

APPENDIX-IV

COMPOSITION OF THE PRESCRIBED DRUGS AND
THEIR ELEMENTAL IRON CONTENT

Prescribed Medicine	Composition	Elemental iron /tab or dose
1) Fefol (Tab)	Ferrous sulphate - 150 mg. Folic acid - 0.5 mg.	45 mg.
2) Fefol-Z(Tab)	Ferrous Sulphate (timed release) - 150 mg. Zinc Sulphate (22.5mg. elemental zinc) - 61.8 mg. Folic acid - 0.5 mg.	45 mg/tab.
3) Dexorange (Syrup)	Haemoglobin - 2.095g. Ferric Ammonium Citrate - 125 mg. Cyanocobalamin - 7.5 mcg. Folic acid - 0.5 mg. Alcohol - 0.87 ml.	32 mg/15 ml.
4) Tonoferon (Syrup)	Colloidal Iron Hydroxide - 0.5g Folic acid - 0.5 mg. Vit B ₁₂ - 5 mcg	250 mg/5 ml.
5) Ferrocheiate	Iron-chroline citrate - 0.263 g. Folic acid - 1 mg. Vit B ₁₂ - 5 mcg. L.Lysine monohydrochloride - 70 mg.	32mg/5 ml.
6) Dexorange plus (cap)	Hb - 100 mg. Ferric ammonium citrate - 150 mg. Folic acid - 0.5 mg.	80mg
7) Hepatoglobine (Syrup)	Proteolized liver (derived from 7.2g fresh liver; B ₁₂ activity 4.8 mcg). - 1.2g Peptone - 0.75 g. Oxyhaemoglobin - 0.25 g. Fe and ammonium citrate - 0.20 g. Nicotinic acid - 22.5 mg. Alcohol - 0.36 ml.	44mg/15ml.
8) Rediplex (tablets)	Ferrous fumerate - 308 mg. Folic acid - 1.5 mg. Vit. C - 150 mg. Vit. B6 - 3 mg. Vit B ₁₂ - 15 mcg. Cupric sulphate - 0.2 mg.	

	Sodium Molybdate	- 6mg.	
	Manganese sulphate	- 1 mg.	101 mg.
9) Livogen (cap)	Ferrous fumerate	- 150 mg.	
	Folic acid	- 1500 mcg	
	Vit.C	- 75 mg.	
	Vit B ₁₂	- 10 mcg.	
	Vit B ₁	- 5 mg.	
	Vit B ₂	- 5 mg.	
	Vit B ₆	- 1.5 mg.	
	Calcium Pantothenate	- 5 mg.	
	Nicotinamide	- 45 mg.	
	Dried Yeast	- 25 mg.	
	Liver concentrate powder	- 0.1g.	
	(derived from 1.6g fresh liver with Vit B ₁₂ activity - not less than 0.76 mcg cynocobalamin)		50 mg.
10) Haem up Gems	Hb powder glycerinated Hb	- 650 mg.	
	Ferric ammonium citrate	- 100 mg.	
	Cupric sulphate	- 2.5 mg.	
	Manganese sulphate	- 2.5 mg.	
	Zinc sulphate	- 4.4 mg.	25 mg.
11) Probofex (Syrup)	Haemoglobin	- 0.50 g.	
	Elemental Iron (as ferrous aminoate)	- 15 mg.	
	Pyridoxine HCl	- 3 mg.	
	Folic acid	- 1.5 mg.	17mg/15 ml.
12) Autrin (cap)	Cynocobalamin	- 15 mcg.	
	Ferrous fumerate	- 0.35 g.	
	Ascorbic acid	- 0.15 g.	
	Folic acid	- 1.5 g.	115.5mg.
13) Hemsyneral (Capsule)	Ferrous fumerate *	- 200 mg.	
	Cynocobalamin	- 15 mcg.	
	Folic acid	- 1.5 mg.	65mg.
* In timed disintegration form.			
14) Haem up	Glycerinated Hb	= 1 g.	
	Ferric ammonium citrate	- 100 g.	
	Cupric sulphate	- 30 mcg.	
	Magnesium sulphate	- 30 mcg.	
	Zinc sulphate	- 30 mcg.	
	Akcohol Lp	- 0.87 ml.	25mg/15 ml.
15) Ferin - C (cap)	Ferrous fumerate	- 300 mg.	
	Folic acid	- 1.5 mg.	
	Vit B ₁₂	- 15 mcg.	
	Vit C	- 100 mg.	97.5mg.

