

**Appendix G: Evaluation Form for the Life Skills Sessions**

**Evaluation Form**

**Session Title:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**1. What did you enjoy the most about this session?**

**2. What did you enjoy least about this session?**

**3. How much information covered in this session was new to you?**

**1 – NONE**

**2 – A LITTLE**

**3 – SOME**

**4 – MOST**

**5 – ALL**

**4. Overall, how would you rate this session?**

<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>VERY POOR</b>	<b>POOR</b>	<b>AVERAGE / OK</b>	<b>GOOD</b>	<b>VERY GOOD</b>

**5. What suggestions can you make so that we can improve this session for future groups?**

Thank you for taking the time to fill out this form.  
Your comments will be valuable in helping us to improve the course.

