

**ACCEPTABILITY TRIALS OF FRUCTOOLIGOSACCHARIDE
(FOS) ADDED POPULAR INDIAN RECIPES AND IMPACT
EVALUATION OF FOS INTERVENTION IN MODULATING
GUT MICROFLORA, GUT SATIETOGENIC HORMONES AND
ANTHROPOMETRIC INDICES OF YOUNG OBESE BANK
EMPLOYEES OF URBAN VADODARA:**

A FAT – FIT STUDY

By

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M.Sc. (Foods and Nutrition – Dietetics)

(Registration no. 118)



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9th APRIL, 2018

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**A dissertation submitted in partial fulfillment of the requirements
for the degree of Doctor of Philosophy (Foods and Nutrition)**

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