

**IMPACT ASSESSMENT OF QUANTIFIED
PHYTOESTROGENS ON MRS SCORE AND
REPRODUCTIVE HORMONES AMONGST
WOMEN IN PERIMENOPAUSE PHASE**

**By
MITAL JOSHI**



**DEPARTMENT OF FOODS AND NUTRITION
FACULTY OF FAMILY AND COMMUNITY SCIENCES
THE MAHARAJA SAYAJIRAO UNIVERSITY OF
BARODA
VADODARA, GUJARAT
INDIA**

MARCH 2016

**IMPACT ASSESSMENT OF QUANTIFIED
PHYTOESTROGENS ON MRS SCORE AND
REPRODUCTIVE HORMONES AMONGST
WOMEN IN PERIMENOPAUSE PHASE**

**A Thesis Submitted in Partial Fulfillment of the Requirement for the
Degree of Doctor of Philosophy in Foods and Nutrition**

By

MITAL JOSHI

Ph. D. Registration No. 331



**DEPARTMENT OF FOODS AND NUTRITION
FACULTY OF FAMILY AND COMMUNITY SCIENCES
THE MAHARAJA SAYAJIRAO UNIVERSITY OF BARODA
VADODARA, GUJARAT
INDIA**

MARCH 2016