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nostalgically express their lack of control over relations spiraling out, simply because the child is grown up.

One needs to delve deep into the stressors, the ego support and stress coping mechanism adopted by teenage students and guide stressed students, parents, families and teachers, apart from modifying the politico-education system.

Ask me the main three priorities of government and society, I tell you Education – education – education”. - Mark Twain, 1998.

Early detection of stress, stressors and stress wise can enable school going adolescents to get back into their saddles and blossom even in native bower.

The researcher's long standing experience as a clinical social worker as well as an academician, has urged her to take up present study, keeping in mind the ecological system of Anand district.

A humble effort is made to understand the inter play between micro-macro systems in society, from an inter disciplinary angle and inter sector linkage in context with the education system in contemporary times and its impact on students.

The researcher has tried to use various methods of data collection and incorporate both quantitative and qualitative analysis of data, so as to draw the ethos of young minds.

Further research especially action research in each of the sub areas may be taken up as an extension out reach and enrichment program for the promotion of school mental health clinics, under the umbrella of integrated school curriculum.

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