





CHAPTER 8

LIMITATIONS OF THE STUDY

-  This study was limited to the age range 25 – 35 years.
-  This study was limited to the population of private bank employees.
Since this was the first study on 6 gut hormones in health young adults we wanted to establish the baseline values for gut hormones and it was important to select healthy young adults
-  This study was limited to only 4 bacteria for assessing effect of FOS on gut flora
-  Gut hormones was analyzed using fasting plasma values. As these gut hormones are secreted in response to meal, future studies should be conducted on postprandial plasma samples