16) Red-Iron (cap)	Ferrous fumerate Folic acid Cynocobalamin Vit C	- 0.350 g. - 2.0 mg. - 15 mcg. - 0.150 g.	115.5mg.
17) Ferrel-300	Ferrous fumerate Dibasic ca phosphate Pyridoxine HCl Folic acid Cyanocobalamin Zinc sulphate	- 300 mg. - 300 mg. - 1.5 mg. - 1.0 mg. - 7.5 mcg. - 60 mg.	97.5 mg.
18) Optifer (cap)	Ferrous fumerate Folic acid	- 0.3 g. - 1.5 mg.	97.5 mg.
19) Probofex (cap)	Elemental iron (as ferrous aminoate) Pyridoxin Hcl Folic acid Cynocobalamin	- 60 mg. - 3 mg. - 1.5 mg. - 15 mcg.	60mg.
20) Globiron (cap)	Ferrous fumerate Folic acid Cynocobalamin Vit C	- 350 mg. - 1.5 mg. - 15 mcg. - 150 mg.	115.5 mg.
21) Vitcofol (cap)	Ferrous fumerate Vit C Vit B ₆ Vit B ₁₂ Folic acid	- 300 mg. - 75 mg. - 1.5 mg. - 7.5 mcg. - 0.75 mg.	97.5mg.
22) Ferinova (cap)	Ferrous glycine sulphate equivalent to elemental iron Pyridoxine HCl Folic acid Cynocobalamin	- 50 mg. - 10 mg. - 0.5 mg. - 5.0 mcg.	50 mg.
23) Raricap (cap)	Ferrous Ca citrate complex equivalent to Fe Ca Vit B ₂ Vit B ₆ Vit C Vit B ₁₂ Folic acid	- 500 mg. - 25 mg - 85 mg. - 2 mg. - 1 mg. - 35 mg. - 1 mcg. - 0.3 mg.	25 mg.
24) Hemogran (Syrup)	Ferrous gluconate Calcium gluconate Protein hydrolysate Vit B ₁₂ D-Pantothenol Vit B ₆	- 100 mg. - 100 mg. - 0.5 mg. - 2.5 mg. - 2.5 mg. - 1.0 mg.	

	Vit B ₁₂	- 2.5 mcg.	
	Niacinamide	- 25.0 mg.	11.7mg/15ml.
25) Hemogran (cap)	Ferrous fumerate	- 300 mg.	
	Vit C	- 75 mg.	
	Vit B ₆	- 1.5 mg.	
	Vit B ₁₂	- 15 mcg	97.5 mg.
26) Ferrolate (cap)	Ferrous fumerate	- 350 mg.	
	Vit B ₁₂	- 15 mcg.	
	Vit C	- 150 mg.	
	Folic acid	- 1.5 mg.	115.5 mg.
27) Prenalac Plus (cap)	Ferrous fumerate	- 150 mg.	
	Dibasic Ca-phosphate	- 75 mg.	
	Ascorbic acid	- 75 mg.	
	Pyridoxine HCl	- 2 mg.	
	Folic acid	- 1.5 mg.	
	Cyanocobalamin	- 10 mcg.	
	Tocopherol acetate	- 15 mg.	
	Manganese sulphate	- 1 mg.	
	Zinc sulphate	- 30 mg.	49 mg.
28) Monoferron (cap)	Ferrous fumerate	- 0.2 g.	
	Folic acid	- 1.5 mg.	
	Vit B ₁₂	- 14 mcg.	65 mg.
29) Iross (cap)	Ferrous gluconate	- 325 mg.	
	Dicotyl sodium sulfo-succinate	- 50 mg.	38 mg.
30) Nutrisan	Vit A	- 3000 IU	
	Cholecalciferol	- 7.5 mg.	
	Tocopherol	- 2.5 mg.	
	Thiamin mononitrate	- 2.5 mg.	
	Riboflavin	- 2.5 mg.	
	Nicotinamide	- 25 mg.	
	Pyridoxine HCl	- 0.75 mg.	
	Folic acid	- 0.5 mg.	
	Vit C	- 4.0 mg.	
	Vit B ₁₂	- 2.5 mcg.	
	Ferrous fumerate	- 20 mg.	
	Manganese chloride	- 0.5 mg.	
	Magnesium oxide	- 1 mg.	
	Calcium gluconate	- 150 mg.	
	Zinc oxide	- 2 mg.	6.5mg.
31) Ifer (Syrup)	Iron choline citrate	- 310 mg.	
	Folic acid	- 0.750 mg.	
	Vit B ₁₂	- 3.5 mcg.	
	Lysine mono hydrochloride	- 70 mg.	37mg/5 ml.

