

CHAPTER 9

LIMITATIONS OF STUDY

- Results obtained in study hold true for the population under study. Sample Size could have been increased to authenticate the present findings in a wider group of obese subjects based on different activity.
- Present study was restricted to determine only one gut incretin related to hunger satiety. More Gut Incretins such as ghrelin, PYY, leptin could have been studied to give wider picture for the role of gut hormones on obesity.
- Present study was limited to enumerate the gut micro-organisms up-to genus level. Enumeration of Strain specific bacteria could have helped to develop synbiotic products and supplement to obese individuals and measure its impact on weight reduction.