

CASES 1 TO 10

CASE - 1

NAME : **A**
AGE : **16 YEARS**
CLASS : **TAILORING**
SCHOOL : **JUVENILE HOME**

This boy does not have parents. He had run away from the home. As per this boy, he has worked very hard to reach upto this age. Since he does not have any kith and kin, there is no question of leaving Juvenile Home next year and returning home is the least possibility. He knows his job very well. Since the parents passed away very early, they have no importance in his life. The only worry bothering him is uncertain future, after a year or so. Futuristic problems bug him. Will he be able to get a tailoring job on leaving the Juvenile Home? He has decided to move to 'After Care' next year, pay a monthly rent of Rs. 45 and stay there. He is only worried whether he will be able to make his both ends meet or not, after leaving Juvenile Home. The boy feels insecure about future.

He was assured that future will be optimistic for him if he was determined and put-in concerted, hard work. He was counselled to believe in self and motivated to struggle, order to achieve success in life. Such feelings have been lighted in him time and again. He was

encouraged to channelise his energies in sports and extra-curricular activities also.

CASE - 2

NAME : **B**
AGE : **16 YEARS**
CLASS : **TAILORING**
SCHOOL : **JUVENILE HOME**

B does not have parents. There is no home-problem in his case. He had one younger brother, who is not traceable. He is only worried if he would be able to earn his livelihood or not next year, after release from Juvenile Home. He wants to work hard, earn and construct a hut for living in. He wonders as to how much time will it take to achieve this. Since he is homeless, he has decided to go to 'After Care'. He has only one worry in life to be able to earn sufficiently for making both ends meet in life. He can work hard, he knows. Will he be able to get a suitable work ? He is worried about his future. Although he is poor yet is optimistic about his good future. He dreams of becoming rich.

He was counselled not to allow negative feelings of insecurity to crop-up in his mind. He was also advised to curb the feelings of inferiority, dejection and pessimism. He was coaxed to fill his mind with optimistic attitude. He was assured that poverty today could be eradicated by his hard-work in future life, if he was optimistic. He was counselled, no one could stop him from achieving his goal and he must

remain busy and struggle to obtain the desired aim. He was given training to participate in sports, extra-curricular activities and competitions.

CASE - 3

NAME : **C**
AGE : **17 YEARS**
CLASS : **TAILORING**
SCHOOL : **JUVENILE HOME**

This boy hails from a very poor family. Parents are alive get unable to extend any support. He has five siblings at home. His father is quite old and mother has deserted him for her husband's younger brother. She has taken her daughter along. She does not even visit the son. The boy imagines him in the place of his father and apprehends desertion from his future wife, when he grows up and marries. He feels restless not only about it but also about the uncertainty of livelihood. He has resolved not to return home but return to 'After Care' after leaving Juvenile Home, since his old father is unable to support and maintain him.

He was advised that he must get over negative feelings like poverty, worry, disappointment and instability. He was counselled that negative thoughts were hinderance in the way of his success. He could utilise his determination, abilities and resources to earn his livelihood. He can overcome all impediments in his way. He was counselled and

also trained to participate in games, extra-curricular activities and competitions.

CASE - 4

NAME : **D**
AGE : **15 YEARS**
CLASS : **TAILORING**
SCHOOL : **JUVENILE HOME**

This boy's father is a Bombay-based autorickshaw-driver and very poor. His mother has left the family for Dubai, as a maid servant. He misses his mother very much. Once she returned from Dubai and narrated to him that Dubai was very good place. Since then, this boy is dreaming of going there. He does not like Indian environment and friends. He wants to go to Dubai to earn lot of money. His mother had presented him a gold chain , which was returned to his father by the Superintendent of Juvenile Home. The chain was forcibly snatched by his brothers from father and pilfered in drinking. He wonders, if with tailoring as his profession, he will be able to go abroad or not. He laments that his mother does not write to him now.

This boy has found a good comparison between his present condition and that of Dubai. He was told that if his mother sponsored him and he knew the skilled work of tailoring, his passport, visa could be made and foreign assignment could come his way.

He was counselled, for achieving this goal, he should work with zeal, determination, concerted efforts, so as to be successful. He was encouraged to participate in competitions so that he was self confident.

