

A P P E N D I C E S

A P P E N D I X - A

LETTER TO THE PARENTS

APPENDIX- ALETTER TO THE PARENTS

Note: This letter was sent to the parents seeking their permission to implement the curriculum of Family Life Education to their children studying in XII Standard at I.P.C.L. English medium School.

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Dear Parent,

This is to inform you that we have undertaken a research project which is a part of Doctoral thesis under The Centre of Advanced Study in Education(CASE), Faculty of Education and Psychology in M.S.University at Baroda. In this research project, a curriculum of Family Life Education is developed and this will be implemented to the XII Standard students of our school. This project has been planned, keeping in mind, certain needs and requirements of our growing teenagers.

Most of our adolescents have an impersonal and objective interest in the physical changes that take place in them. Our growing adolescents should know how they grow and develop, the major factors and influences that promote or retard physical, mental, emotional and social growth and how the different factors affect each other. They should also understand that physical and mental health are important in influencing behaviour and developing the understandings, attitudes and skills that cause the individual to work towards constant self-improvement in all his or her relationships. Besides this, the biological changes bring certain emotional disturbances in young boys and girls. They become curious about certain sexual matters and venture to gather

information from illicit sources which usually misdirect them. Hence, it becomes essential to impart the knowledge about certain facts in a scientific manner.

The major purpose of this research programme is to help the pupils improve their personal and social relationships through a better understanding of themselves and others. The curriculum developed aims at the following:

- to help pupils understand their biological self in a scientific manner.
- to help pupils cope up with emotional and physical changes which they experience during the process of growing up.
- to develop certain responsible and healthy attitude towards their opposite sex members.

Along with this, the biological, psychological and the social aspects of human sexuality is dealt with, aiming at the better understanding of matters related to Human Sexuality. It also provides enough knowledge about the misuses and aberration of sex in order to enable the adolescent individual to protect himself or herself against exploitation and maintain his physical and mental health. The curriculum is also inclusive of responsible parenthood, marriage and family in order to prepare the adolescents for a healthy and a balanced adulthood. With these aims, the curriculum is developed and is hoped to study its effectiveness on the students. A variety of approaches and activities have been planned to teach the curriculum to students.

It is hoped that the parents will welcome this research effort and render their full co-operation. We

shall be happy to welcome, if you have any suggestion which you think might help your children's healthy development of personality.

Thanking you,

Yours sincerely,

Sd/-
(MANJULA M)
Researching Teacher
CASE, Baroda

Sd/—
The Principal
I.P.C.L. English Medium School,
BARODA.