Declaration

I hereby declare that the work embodied in this thesis titled "A study of Coping Skills for 21st Century at Secondary School Level" submitted to The Maharaja Sayajirao University of Baroda, Vadodara, is bonafide original work under the guidance of Prof. D.R. Geol, Professor Emeritus, Centre of Advanced Study in Education, Faculty of Education and Psychology, The Maharaja Sayajirao University of Baroda, Vadodara. No part of this thesis has formed the basis for the award of any degree or fellowship previously.

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Date: January 25, 2016 **Place:** Vadodara, Gujarat, India