

ACRONYMS

AASLD	American Association For The Study Of Liver Disease
ABG	Average Blood Glucose
ACC	Acetyl CoA Carboxylase
ADA	American Diabetes Association
A – FABP	Adipocyte Fatty Acid Binding Protein
AFLD	Alcoholic Fatty Liver Disease
AIP	Atherogenic Index Of Plasma
ALT	Alanine Aminotransferase
ANOVA	Analysis Of Variance
AP	Alkaline Phosphatase
ARFI	Acoustic Radiation Force Pulse
AST	Aspartate Amino Transferase
AVI	Abdominal Volume Index
BMI	Body Mass Index
BUN	Blood Urea Nitrogen
CAD	Coronary Artery Disease
CBC	Complete Blood Count
CBT	Cognitive Behavioural Therapy
CHD	Coronary Heart Disease
ChREBP	Carbohydrate Regulatory Element Binding Protein
CIMT	Carotid intima-media thickness
CK-18	Cytokeratin-18
CKD	Chronic Kidney Disease
CLD	Chronic Liver Disease
CT	Computed Tomography
CVD	Cardiovascular Disease
DBP	Diastolic Blood Pressure
DNL	<i>de novo</i> Lipogenesis
DPI	Doppler Perfusion Index
EASL	European Association For The Study Of Liver
eGFR	Estimated Glomerular Filtration Rate

ER	Endoplasmic Reticulum
FAS	Fatty Acid Synthase
FBG	Fasting Blood Glucose
FBS	Fasting Blood Sugar
FFA	Free Fatty Acids
FHDM	Family History Of Diabetes Mellitus
GGT	Gamma Glutamyl Transferase
GI	Glycemic Index
GIT	Gastro Intestinal Tract
GL	Glycemic Load
Hb	Hemoglobin
HbA1c	Glycated Hemoglobin
HbSAg	Hepatitis B Surface Antigen
HC	Hip Circumference
HCC	Hepatocellular Carcinoma
HCV	Hepatitis C Virus
HDL-C	High Density Lipoprotein Cholesterol
HFCS	High Fructose Corn Syrup
HMG	Co-A 3-hydroxy-3-methylglutaryl coenzyme-A reductase
reductase	
Hs-CRP	High Sensitivity C-Reactive Protein
IDF	International Diabetes Federation
IL-6	Interleukin-6
IPAQ	International Physical Activity Questionnaire
IPC	Inter-Personal Counselling
IR	Insulin Resistance
IRS-1	Insulin Receptor Substrate-1
JNC	Joint National Commiittee
KAP	Knowledge Attitude And Practices
LDL-C	Low Density Lipoprotein Cholesterol
LFT	Liver Function Test
LMT	Lifestyle Modification Therapy
LXR-α	Liver X Receptor-alpha

MCH	Mean Corpuscular Hemoglobin
MCHC	Mean Corpuscular Hemoglobin Concentration
MCV	Mean Corpuscular Volume
MPV	Mean Platelet Volume
MRI	Magnetic Resonance Imaging
MRS	Magnetic Resonance Spectroscopy
MS	Metabolic Syndrome
MUFA	Monounsaturated Fatty Acid
NAFLD	Non-Alcoholic Fatty Liver Disease
NAHNES	National Health And Nutrition Examination Survey
NASH	Non-Alcoholic Steatohepatitis
NCD	Non-Communicable Disease
NCEP ATP IV	National Cholesterol Education Program Adult Treatment Panel IV
NEFA	Non-Esterified Fatty Acid
NFS	NAFLD Fibrosis Score
NPC1L1	Niemann-Pick C1-like 1
NSAID	Non-Steroidal Anti-Inflammatory Drug
OB	Obese
OHA	Oral Hypoglycemic Agent
OW	Overweight
PA	Physical Activity
PCV	Packed Cell Volume
PDW	Platelet Distribution Width
PIVENS	Pioglitazone vs. Vitamin E vs. Placebo for Treatment of Nondiabetic Patients with Nonalcoholic Steatohepatitis
PPAR	Peroxisome-Proliferator-Activated Receptor
PUFA	Polyunsaturated Fatty Acid
QoL	Quality of Life
QOLID	Quality OF Life Instrument For Indian Diabetes Patients
RBC	Red Blood Cell
RCT	Randomized Controlled Trial
RDW-CV	Red Cell Distribution Width Cell Volume

ROS	Reactive Oxygen Species
SBP	Systolic Blood Pressure
SCAP SREBP	Sterol Regulatory Element Binding Protein Cleavage Activating Protein
SEA	South-East Asia
SFA	Saturated Fatty Acid
SGOT	Serum Glutamic Oxaloacetic Transaminase
SGPT	Serum Glutamic Pyruvic Transaminase
SNP	Single Nucleotide Polymorphism
SREBP	Sterol Regulatory Element Binding Protein
TC	Total Cholesterol
TFA	Trans Fatty Acid
TG	Triglycerides
TIBC	Total Iron Binding Capacity
TLC	Total Lymphocyte Count
TNF	Tumour Necrosis Factor
TSH	Thyroid Stimulating Hormone
TZD	Thiazolidinediones
T3	Tri-iodothyronine
T4	Thyroxine
UDCA	Ursodeoxycholic Acid
USFA	Unsaturated Fatty Acid
USG	Ultrasonography
VAT	Visceral Adipose Tissue
VDD	Vitamin D Deficiency
VLDL-C	Very Low Density Lipoprotein Cholesterol
WC	Waist Circumference
WGO	World Gastroenterology Organisation
WHO	World Health Organisation
WHR	Waist Hip Ratio
WSR	Waist Stature Ratio