

APPENDICES

APPENDIX - I

**INTERVENTION PROGRAMME SCHEDULE FOR
THE PARENTS OF CHILDREN WITH MENTAL
RETARDATION**

	ACTIVITY
	Registration, filling up of questionnaire (pretest) and inauguration of the workshop
	Supplying of kit and group interaction
MODULE	ACTIVITIES
I	Orientation and Concept of Mental retardation
II	Concept of Inclusion and Integrated School approach
III	Behavioural Problems and Behavioural modification techniques for children with mental retardation
IV	Vocational Rehabilitation, employment opportunities and benefits for the children with mental retardation
V	Self help skill training
VI	Yoga Therapy / Relaxation techniques for the children with mental retardation and their parents, filling up of questionnaire (posttest).