TABLE OF CONTENTS

| | | | Page | | | |
|----------------|----------------------|--|------|--|--|--|
| LIST | LIST OF TABLES | | | | | |
| LIST OF PLATES | | | | | | |
| CHA | APTER | • | | | | |
| I | INTRODUCTION | | | | | |
| | 1.2 | Statement of problem | | | | |
| | 1.3 | Rationale of the study | 9 | | | |
| | 1.4 | Objectives of the study | 11 | | | |
| | 1.5 | Assumptions | 11 | | | |
| | 1.6 | Hypotheses | 11 | | | |
| | 1.7 | Delimitations of the study | 12 | | | |
| 11 | REVIEW OF LITERATURE | | | | | |
| | 2.1 | Conceptualisation of Empowerment and related research studies in Empowerment of Women | | | | |
| | 2.2 | Researches Related to Empowerment of Women | 24 | | | |
| | 2.3 | Concept of self esteem and related studies | 30 | | | |
| | 2.4 | Government Sponsored Economic Upliftment Programmes (GSEUPs) and related research studies | | | | |
| | METHODOLOGY | | | | | |
| | 3.1 | 3.1 Variables | | | | |
| | 3.2 | Model showing hypothesised relationship among variables in the study of Empowerment of Women Beneficiaries of GSEUPs | 71 | | | |
| | 3.3 | Operational Definitions | 73 | | | |
| | 3.4 | Interview Schedule | 77 | | | |
| | 3.5 | Pilot Study | 80 | | | |
| | 3.6 | Sample Selection | 82 | | | |
| | 3.7 | Field Data Collection Procedure | 83 | | | |
| | 3 8 | Analysis of Data | 85 | | | |

| IV | FINDINGS AND DISCUSSION | | | | | 91 |
|-----|--|-----------|---|-------------------|------------|-----|
| | 4.1 Section I | | Baseline characteristics of the sample | | 91 | |
| | 4.2 Section II4.3 Section III | | Findings related to income generating activity Empowerment of women beneficiaries through government sponsored economic upliftment programmes (GSEUPs) | | 108 157 | |
| | | | | | | |
| | 4.4 Section IV | | Findings related to te | esting of hypothe | eses | 173 |
| V | SUMMARY AND CONCLUSION | | | | | 229 |
| | 5.1 | Summa | гу | | | |
| | 5.2 | Conclus | sion | | | |
| ٠. | 5.3 | Implica | tions of the study | | | |
| BIB | LIOGRA | LIOGRAPHY | | | | |
| APP | ENDIC | ENDICES | | | | |
| | APPE | ENDIX I | | | | |
| | 1.0 | Map of | India, UP, Nainital | (i) | | |
| | 1.1 | Map of | Rudrapur Block | (ii) | | |
| | 1.2 | Map of | Bazpur Block | (iii) | | |
| | 1.3 | Village | inventory | (iv) | | |
| | APPE | NDIX II | • | | | |
| | 1.1 | Attitude | Scale | | 1 | |
| | 1.2 | Self Est | eem Scale | | 6 | |
| | 1.3 | Commit | tment Scale | | 7 | |
| | 1.4 | Practice | Scale | | | |
| | 1.5 | Reliabil | ity of items on each so | ale | 11 | |
| | 1.6 | | umber of items selecten pilot study | ed from scales | 15 | |
| | APPENDIX III | | | | | |
| | | Intervie | w Schedule | •••• | 16 | |
| | APPE | ENDIX IV | | | | |
| | | Tables | 1 to 22 | | <i>A</i> 1 | |

.