32) Frocap (cap)	Ferrous fumerate	- 300 mg.	
	Folic acid	- 1 mg.	
	Ascorbic acid	- 100 mg.	
	Vit B ₁₂	- 10 mcg.	97.5 mg/cap.
33) Iberol-500 (Syrup)	Ferrous sulphate (equivalent to 26.25 mg. elemental iron)	- 131 mg.	
	Ascorbic acid	- 125 mg.	
	Cynocobalamin	- 5.0 mg.	
	Thiamin HCl	- 4.5 mg.	
	Riboflavin	- 5.0 mg.	
	Nicotinamide	- 45.0 mg.	
	Pantothenol	- 5.0 mg.	
	Hcl	- 1.5 mg	26.25mg/15ml.
34) Hemoferfolic (cap)	Ferrous fumerate	- 0.15 g.	
	Folic acid	- 0.75 mg.	
	Ascorbic acid	- 37.5 mg.	
	Riboflavin	- 2.5 mg.	
	Copper sulphate	- 0.5 mg.	
	Vit B ₁₂	- 7.5 mcg.	
	Thiamin HCl	- 2.5 mg.	
	Nicotinamide	- 22.5 mg.	
	Ammonium Molybdate	- 0.5 mg.	49mg/cap.
35) Blossyn (cap)	Cynocobalamin	- 15 mcg.	
	Ascorbic acid	- 150 mg.	
	Folic acid	- 1.5 mg.	
	Ferrous fumerate	- 350 mg.	115.5 mg.
36) Mulmin (cap)	Cynocobalamin	- 5 mcg.	
	Calcium Pantothenate	- 25 mg.	
	Ascorbic acid	- 150 mg.	
	Zinc sulphate	- 61.8 mg.	
	Ferrous gluconate	- 50 mg.	6mg.
37) Hepp forte (Syrup)	Haemoglobin (elemental iron from Hb)	- 2.1 g. - 7.1 mg)	
	Ferric ammonium citrate	- 200 mg.	
	Cynocobalamine	- 7.3 mcg.	
	Pyridoxin HCl	- 1.5 mg.	
	Sorbitol solution	- 0.75 g.	
	Folic acid	- 0.5 mg.	44mg/15 ml.
38) Star rubra (cap)	Ferrous fumerate	- 0.200 g.	
	Folic acid	- 1.5 mg.	
	Vit B ₁₂	- 1.0 mcg.	
	Calcium gluconate	- 0.50 g.	65mg.
39) ICEF Hematinic capsules	Ferrous fumerate	- 350 mg.	
	Ascorbic acid	- 1.5 mg.	
	Folic acid	- 1.5 mg.	
	Cynocobalamin	- 15 mcg.	115.5mg.

