LIST OF FIGURES

	Pg. No.
Figure 1. Conceptual framework of the study	28
Figure 2. Plan of action and methodology of the action research	33
Figure 3. Sample design of the study	37
Figure 4. Strengths mentioned by adolescents of the control group	54
Figure 5. Strengths mentioned by adolescents of the experimental group	55
Figure 6. Weaknesses mentioned by adolescents of the control group	57
Figure 7. Weaknesses mentioned by adolescents of the experimental group	58
Figure 8. Sources of anxiety mentioned by adolescents of the control group	60
Figure 9. Sources of anxiety mentioned by adolescents of the experimental group	p 61
Figure 10. Identification with role models for the control group of adolescents	63
Figure 11. Identification with role models for the experimental group of	
adolescents	64
Figure 12. Meaning of success for the adolescents	66
Figure 13. Distribution of self-oriented success for the adolescents	67
Figure 14. Identification of emotions by the control group of adolescents	70
Figure 15. Identification of emotions by the experimental group of	
adolescents	71
Figure 16. Goal-setting behavior of the control group of adolescents	73
Figure 17. Goal-setting behavior of the experimental group of adolescents	74
Figure 18. Situations creating tensions for the control group of adolescents	75
Figure 19. Situations creating tensions for the experimental group of	

adolescents	76
Figure 20. Willingness to assume leadership by adolescents	80
Figure 21. Unwillingness to assume leadership by adolescents	81
Figure 22. Scores on decision making situations	82

,

•