
CHAPTER 7

FUTURE SCOPE OF THE STUDY

- Prospective studies and randomized controlled trials (RCTs) need to be conducted for affirming the impact of ALA (flaxseeds) with B12 supplementation to alleviate the insidious cognitive loss.
- Optimisation of nutritional formulations with significance of ingredients would strengthen as co-preventative module for cognitive and dietary interventions.
- Further investigations need to facilitate future studies with effective biomarkers for identification of the disease risk and outcome of the intervention response.
- NHE based approaches can serve in sensitizing the families, caretakers apart from the silent sufferers.