40) Ferrostan (cap)	Dried Ferrous sulphate Folic acid	- 150 mg. - 0.5 mg.	45 mg.
41) Globac. (cap)	Haemoglonbin Ferric ammonium citrate Cupric sulphate Zinc sulphate Manganese sulphate	- 650 mg. - 100 mg. - 2.5 mg. - 4.4 mg. - 2.5 mg.	20.7 mg.
42) Olpro (Syrup)	Protein Hydrolysate Vit B ₁ Vit B ₂ Vit B ₆ Vit B ₁₂ Niacinamide B - panthenol Magnesium chloride Manganese chloride Iron-choline citrate Sorbitol solution	- 1 g. - 0.5 mg. - 0.5 mg. - 0.5 mg. - 0.5 mg. - 10 mg. - 0.5 mg. - 2.5 mg. - 0.1 mg. - 45 mg. - 70%	5.4 mg/15ml.
43) Iberol film tablets.	Ferrous sulphate Vit B ₁₂ dessicated liver (having Vit B ₁₂ activity) Vit C Folic acid VitB ₁ VitB ₂ Nicotinamide Vit B ₆ Calcium panto thenate	- 525 mg. - 12.5 mcg. - 100 mg. - 0.2 mcg. - 75 mg. - 1 mg. - 4.5 mg. - 5 mg. - 45 mg. - 1.5 mg. - 5 mg.	158 mg.
44) Iberol-500 (Syrup)	Ferrous sulphate Vit C Vit B ₁₂ Vit B ₁ Vit B ₂ Nicotinamide Vit B ₆ Pantothenol Alcohol	- 131 mg. - 125 mg. - 5 mcg. - 4.5 mg. - 5 mg. - 45 mg. - 1.5 mg. - 5 mg. - 0.5 ml.	39.6 mg/5ml.
45) Fesovit Spansules	Vit C Vit B ₂ Vit B ₁ Nicotinamide Vit B ₆ Pantothenic acid Dried ferrous sulphate	- 50 mg. - 2 mg. - 2 mg. - 15 mg. - 1 mg. - 2.5 mg. - 150 mg.	45mg.

46) Fesovit Elixir (Syrup)	Vit B ₁	- 0.67 mg.	
	Vit B ₁₂	- 0.67 mg.	
	Vit B ₆	- 0.50 mg.	
	D-Panthenol	- 1.33 mg.	
	Nicotinamide	- 750 mg.	
	Vit B ₁₂	- 0.50 mcg.	
	Ferrous sulphate	- 166.7 mg.	
	Sorbitol	- 4 ml.	
	Alcohol	- 0.5 ml.	50 mg/5 ml.
47) Softeron (cap)	Ferrous fumerate	- 165 mg.	
	(equivalent to elemental Fe.	- 54 mg).	
	Vit B ₁₂	- 7.5 mcg.	
	Folic acid	- 750 mcg.	
	Vit C	- 75 mg.	
	Docusate sodium	- 50 mg.	54 mg.
48) Hemfer (Syrup)	Haemoglobin	- 2.0 g.	
	Ferric ammonium citrate		
	equivalent to elemental Fe	- 33 mg.	
	Cynocobalamin	- 7.5 mcg.	
	Folic acid	- 0.5 mg.	
	Zinc sulphate	- 7 mg.	
	Sorbitol solution	- 0.75 g.	40 mg/15ml.
49) Fezocar (Syrup)	Ferrous glycine sulphate	- 140.63 mg.	
	Zinc sulphate	- 55 mg.	
	Folic acid	- 500 mcg.	
	Vit B ₁₂	- 5 mg.	
	Vit C	- 50 mg.	/10ml.
50) Ferocar capsule	Ferrous glyisine sulphate	- 281.26 mg.	
	Zinc sulphate	- 68.67 mg.	
	Vit B ₁₂	- 15 mcg.	
	Folic acid	- 1500 mcg.	
	Vit C	- 100 mg.	50 mg.
51) Hb plus Hematinic capsule	Cyanocobalamin	- 15 mcg.	
	Ferrous fumerate	- 350 mg.	
	Ascorbic acid	- 150 mg.	
	Folic acid	- 1.5 mg	115.5 mg.
52) Golorin (cap)	Ferrous fumerate	- 0.350 g.	
	Vit C	- 0.150 g.	
	Vit B ₁₂	- 15 mcg.	
	Vit B ₆	- 2.0 mg.	
	Folic acid	- 1.5 mg.	
	Sorbitol	- 35 mg.	115.5 mg.
53) Hematrine (cap)	Ferrous succinate	- 100 mg.	
	Succinic acid	- 110 mg.	
	Folic acid	- 0.5 mg.	
	Vit C	- 25 mg.	

	Vit B ₁₂	- 2.5 mcg.	
	Nicotinamide	- 15 mg.	35 mg.
54) Imferon	Iron dextran injection	- 10 ml.	
(Injection)	Fe hydroxide elemental iron	- 50 mg/ml.	500 mg/inj.