

APPENDIX - XI

KNOWLEDGE REGARDING ANAEMIA

[SCHEDULE FOR THE MOTHERS]

NAME: _____ ADDRESS: _____

CODE: _____ DATE : _____

Q.1 Are you familiar with "Lohtatva ni khami" (explain as "Khoon ki khami")?

- (1) Yes (2) No

Q.2 What are the causes of LNK ?

- | | |
|----------------------|----------------------------|
| (1) Inadequate diet | (2) Diet deficient in Iron |
| (3) Worm infestation | (3) Frequent blood loss |
| (5) Any other | (6) D.K. |

Q.3 Do you know what happens when there is Iron deficiency (LNK)

What are the signs to indicate LNK ?

- | | |
|-------------------------------------|-----------------------|
| (1) Decreased work capacity | (2) Tiredness |
| (3) Pale eyes/Lips/Nails (Paleness) | (4) Anorexia |
| (5) Breathlessness | (6) Irritability |
| (7) Oedema | (8) Koloinchia |
| (9) Lack of concentration | (10) Any other (Spec) |
| (11) D.K. | |

Q.4 If a pregnant woman, say, Gauriben experiences above symptoms, should she take the symptoms seriously and seek medical advice?

- (1) Yes (2) No (3) D.K.

Q.5 If she asked you for advice what would you tell Gauriben?

- | | |
|------------------------------|-------------------------------|
| (1) Eat more food | (2) Consume GLV |
| (3) Consume foods rich in Fe | (4) Take Fe-Fol tablets/syrup |
| (5) 3 + 4 (or 2 + 4) | (6) Any other |
| (7) D.K. | |

Q.6 Would you advice her to take any special preparations?

(1) Yes

(2) No

If yes, specify: _____

Q.7 Have you heard about "Lohtatva ni goli" (LNG) or "Shakti ni goli" ?

(1) Yes

(2) No

Q.8 Are LNG distributed in your community ?

(1) Yes

(2) No

Q.9 What are the benefits of consuming these tablets ?

(1) Increased Hb

(2) Increased Blood

(3) Decreased tiredness, breathlessness etc.

(4) Gives strength/decreases weakness

(5) 1 + 4

(6) 2 + 4

(7) 1 + 3 + 4

(8) Any other

(9) D.K.

Q.10 If the LNGs are given to you would you take them ?

(1) Yes

(2) No

Q.11 If No. why ?

(1) Tablets are hot

(2) Not necessary

(3) Any other(specific) _____

Q.12 Can you tell me what would happen to you if you are suffering from LNK and you do not take LNG ?

(1) Nothing

(2) Inadequate weight gain

(3) Difficult delivery

(4) Small (LBW) baby

(5) Premature

(6) Complications of delivery

(7) Any other

Q.13 Does your husband advice you regarding tablet consumption?

(1) Yes

(2) No

Q.14 What advice does he give ?

- (1) Should be taken regularly
- (2) Should not be taken
- (3) Take when symptoms occur
- (3) Any other
- (5) D.K.

Q.15 Attitude of the husband :

- (1) Beneficial (+)
- (2) Not beneficial (-)
- (3) Neutral

Q.16 How many times do you have contact with the AWW/ANM ?

- (1) Daily
- (2) Once a Week
- (3) Once in 15 days
- (4) < Once a month

Q.17 Reason for contact :

- (1) Drop child to AW
- (2) Supplementary food
- (3) Your immunization
- (4) Child's immunization
- (5) AWW's visit for NHE
- (6) Any other