

LIST OF TABLES

Table No	Title	Page No
Table 3.1	A summary Data analysis	51
Table 4.1	Plug in points in the subject and Adolescence Education.....	54
Table 5.1	Adolescence phase and development stage	71
Table 5.2	Dimensions of 'Adolescence Education'.....	74
Table 5.3	Need For Adolescence Education Programme	75
Table 5.4	Implementing Adolescence Education Programmes In Schools	75
Table 5.5	Imparting Adolescence Education....	76
Table 5.6	Strengths of adolescents.....	82
Table 5.7	Weakness of adolescents.....	83
Table 5.8	Role models	84
Table 5.9	Perception about school	84
Table 5.10	Type of education adolescent's desire	85
Table 5.11	Perception about their teachers	86
Table 5.12	Talking to teachers regarding personal problems	87
Table 5.13	Classroom environment	87
Table 5.14	Perception about Studies.....	87
Table 5.15	Reasons for coming to school	88
Table 5.16	Problem which worries adolescents most	89
Table 5.17	Problems adolescents are facing	89
Table 5.18	How solve their problems	90
Table 5.19	Ways of dealing with stress and tensions	91
Table 5.20	Activities adolescents enjoy.....	91
Table 5.21	Relationship with parents.....	92
Table 5.22	General feeling about parents	93
Table 5.23	Parent's expectations form school	93
Table 5.24	Importance of Peers	94
Table 5.25	Peer Pressure	94
Table 5.26	Importance of being accepted by friends	94
Table 5.27	Awareness about HIV/AIDS.....	95

Table 5.28	Knowledge about HIV/AIDS.....	95
Table 5.29	Knowledge about drug abuse.....	96
Table 5.30	Information on reproductive health	96
Table 5.31	Source for information regarding reproductive health issues.....	97
Table 5.32	Birth control methods	97
Table 5.33	Physical changes in boys	98
Table 5.34	Physical changes in Girls	98
Table 5.35	Growth related behaviours.....	99
Table 5.36	Information on Menstruation and related issues.....	99
Table 5.37	Sexual matters.....	100
Table 5.38	Relationships amongst adolescents.....	100
Table 5.39	Perception and attitude of adolescent boys towards heterosexual relations.....	101
Table 5.40	Perception and attitude of adolescent girls towards heterosexual relations.....	101
Table 5.41	Knowledge about HIV/AIDS.....	114
Table 5.42	Overall rating of the programme.....	123
Table 5.43	Perception about the programme...	123
Table 5.44	Perception regarding activities of the programme	124
Table 5.45	Overall changes observed by adolescents as an effect of the programme	130