

APPENDIX V

EFFECTIVENESS QUESTIONNAIRE

Dear students,

In this questionnaire you are requested to express your experiences with the 'Adolescent Education' programme, which you had undergone all these past months. You must be remembering the different sessions during the course of the programme and the various methods used to learn these aspects. Remember what ever you felt during the programme and write about your experiences.

1. How would you rate this programme?
 - a. Excellent
 - b. Good
 - c. Average
 - d. Poor
 - e. Very poor
2. This programme
 - a. Impressed me a lot
 - b. Fairly impressed me
 - c. Felt quite ordinary
 - d. Did not impress me at all
3. From this programme, I have
 - a. Learned a lot
 - b. Learned a few things
 - c. Learned nothing new
4. While going through the activities
 - a. I felt excited as I was learning something new
 - b. I felt bored
 - c. Never felt anything novel about them
5. How was the explanation given by the teachers about the various aspects of the programme?
 - a. Very informative
 - b. Very interesting
 - c. little informative and interesting
 - d. Not at all interesting
6. The different activities conducted during the programme were:
 - a. Meaningful
 - b. Wastage of time
 - c. Interesting but not useful.
7. During the programme discussion on various issues was held. Did you have any questions in your mind to put forward and discuss in the class with your teacher.

YES / NO.

8. If **YES** did you ask those questions and participated in the discussion. If **NO** Why?

9. If you found yourself not interested in participating in the discussion held in the classroom did you try to discuss with your friends outside the classroom, while going home or during leisure time. **YES** **NO**

Please state the reason for your answer.

10. In case you did not discuss, did you think about the points taught in class?

YES / **NO.** Please state the reason for your answer.

11. You learnt about different topics in this programme, which were not there in your textbooks. How do you feel about this type of learning?

- a. Much needed information
- b. Relevant knowledge for your age group
- c. Not useful at all

12. Were you interested in learning and discussing only those topics, which were in your textbook, but not the other topics, which were taught in the course?

YES / **NO.** Please state the reason for your answer.

13. If Reproductive Health Education course is introduced in your school (either as integral part of subjects taught or as a separate subject,) whom would you prefer to teach the course.

- a. School teachers
- b. Special teacher from outside
- c. School counselor

Please state the reason for your answer.

14. After undergoing this course do you feel free enough to discuss about your body and the changes you are undergoing and seek information?

YES / **NO** Please state the reason

15. Are you eager to receive more knowledge about issues related to adolescents?
YES / **NO.** Please state the reasons

16. Do you feel it was right time in your life to get such type of education?
YES / **NO.** Please state the reason for your answer.

17. Did you find all the subjects more meaningful if taught this way?
YES / **NO.** Please state the reasons for your answer.

18. What are your suggestions to improve the programme?

19. Is there anything else you wanted in this programme, which was not covered?

20. List things that you learned from this programme, which would be helpful in your future life

RATING SCALE FOR EFFECTIVENESS

Below are statements regarding the various issues dealt within the programme that you had undergone. Kind tick the option which you consider most appropriate in terms of the change in your knowledge and attitude

Sr. No	Statement	To a large extent (%)	To some extent (%)	Not at all (%)
	Through this programme I came to:			
1	Know about essential life skills			
2	Dealing with peer pressure			
3	Knowledge about self			
4	Learnt use of skill of assertion			
5	Decision making skills.			
6	Problem solving techniques			
7	Ability to Communicate effectively			
8	Personality organization			
9	Emotional maturity			
10	Improved my interpersonal relationships.			
11	Came to realize the importance of healthy attitudes towards others			
12	Became more confident			
13	Fostered critical thinking			
14	Developed conflict resolution skills			
15	Fostered development of healthy relations with opposite sex			
16	Provided scientific knowledge about the process of growing up.			
17	Heightened self concept			
18	Learned to avoid risk taking behaviors			
19	Learnt negotiating skills			
20	Management of stress			

21	Identified positive goal setting			
22	Self discipline			
23	How to control emotions in the right manner			
24	Sense of responsibility			
25	How negative thoughts can be converted into positive challenges			
26	Skill to handle different situations of abuse			
27	Positive outlook about self			
28	Positive interaction skills with friends and family			
29	Handling adverse situations			
30	Healthy attitude towards HIV/ AIDS			
31	Able to deal with emotional distress			
32	Recognition of expressing anger without aggression			
33	Understanding of how choices in life have to be in tune with the needs, desires, abilities, opinions and opportunities.			
34	Recognition of own strengths and weakness			
35	Be comfortable with own sexual identity			
36	Inculcation of socially responsible behaviour			