

APPENDIX - XIII

KNOWLEDGE REGARDING ANAEMIA

[SCHEDULE FOR THE AWW]

NAME: _____

EDUCATION: _____

CODE: _____

DATE: _____

EXPERIENCE: _____

You must be familiar with "Lohtatva ni khami" / Pandurog.

Q.1 What are the causes of LNK ?

- | | |
|-------------------------|----------------------------|
| (1) Inadequate diet | (2) Diet deficient in Iron |
| (3) Worm infestation | (4) Frequent blood loss |
| (5) Too much deliveries | (6) Any other |
| (7) D.K. | |

Q.2 How will you recognize a person with LNK ?

- | | |
|-------------------------------------|--------------------------|
| (1) Decreased work capacity | (2) Tiredness |
| (3) Pale eyes/Lips/Nails (paleness) | (4) Anorexia |
| (5) Breathlessness | (6) Irritability |
| (7) Oedema | (8) Koloinchia |
| (9) Lack of concentration | (10) Any other (Specify) |
| (11) D.K. | |

Q.3 What do you advice a pregnant woman with LNK ?

- | | |
|------------------------------|----------------------------------|
| (1) Eat more food | (2) Consume GLV |
| (3) Consume foods rich in Fe | (4) Take Fe-Fol
tablets/syrup |
| (5) 3 + 4 (or 2 + 4) | (6) Refer to Doctor |
| (7) Any other | (8) D.K. |

Q.4 Should LNK be taken seriously and treated promptly ?

- | | |
|---------|--------|
| (1) Yes | (2) No |
|---------|--------|

Q.5 Can you tell me what would happen to a pregnant woman if she doesn't take LNG ?

- | | |
|--|----------------------------|
| (1) Nothing | (2) Inadequate weight gain |
| (3) Difficult delivery | (4) Small (LBW) baby |
| (5) Increased morbidity | |
| (6) Increased maternal and perinatal mortality | |
| (7) Any other | |
| (8) D.K. | |

Q.6 What do you do if a pregnant woman with anaemia does not take Fe tablets ?

- (1) Nothing
- (2) Withholding services perceived beneficial
- (3) Persuade her
- (4) Explain her reason to take tablets
- (5) Refer to the Doctor
- (6) Any other

Q.7 What are the benefits experienced by pregnant women after consuming these tablets ?

- (1) Increased Hb
- (2) Decreased symptoms of anaemia
(tiredness/breathlessness)
- (3) Gives strength / decreases weakness
- (4) Any other
- (5) D.K.

Q.8 Did you take LNG when you were pregnant ?

- (1) Yes
- (2) No

Q.9 If no, why ?

Q.10 What is your attitude to tablet consumption ?

- (1) Beneficial (+)
- (2) Not beneficial (-)
- (3) Neutral

APPENDIX XIV STANDARD CURVE FOR HB

