

### **ANNEXURE-3**

## **ATTENTION/CONCENTRATION**

### **PROBLEM:**

To discover number of times attention wanders and to find out conditions which help concentration or attention.

### **MATERIALS:**

Pen or pencil, stop clock

### **PROCEDURE:**

Give instructions to S: 'Look at your pencil. Concentrate your attention upon it for one min. when your attention wanders from the object indicate by a movement of your left hand.' E notes down the number of times attention wanders during the one minute period.

In the second series give the following instructions. 'Look at the pencil. Think about its size, colour, material, with which it is made, flaws in the making, its uses, etc. Indicate as before when attention wanders.' E notes down the number of times attention wanders during the one minute period.

Find the number of time attention wanders in the first series and in the second series. Note the difference. Account for this difference, taking also into account the introspective report of S. collect the data for whole sample. Find the mean and S.D. for the two series and calculate the reliability of the difference. State the law of attention based on this work. **(Kuppuswamy, 1954)**