List of Tables

| No. | Table | Pg. No. |
|----------|---|---------|
| 1.1. | Percentage Share of Population in the age 15 to 34 years, | 4 |
| | 1970-2020. Major Countries of Asia | |
| 1.3. | Population of Youth (15-24 Years) | 8 |
| 1.16.23. | Physical targets & Achievements of NSS activities for 11 th | 50 |
| | Plan | |
| 1.16.24. | Financial targets & Achievements of NSS activities for 11 th | 50 |
| | Plan | |
| 1.16.25. | Year-wise physical targets of NSS for the 12 th Plan | 51 |
| 1.16.26. | Financial targets of NSS for the 12 th Plan | 51 |
| 3.3.1 | Details of the colleges of Gujarat University, Ahmedabad | 75 |
| | from which the data was collected by the researcher | |
| 3.3.2. | Details of the colleges of HNGU, Patan from which the data | 76 |
| | was collected by the researcher. | |
| 3.3.3. | Details of the colleges of KSKV, Kachchh from which the | 77 |
| | data was collected by the researcher. | |
| 3.3.4. | Details of the colleges of Sardar Patel University, Vallabh | 78 |
| | Vidyanagar from which the data was collected by the | |
| | researcher. | |
| 3.3.5. | Details of the colleges of Saurastra University, Rajkot from | 79 |
| | which the data was collected by the researcher. | |
| 3.3.6. | Details of the faculties of MSU Baroda, Vadodara from which | 80 |
| | the data was collected by the researcher. | |
| 3.3.7. | Details of the colleges of VNSGU, Surat from which the data | 81 |
| | was collected by the researcher. | |
| | NSS Volunteers | |
| 4.1.1. | Distribution NSS volunteers based on their University and | 82 |
| | their Gender | |
| 4.1.2. | Age group of the respondents | 85 |
| 4.1.3. | Religion of the respondents | 87 |
| 4.1.4. | Category of the respondents | 88 |

| 4.1.5. | Faculty of the respondents | 89 |
|---------|---|-----|
| 4.1.6. | Year of study of the respondents | 90 |
| 4.1.7.a | Education of father of the respondents | 91 |
| 4.1.7.b | Occupation of the father of the respondents | 92 |
| 4.1.7.c | Education of the mother of the respondents | 92 |
| 4.1.7.d | Occupation of mother of the respondents | 93 |
| 4.1.7.e | Annual income of the respondent's family | 93 |
| | Programme Officers | |
| 4.2.1. | University and gender of the Programme Officers | 94 |
| 4.2.2. | Age of the programme officers | 96 |
| 4.2.3. | Caste of the programme officers | 97 |
| 4.2.4. | Experience of the programme officers in the institution | 98 |
| | NSS Volunteers | |
| 5.1.1. | Number of NSS units of the college | 99 |
| 5.1.2. | Number of NSS volunteers in the college | 100 |
| 5.1.3. | Respondent's experience in years as a volunteer in NSS | 101 |
| 5.1.4. | Respondents who received the award | 103 |
| 5.1.5.a | Views of respondents regarding completion of 120 hours of | 104 |
| | regular activities | |
| 5.1.5.b | Responses of the volunteers regarding activities being | 105 |
| | organized by the institution under NSS | |
| 5.1.5.c | Responses of the volunteers regarding regular activities in | 107 |
| | which respondents participate | |
| 5.1.6.a | Responses of the volunteers regarding Activities organized by | 109 |
| | the institution during special camp | |
| 5.1.6.b | Responses of the volunteers regarding Activities in which | 111 |
| | they participate during special camp | |
| 5.1.6.c | Responses of the volunteers regarding the place where special | 112 |
| | activities are organized | |
| 5.1.6.d | Responses of the volunteers regarding beneficiaries of these | 113 |
| | programmes | |
| 5.1.7. | Responses of the volunteers regarding with whom | 114 |
| | collaboration takes place for NSS activities | |
| | | |

