

APPENDICES

APPENDIX-I**QUESTION GUIDE FOR FOCUS GROUP DISCUSSION (FGD)****WITH PREGNANT AND LACTATING WOMEN****(PRIMARY TARGET GROUP)**
-----**1. General Introduction**

Chiefly to build rapport, get background information and tell them the purpose of the meeting.

2. Pregnancy Related Health Problems

The pregnant women are encouraged to describe their health problems, causes of these problems, whether they ascribe it to the state of pregnancy, and if they perceive that there are other reasons for it.

3. Work Related Problems

- * Are they able to do their daily work without feeling a sense of fatigue?
- * What are the types of work that make them feel fatigued?
- * What are the symptoms besides fatigue, such as Breathlessness etc.

4. Other Health Problems

Health problems they face now which they did not have when they were not pregnant.

5. Health Behaviour

- * How do they get their pregnancies confirmed ?
- * Who does it and where?
- * What are the health promoting behaviours they practice during pregnancy?
- * What are they advised to practice by elders and by other native practitioners?
- * What are the treatments they take for the health problems mentioned earlier?
- * What do they do for fatigue and tiredness?

- * What are the foods they avoid, Why? What special foods do they consume?

6. Specific information on Anaemia and Health Seeking Behaviour for Anaemia.

A) Causes, treatment and prevention

- * How do they perceive anaemia?
- * Is there any term related to blood that can possibly indicate anaemia?
- * Do they have any knowledge of causes of such a condition, how it can be prevented and treated?
- * Do they practice anything specific to correct anaemia?
- * Are there any traditional practices?

B) Attitude to tablet consumption

- * Are they aware of the iron tablets provided by the programme?
- * Do they link it with the correction of anaemia or improvement in blood?
- * What are their attitudes to tablet consumption in general?
- * Do others in the family or in the community influence them about tablet consumption and health seeking behaviour during pregnancy?
- * Do they have any preferences about colour of tablets? Any specific reason?
- * What kind of packaging do they prefer?
- * Where and from whom would they like to take the tablets?
- * What are the conditions for which they think it is important to seek health care either from the doctor or from the ANMs?

7. Utilization of Antenatal Services

- * What services?
- * Extent of utilization?
- * Reasons for under utilization?