## **ACKNOWLEDGEMENT**

I respectfully and happily thank many people who contributed significantly to make this research possible. First of all, I would like to thank the Almighty, for giving me chance to work in the field of Psychology and bestowed on me the fighting spirit to come out of all odds in life. I owe my humble thanks to my Guide, **Prof. Urmi Nanda Biswas**, who has been very instrumental in helping and guiding me achieve my goal. Her constant support, reflective guidance, amazing skills in analysis, dedication, and passion for work to the completion of this research has helped me grow as a researcher. She not only has been my guide, but also my inspiration to go on and work relentlessly.

My thanks are due to the current **Dean of the Faculty of Education and Psychology Dr. R. C. Patel,** who always monitored my progress in research and encouraged me time and again to pursue it without getting distracted. I also express my gratitude to the former **Dean of the Faculty of Education and Psychology, Retd. Prof. R. G. Kothari** under whose facilitation this work took its shape and who always showed faith in me.

I am grateful to the current **Head of the Department of Psychology, Dr. Rashmin Sompura** who suggested few insightful thoughts to make this research sound. I can't forget the contribution and valuable suggestions given by Prof. Dipti Oza, Prof. R. S. Mani from the Department of Education and Prof. Shagufa Kapadia from the Department of Human Development and Family Studies. They have been very generous to spare some time, from their busy schedule, whenever it was required to attend and evaluate my presentations. I am indebted to my past colleague Dr. Darshna Patel and Ms. Parisha Jijija who helps me and guide me for administrative works of Ph.D. I am indebted to Dr. B. S. Parimal (my guru, friend and mentor) and Mr. Kashyap Rajput helps me for administrative works of Ph.D. I would like to thank Dr. Anjuli Varma, Dr. Renu Sharma, Dr. Priyanka Behrani, Dr. Dhvani Patel, Dr. Gitanjali Roy, and Mr. Harendra Parmar for their supports.

I cannot forget to thank the manager and principal of various organization, School, colleges who permitted to conduct the administration of the tool on employees of their respective institutions. I thank all the professionals of various fields who willingly participated and gave their valuable time from their busy schedule to administer the tool. Some of them gave very

good, encouraging feedback regarding the tool. I would also like to thank all the employees who participated in the study for giving their time and showing great enthusiasm. This research won't be complete without the kind support of Ms. Shraddha and Ms. Sonal Jadav and Mr. Mayur of Academic section, Mr. Paresh Masaria, Ms. Neela Rana, Mr. Rajesh Betkar and Ms. Vandana from the department and faculty. They guided me for all formalities and paper work throughout these years.

The most important support of my life is my family(Mother- Madhuben, sister- Pratikxa, brother- Ripal, sister- Kinjal, sister in-law- Jayshreebhabhi, sister- Vaishali, brother in law-Arjun, nice- Manvika and nephew- Shrey- Shidhdhraj). This work is an outcome of little sacrifices of my family made to give me more time and space to focus on this research. I am extremely grateful to my family, who encouraged me to pursue my dreams, have helped me to reach this position in my life. I extend my heartfelt gratitude for always being there for me. Unfortunately, my father (Mr. Natwarsinh) is no more. This thesis would have made him really proud.

I would like to thank Dr. Subhash Bhadauria, Dr. Dinesh Machhi and Dr. Vipul Bhavsar (Three principals of my current organization, Government Arts College Shahera) for their support and guidance. I would like to thank all my friends, Dr. Azaz Shaikh, Dr. Ketan Parekh, Dr. Gautam Chauhan, Dr. Ganesh Nisarta, Mr. Himat Makavana, Mr. Sanjay Padhiyar, Mr. Niraj Patanvadhia for thei supports. I would like to thank all my colleagues, Dr. Nikita Sonara, Dr. Sunil Baria, Dr. Kajal Patel, Dr. Urveshi Umarethia, Dr. Minesh Hathila, Dr. Pravin Handa, Dr. Sanskruti Parmar, Dr. Sarad Darji, Ms. Komal Darji, Ms. Bhavini Panday, Dr. Vakhatsinh Gohil for their supports. Last but not the least my heart reaches out to all those people who lost their dear ones in COVID-19. With due respect for all those people who suffered during COVID-19, because of the lockdown I got enough time to concentrate on the thesis and most importantly, my guide was able to give me more time who is extremely busy otherwise. I thank madam once again. Nothing can compensate the loss of human lives but we have to learn to find positivity in such testing times as life should move on.

## - Kiransinh Natwarsinh Rajput

Ph. D Scholar, Department of Psychology,

Faculty of Education and Psychology,

The Maharaja Sayajirao University of Baroda, Vadodara