

*Dedicated to
Almighty and
My Family*



ACKNOWLEDGEMENT

“On this path of life, efforts never go waste and there is no failure. Even a little effort put towards awareness, will protect you from greatest fear”- Shrimad Bhagwad Gita

This has been the philosophy of my life, the glass through which I view all my challenges and my constant source of motivation and growth. With this, I offer flowers of gratitude to god for all his blessings and love. Thank you god for giving me the strength and faith to keep going no matter that. My belief in you has constantly provided me the needed support and confidence throughout my life.

First and foremost, I offer my sincerest gratitude to my supervisor, Dr. (Mrs.) Hetal P. Thakkar, Assistant Professor, Faculty of Pharmacy, The M.S. University of Baroda, who has supported me throughout my project and constantly encouraged me. Thank you madam for your invaluable guidance, timely suggestions and constructive criticism during every stage of research.

I express my sincere thanks to Prof. M. R. Yadav, Dean, Faculty of Pharmacy, Prof. A.N. Misra, Prof. (Mrs.) S. J. Rajput, Prof. (Mrs.) K. K. Sawant, Dr. Rajashree Mashru, Dr. P. Nagar, Mr. S.P. Rathod, Mrs. Hemal Tandel, Mr. Navneet Prajapati, Mr. Bhavik Chauhan for providing me the timely help, valuable suggestions whenever sought for. I thank Dr. Kirti Patel, Co-ordinator of Shri G.H. Patel Pharmacy Building for having provided me with the necessary laboratory facilities and help during animal studies. I owe my deepest gratitude to Late Prof. (Mrs.) Rajani Giridhar, for always boosting my moral and confidence, believing in my potentials and offering me kind support whenever sought for. I know your blessings are always with me.

My special thanks to Dr. Rajesh Parikh, Dean and Principal, Faculty of Pharmacy, Charotar University of Science and Technology and Professor in Pharmaceutics, Ramanbhai Patel College of Pharmacy for being my constant and never ending source of motivation and inspiration. I am very much grateful to you for your valuable teachings during my graduation and post-graduation which has always remained etched on my mind to embark on this path of research. Words fall short to express my gratitude towards you for all the kind support and help throughout my career.

I am pleased to acknowledge the financial support for my project work as INSPIRE Fellowship (IF 120229) from Department of Science and Technology, New Delhi that has enabled me to proceed with my research work. I also thank University Grants Commission, New Delhi, India and Commonwealth Commission of United Kingdom to award me with the most prestigious Split-Site Doctoral Fellowship to conduct my research work at UK for a period of one year.

I take this opportunity to express my thanks to Prof. Yvonne Perrie, Professor in Pharmaceutics/Drug Delivery, Head of Pharmacy, Aston University, UK for her guidance, advice and unflinching encouragement during my stay at Aston University, Birmingham, UK. Her truly scientific intuition has made her as a constant oasis of ideas and passions in science, which exceptionally inspire and enrich my growth as a student, a researcher and a scientist.

My gratitude towards the whole team of Aston University, all the teaching and non teaching staff, Mrs. Gill on a special mention, for helping to cope up in new environment, providing me with a amicable surrounding with all the facilities and resources needed to complete my research work timely. My special thanks to my colleagues at Aston University, UK: Elizabeth, Mandeep, Manjeet, Sameer, Shital, Sandra, Thu, Nikhila, Alpesh, John, Affiong for being my family away from homeland. Thank you all for making me feel better in my tough times and sharing my joys and sorrows. Without you guys, my visit to UK would not have been so memorable.

I am very pleased to thank Dr. Gregory Gregoriadis (Chief Scientific Officer at Xenetic Biosciences, Inc. (formerly Lipoxen Plc) and Emeritus Professor at UCL School of Pharmacy; Faculty of Life Sciences, London, UK) and Prof. Vladimir Torchillin (Professor of Drug Delivery at Northeastern University, Boston, USA), the well-known pioneers of Liposome Technology, for sharing their valuable knowledge and providing me the right guidance for my work during our meet at London, UK. Your remarkable works in the field of pharmacy will always remain the source of encouragement to bring out novelty in research.

I extend my sincere gratitude towards Sun Pharma Advanced Research Centre, Vadodara for providing me the gift sample of Leuprolide acetate. I thank Aarti Drugs Ltd. Mumbai for providing me Raloxifene Hydrochloride as gift sample. My thanks towards Lipoid, GmBH, Germany for providing me the lipid samples for my research work.

