

## **ABSTRACT**

The present study used a quasi - experimental nonequivalent control group design to develop and implement a context specific life skills program for 13-14 year old school going urban adolescents. Based on the needs assessment involving 40 individuals, a tool was designed and administered to assess the life skills of the adolescents. Using cluster sampling, 260 adolescents and four teachers were identified from two schools in Udaipur, Rajasthan. A manual for imparting life skills was designed. A training workshop for the teachers and a sharing workshop for parents were organized prior to the implementation of the program. ANCOVA on the posttest results with pretest scores as a covariate indicated significant differences between the groups at .05 alpha levels. Program evaluation shows that more inputs are needed for reducing tension and anxiety, recognizing emotions, and initiating leadership among adolescents. Negligible gender differences were observed in the different domains of life skills, except for the session on reproductive health.