| 5.1.8.a | Awareness of the volunteers regarding planning of NSS | 115 |
|----------|--|-----|
| | activities | |
| 5.1.8.b | Responses of the volunteers regarding who is involved in | 116 |
| | planning of NSS activities | |
| 5.1.9. | Involvement in execution of NSS regular and special activities | 117 |
| 5.1.10. | Responses of the volunteers regarding Role of volunteer in | 118 |
| | execution of NSS regular and special activities | |
| 5.1.11.a | Need of the resources for the NSS activities | 119 |
| 5.1.11.b | Source of resource mobilization for the NSS activities | 120 |
| 5.1.12.a | Opinion of the volunteers for the follow up and evaluation of | 121 |
| | NSS Activities | |
| 5.1.12.b | The way evaluation takes place of NSS activities | 122 |
| 5.1.12.c | Opinion of the volunteers for the evaluator | 122 |
| 5.1.13. | Awareness of respondents of organizational hierarchy of NSS | 123 |
| 5.1.14. | Available facilities in NSS unit of institution | 124 |
| 5.1.15.a | Availability of advisory committee in the institute of | 125 |
| | respondents | |
| 5.1.15.b | Volunteers as member of the committee | 126 |
| 5.1.15.c | Role of the volunteer in the meeting of NSS | 126 |
| 5.1.15.d | Contribution of meetings to NSS activities | 127 |
| 5.1.16.a | Knowledge of the respondents regarding budgetary allocation | 128 |
| | of NSS Unit of the institute | |
| 5.1.16.b | Allocation of fund for the NSS unit | 128 |
| 5.1.16.c | Awareness of volunteers regarding the annual expenditure of | 129 |
| | the NSS unit of the college | |
| 5.1.16.d | Respondent's awareness of the channel through which their | 129 |
| | college receive funds | |
| 5.1.16.e | Opinion toward timely fund received | 130 |
| 5.1.16.f | Source of fund for NSS | 130 |
| 5.1.17.a | knowledge of self-financing NSS unit | 131 |
| 5.1.17.b | Favorableness of respondents towards self-financing unit | 132 |
| 5.1.17.c | Reasons of the respondents for favoring self-financing unit | 132 |
| 5.1.18.a | Number of trainings attended by NSS volunteers | 133 |
| | | |

| 5.1.18.b | Types of training attended by NSS volunteer | 134 |
|----------|--|-----|
| 5.1.18.c | Method used for training | 135 |
| 5.1.19.a | Motivational factor to join NSS | 136 |
| 5.1.19.b | Motivational factor that sustains and continued in NSS | 137 |
| | activities | |
| 5.1.19.c | Satisfaction with Present NSS incentives | 138 |
| 5.1.19.d | Overall experience of NSS | 138 |
| | Programme Officers | |
| 5.2.1 | Number of NSS units in the institution | 139 |
| 5.2.2 | Years of Experience of respondents as programme officers | 140 |
| 5.2.3 | Number of students enrolled in NSS as a volunteer | 141 |
| 5.2.4 | Awards received by the programme officers | 141 |
| 5.2.5 | Responses of the Programme Officers regarding the Regular | 142 |
| | activities organized in the institution | |
| 5.2.6 | Special Activities organized in the institution | 143 |
| 5.2.7 | Programme officer's collaboration with other agencies | 144 |
| 5.2.8 | Collaborating Organization | 145 |
| 5.2.9 | Purpose of collaboration with other agencies | 146 |
| 5.2.10 | Areas in which the activities of NSS organized | 146 |
| 5.2.12 | Availability of the advisory committee in the institute | 147 |
| 5.2.13 | Responses of the respondents regarding the financial | 148 |
| | assistance | |
| 5.2.14 | Views of the respondents whether they receive grant on time. | 148 |
| 5.2.15 | Opinion of the respondents to increase grant for NSS | 149 |
| 5.2.16 | Views of respondents whether the facilities available are | 149 |
| | sufficient in the NSS Unit | |
| 5.2.17 | Needs of NSS Unit stated by Programme Officers | 150 |
| 5.2.18 | Trainings attended by Programme Officers | 150 |
| 5.2.20 | Overall experience of programme officers with NSS | 151 |
| | NSS Volunteers | |
| 6.1.1.a | Developmental changes in adopted community | 152 |
| 6.1.1.b | Level of impact in the community as perceived by | 153 |
| ı | Respondents | |

