY SYSTEM:-

*** UPPER**

*** LOWER**

(4) GASTROINTESTINAL SYSTEM:-

*** UPPER**

*** LOWER**

*** INVESTIGATIONS:-**

(1) HAEMOGRAM:-

-- HB

-- TC

-- DC

-- ESR

-- PS

(2) URINE:-

-- ALBUMIN

-- SUGAR

-- KETONE BODIES

-- MICROSCOPIC EXAMINATION

-- MICROALBUMINURIA

(3) BIOCHEMICAL:-

RBS

OGTT : -- FBS

-- 1 hr VALUE

-- 2 hr VALUE



(4) USG ABDOMEN

(5) OTHER

***MANAGEMENT**

***PERINATAL OUTCOME**