

## Appendix H: Framework for Scoring Life Skills Assessment Tool

### WORKSHEET 1

#### Activity 1.1

1) Is able to identify 3 strengths or good qualities

(Max. score 3)

	Qualities			
	0	1	2	3
Points for identification	0	1	2	3

2) All the identified qualities are independent/different and have no overlaps

(Max. score 3)

Points for no overlaps	No overlap	Overlap in 2 qualities	Overlap in all 3 qualities	Written only 1
	3	2	1	0

3) Is able to identify 3 weaknesses or bad qualities

(Max. score 3)

	Qualities			
	0	1	2	3
Points for identification	0	1	2	3

4) All the identified qualities are independent/different and have no overlaps

(Max. score 3)

Points for no overlaps	No overlap	Overlap in 2 qualities	Overlap in all 3 qualities	Written only 1
	3	2	1	0

5) Is able to identify source of anxiety or nervousness

(Max. score 2)

Points for identification	Source of anxiety or nervousness		
	0	1	2

6) All the identified source of anxiety or nervousness is independent / different and has no overlaps

(Max. score 2)

Points for no overlaps	No overlap	Written only 1	Overlap in 2 fears
	2	1	0

7) Qualitative analysis for role model identification

Max. score 2 – if qualities stated are in congruence

Max. score 1 – if role model is identified

Min. score 0 – if not stated

8) Being successful (Max. score 1. Min. score 0.)

Analysis based on responses of pre-testing and inter-rater. Consistent with goal stated in next activity.

9) Analysis based on pre-testing and inter-rater.  
(Max. score 8 and Min. score 0)

Order of preference	Score
1.Responsible and committed	2
2. Respecting others	1
3. To help others in need	2
4. To be truthful and honest	2
5. To be patient	2

6.To be polite	1
7.Hardworking	1
8.To be brave	1

### *Activity 1.2*

1) Is able to identify words that other people use to characterize self

(Max. score 2)

<i>Categories</i>	<i>Presence</i>	<i>Absence</i>
My father		
My mother		
My brother		
My sister		
My teacher		
My best friend		

2 marks if clearly stated

1 mark if vaguely stated

0 mark if not stated or NA

### *Activity 1.3*

(Max. score 10 . Min. score 0.)

*Is able to identify ten different types emotions and feelings*

- Max. score (5) – score 0.5 each for identified feeling or emotion
- Score 5 if no overlaps found
- Score 0.5 each if classified them as positive and negative correctly

### *Activity 1.4*

1) Is able to identify short term goal.

(Max. score 1 . Min. score 0.)

	<i>Yes</i>	<i>No</i>
1) Is able to solve the situation	1	0
2) Able to express feelings	1	0
3) Learning from experience is in congruence	1	0

## WORKSHEET 2

### *Activity 2.1*

(Max. Score 3)

	<i>Yes</i>	<i>No</i>
1) Able to react empathically	1	0
2) Can empathize and is sensitive to other's feelings	1	0
3) Is ready to help	1	0

### *Activity 2.2. Draw and dialogue*

(Max. score 2)

	<i>Yes</i>	<i>No</i>
Is able to express feelings in words as dialogue	1	0
Drawing is in congruence with feelings	1	0

## WORKSHEET 3

### *Activity 3.1*

(Max. score 30)

Statements	<i>Never (N)</i>	<i>Sometimes (S)</i>	<i>Often (O)</i>
St. 1	1	2	3
St. 2	3	2	1
St. 3	1	2	3
St. 4	3	2	1
St. 5	1	2	3

St. 6	1	2	3
St. 7	3	2	1
St. 8	3	2	1
St. 9	1	2	3
St. 10	3	2	1

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### *Activity 3.2*

(Max. score 3)

If yes, then score 1 else 0.

Score 2 - if qualities and reasons stated are in congruence and clearly stated

Score 1 – if qualities and reasons stated are in congruence but vaguely stated

Score 0 – if not mentioned

Leadership Qualities mentioned (pre testing and inter-rater results)

- Disciplinarian
- Guide
- Trustworthy and faithful
- Self-confident
- Respecting others
- Cooperative and friendly
- Interactive
- Dedicated and determined
- Knowledgeable
- Progressive
- Helping others

## WORKSHEET 4

### *Activity 4* - Problem solving and Conflict management

Situations 1-2-3 (Max. score 5)

1) Is able to clarify and solve the problems and conflicts

-with others and

-with self

2) Qualitative analysis

a. Able to solve situation for self

b. Able to give a solution for others as well

## WORKSHEET 5

### *Activity 5* – Answer the statements

S.No	Correct answer
1.	c
2.	a
3.	c
4.	c
5.	c
6	c
7.	c
8.	c
9.	c
10.	c
11.	a
12.	a
13.	c
14.	a
15.	c
16.	c
17.	c
18.	c
19.	c
20.	c

*Scoring scale for Activity 5*

Score 0-5      Poor

Score 5-10    Fair

Score 10-15   Good

Score 15-20   Excellent

**Life Skills Assessment Tool Total Scoring Scale**

TOTAL SCORE OUT OF 115	
0– 35	Poor
36-72	Good
73-115	Excellent