I also express my special thanks to Dr. Rakesh Kumar Sharma, Scientist 'G', Head of CBRN Department and Dr. Amit Tyagi, Scientist 'D', Nuclear Medicine Department, Institute of Nuclear Medicine and Allied Sciences (INMAS), DRDO, Ministry of Defense, New Delhi, India for supporting necessary facilities and help to carry out In-Vivo Biodistribution studies. I would like to thank Mr. Harish Rawat, Priyanka Chhabra and Manisha Dahiya for their co-operation and help during the in vivo studies.

I also express my gratitude to Dr. S.S. Gandhi, Animal Vaccine Institute, Gandhinagar, Gujarat for providing me the animals for in vivo studies. My thanks also goes to my experimental animals, because of them I could achieve my goal.

I take this opportunity to thank Dr. Naveen Patel, Head of Veterinary, Polyclinic, Vadodara for providing me the necessary facility to carry out my Pharmacodynamic study. A special thanks goes to Dr. Vijay Patel, Veterinary Polyclinic, for his untiring help and efforts to help me in my Pharmacodynamic studies. It would not have been possible without his support and guidance. I thank him from bottom of my heart for his co-operation.

I am thankful to the Dr. Vikram Sarabhai Science Block, The M.S. University of Baroda for helping me carry out the LCMS analysis. I also thank the staff of Histopathology Department of S.S.G Hospital, Vadodara, for their help in Histopathology studies.

My thanks towards the non-teaching staff members at G. H. Patel Pharmacy Building and Kalabhavan for their kind co-operation. Special thanks to Mrs. Vaishali Patel and Mrs. Heena Verma for their constant help during all this time. I would like to avail this rare opportunity to articulate my genuine appreciation towards the non-teaching staff at University Office- Smita Ben, Manisha Ben and Chirag Bhai for their timely help in all the matters related to the official documentation.

I wish to express my heartiest thanks to Prachi Karia and Hardik Savsani for their help provided during in vivo experiments. It takes great pleasure to thank my seniors Rakhee Kapadia, Riyaz Tamboli, Manjappa Arehalli, and Brahmanand Dubey for giving me the moral support that I needed the most. I look upon you all with respect and can never forget the words of encouragement and help you provided me during the ups and downs on professional fronts.

No thanks would be enough to appreciate the constant support by my friends and colleagues to make my work hassle free and enjoyable. My heartfelt thanks to Rahul, Chintan, Aditi, Praveen Kumar, Veenu Mundada, Jagruti, Mitali, Kinjal, Hinal, Abhijit, Ravi, Ritu and all those whose names I might be missing.

I would like to extend huge and warm thanks to my most treasured friends without whom my life seems colorless. Special thanks to Priyanka, Mruga, Deotima, Abha Anand, Vishal Anand, my cute little princess Devanshi Anand for constantly being the source of my happiness and making my life beautiful.

I will not miss out the opportunity to express my warm gratitude towards Aparna Jani, Kashyap Jani, Yashwant Patel, Minesh Patel and all those relatives who bestowed me with their love, care and support during my stay at Birmingham, UK. It well said that family isn't always blood; family is all those people who stood by you and never made you feel lonely whenever you need them. Thank you is just not enough for the help and support you gave me when I needed the most.

It's my fortune to gratefully acknowledge Shri Geeta Bhawan Hindu Mandir staff at Birmingham, UK for giving me the generous care and the homely feeling. Words fail to express my appreciation towards Madhuben Trivedi who gave me the motherly love during my stay at UK. It is because of you that I could focus on my work and stay happy.

Profound gratitude goes to my nana, nani, my masi and my cousins Rutul and Hiral. Life isn't always bed of roses. It is these people with whom I feel very comfortable to share all the experiences, good or bad, of life. They multiply my joys and divide my sorrows. Thank you for always being there for me.

Last but not the least, my most deepest and earnest gratitude towards my mother, my father and my brother Ankit. Words cannot express how grateful I am for all the sacrifices you have made on my behalf. Your prayers for me were what sustained me this far. Thank you for being my support and pillar of strength in all my ventures. I am immensely blessed to be a daughter to such great parents. Whether it is the way you comforted me when I was down or the way in which your hugs wiped out my frowns, you have been there day after day to make sure my life turned out this way. Thanks a lot for making my life meaningful, thanks a lot for making me what I am!!

My sincere and heartfelt thanks to all of them, who might have contributed somehow in my life but I failed to recognize them. I honestly express regret, but know that my thanks go out to you as well.

Arpita Patel