

**DEPARTMENT OF FOODS AND NUTRITION  
FACULTY OF FAMILY AND COMMUNITY SCIENCES  
THE MAHARAJA SAYAJIRAO UNIVERSITY OF BARODA  
VADODARA 390 002 - INDIA**



**PERMISSION FROM THE SCHOOL AUTHORITES FOR INITIATING THE STUDY**

Respected School Authorities

Date: March 13, 2010

Schools are second home to children and provide with a ready opportunity to address vast number of young learner under caring and encouraging guidance of enthusiastic teachers to form lifelong healthy practices. With respect to this we are conducting a two year study in school settings with an aim to develop a “Healthy School Initiative Programme”.

Nutritional status assessment and a range of different participatory activities such as competitions (painting, essay writing, debate and much more), exhibitions, health camps, rally and much more would be performed during school hours in school premises. These activities would be clubbed up with school curriculum. Presentations, meetings, discussions with the teachers, students and parents would be conducted at feasible intervals for reinforcement of the health messages. Apart from activities, general information would be gathered from the students using a questionnaire.

Considering the age based requirement for understanding and participation by students as well as academic commitments students of 4<sup>th</sup> to 9<sup>th</sup> standard would be blanket covered for all the activities without disturbing their academic commitments by coordinating with peer teachers and students that would be elected in the beginning of the project.

Kindly permit us to conduct the project in your school. We request you to issue a letter duly signed by the school director and principal stating the acceptance of the proposal and granting us permission.

Thank you.

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