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ABBREVIATIONS USED IN THE THESIS		
OSEG	Occupational Stress Evaluation Grid	
MSS	Mental Symptoms of Stress	
PSS	Physical Symptoms of Stress	
OSS	Other Symptoms of Stress	
PSSS	Personal Sphere of Sources of Stress;	
IPSSS	Interpersonal Sphere of Sources of Stress	
WSSS	Work Sphere of Sources of Stress	
RSSS	Recreational Sphere of Sources of Stress	
CS	Coping Strategies.	
SIMSS	Severity Index of Mental Symptoms of Stress.	
SIPSS	SIPSS = Severity Index of Physical Symptoms of Stress.	
SIOSS	Severity Index of Other Symptoms of Stress.	
SIPSSS	Severity Index of Personal Sphere of Sources of Stress.	
SIIPSSS	Severity Index of Interpersonal Sphere of Sources of Stress.	
SIWSSS	Severity Index of Work Sphere of Sources of Stress.	
SIRSSS	Severity Index of Recreational Sphere of Sources of Stress.	
SICS	Severity Index of Coping Strategies.	
OLS	Ordinary Least Square	