| 6.1.1.c | Impact of NSS activities in prescribed areas | 154 |
|---------|--|-----|
| 6.1.1.d | Areas of focus for bringing awareness among the community | 155 |
| 6.1.2.a | Opinion of the volunteers sighting the impact of NSS on | 156 |
| | Volunteers | |
| 6.1.2.b | Impact among the volunteers from NSS activities | 157 |
| 6.1.2.c | Learnings derived from NSS | 158 |
| 6.1.2.d | Whether the NSS Programmes have changed the attitude of | 158 |
| | the respondents | |
| 6.1.3.a | Problems faced by the volunteers in implementation of NSS | 159 |
| | activities | |
| 6.1.3.b | Opinion of the volunteers in facing any problems in | 159 |
| | administrative processes of NSS | |
| 6.1.3.c | Opinion of respondents towards problem faced with respect to | 160 |
| | budget | |
| 6.1.4. | Limitations of NSS | 160 |
| 6.1.5.a | Opinion of volunteers to bring improvement in NSS trainings | 161 |
| 6.1.5.b | Opinion of the respondents whether the NSS be mandatory | 161 |
| 6.1.5.c | Views regarding whether NSS require any changes | 162 |
| 6.1.5.d | Changes required in NSS | 162 |
| | Programme Officers | |
| 6.2.1 | Areas wherein community is benefited | 163 |
| 6.2.2 | Important changes found among volunteers | 164 |
| 6.2.3 | Important suggestions by Programme Officers to NSS | 165 |
| 6.2.4 | Problems faced by Programme Officers | 166 |

List of Abbreviations

- 1. AIDS: Acquired Immune Deficiency Syndrome
- **2. CABE:** Central Advisory Board of Education
- 3. **CYP:** Commonwealth Youth Programme
- **4. GDP:** Gross Domestic Product
- **5. GNI:** Gross National Income
- **6. GoI:** Government of India
- **7. GOs:** Government Organizations
- **8. GU:** Gujarat University
- **9. HIV:** Human Immune Deficiency Virus
- 10. HNGU: Hemchandracharya North Gujarat University
- 11. HSC: Higher Secondary Certificate
- 12. IC: International Cooperation
- 13. ICT: Information and Communication Technology
- **14. IIPA:** Indian Institute of Public Administration
- **15. INR:** Indian Rupees
- 16. KSKV: Krantiguru Shyamji Krishna Verma Kachchh University
- 17. LOGs: Local Organizations
- **18. MDGs:** Millennium Development Goals
- 19. MSU: Maharaja Sayajirao University
- **20. NAEP:** National Adult Education Programme
- **21.** NCC: National Cadet Corps
- 22. NE: North East
- 23. NGOs: Non-Government Organizations
- 24. NLM: National Literacy Mission
- 25. NPE: National Policy on Education
- **26. NPYAD:** National Programme for Youth and Adolescent Development
- **27. NSO:** National Sports Organization
- **28. NSS:** National Service Scheme
- **29. NSVS:** National Service Volunteer Scheme
- **30. NYC:** National Youth Corps
- 31. NYKS: Nehru Yuva Kendra Sangathan
- **32. NYP:** National Youth Policy

- **33. OBC:** Other Backward Castes
- **34. PA:** Programme Advisor
- **35. PG:** Post Graduate
- **36. PO**: Programme Officer
- **37. PPT:** Power Point Presentation
- **38. RC**: Regional Centre
- **39. RGNIYD:** Rajiv Gandhi National Institute of Youth Development
- **40. RSY:** Rashtriya Sadbhawana Yojana
- **41. SAI:** Sports Authority of India
- **42. SC:** Schedule Caste
- **43. SLO**: State Liaison Office,
- **44. SPU:** Sardar Patel University
- **45. SSC:** Secondary School Certificate
- **46. ST:** Schedule Tribe
- **47. SU:** Saurastra University
- **48. TISS**: Tata Institute of Social Sciences
- **49. TOC**: Training and Orientation Centre
- **50. TORC**: Training Orientation and Research Centre
- **51. TV:** Television
- **52. UGC:** University Grants Commission
- **53. UN:** United Nations
- **54. UNV:** United Nations Volunteers
- **55. US:** United States
- **56.** USA: United States of America
- **57. VFI:** Volunteer Functions Inventory
- **58. VNSGU:** Veer Narmad South Gujarat University