CASE - 5

NAME : **E**
AGE : **16 YEARS**
CLASS : **TAILORING**
SCHOOL : **JUVENILE HOME**

This boy confided his problem and tried to put it across properly. He sought assurance of confidentiality from the researcher. He told that his father is a drunkard and indulges in physical violence against the mother of the boy. The mother is physically weaker as compared to his father. He does not want to go home due to father's ill-treatment. His mother also does not come frequently to meet him. His father had forced the boy to be admitted in Juvenile Home, brushing aside the protests of his mother. At all times, he keeps imagining as if his father is beating the mother. He keeps remembering mother's face, especially when he is alone or studying. He cannot sleep properly and wakes up with a start. He is tortured by the memory of his mother. He feels angry at his father but is helpless. He is unable to concentrate properly.

The researcher feels sympathetic for E's plight. Anyone would think on the pattern of Babu, considering his circumstances and ill-treatment. He needs balance and good mental hygiene in order to have

a bright future. Suspiciousness paralysis his life. The efficiency is sapped by avoidable anxiety - he was counselled that he needs to constantly dispel the negative feelings. He must feel optimistic. He must look for betterment and expect a bright and positive future. The boy was given training to participate in games and sports and extra curricular activities, so as to achieve constructive future.

CASE - 6

NAME : **F**
AGE : **15 YEARS**
CLASS : **TURNER FITTER**
SCHOOL : **JUVENILE HOME**

This boy has a very strict father. He beats the boy frequently. The mother is loveful and shields the boy from his father. The boy confides that the very thought of his father sends shudders down his spine. He feels anxious, his palpitation increases and is unable to concentrate on any assignment in hand. Doctor has advised him to sleep well to overcome such restlessness. He tries to sleep but has fractured sleep at night. He longs to meet his mother before going to sleep. He harbours insecurities about future employability and his ability to obtain work.

The root cause of this boy's anxiety and excitement lies in the inherent insecurity. The boy lacks self-confidence and has low self-esteem. He was told to imbibe determination, confidence and put in concerted efforts to attain the coveted goals. In case he lacked self-

confidence about his abilities, he will attract failures. He was counselled that Suspiciousness, anxieties and superfluous thoughts must be dispelled by him, in order to attain worthwhile success in life. He was coaxed to turn to games, sports, extra-curricular activities and participate in various competitions.

CASE - 7

NAME : **G**
AGE : **16 YEARS**
CLASS : **CARPENTER**
SCHOOL : **JUVENILE HOME**

This boy's father is untraceable. He lived with his mother and was not inclined to studying. The moment he got admitted to the Juvenile Home, he realised that he had wasted quite a bit of his time in life. He felt that he should have utilised his time in studies. He feels pained to realise that his companions, who kept on pursuing the studies, had made a mark in their lives. He feels as if he is imprisoned in Juvenile Home and is unsure of whatever education is being imparted to him there. He feels lower than his companions. He is frustrated and anxious about his life goals and achievements.

One feels sympathetic towards this boy. He is a neglected person. He was told to inculcate self confidence and faith in his innate abilities and potentialities. The chances of success, he was told, will be directly proportional to the efforts put in by him for any task. He should not feel

inferior to anyone, strive for excellence in life and he will carve out his future. Conflicting and negative feelings must be curbed by him. He was made conscious of his capacities, potentials and capabilities to perform well. He must not feel inferior to others. His energies were channelised in sports, games, entertainment and co-curricular activities.

CASE - 8

NAME : **H**
AGE : **16 YEARS**
CLASS : **TAILORING**
SCHOOL : **JUVENILE HOME**

This boy never wanted to remember his home because the father used to beat his mother. The boy could not tolerate frequent quarrels and conflicts. He feels comparatively happier in Juvenile Home and does not wish to return home. He is putting in real good struggle to face the world and life and his resolve of not returning to his home is for his betterment at present . There is conflict in his mind. He bewails that he is not able to utilise his full potentials in Juvenile Home. He wished if he were living a normal life of an average child in a family. He could have been much better in life, he feels. He is dissatisfied with his present life. He feels tht he is capable of producing good results in any assignment but in Juvenile Home, he is engrossed in a conflict. He

pires for a better and amiable atmosphere of a normal family. He feels that his struggle is not understood by people.

The boy was counselled that his pessimism, frustration and conflict is due to his own thinking on that pattern. He has to change the pattern of his thinking and visualisation. He must set his goals proper and put in his energies in the correct direction to achieve the aims. He has to set realistic and achievable goals so that the results are attained commensurate to his efforts. Hard work, consistency, conscientiousness and concerted endeavours will definitely bring about transformation in his fate and life, he was told, he must be fully involved and absorbed in his aim, be enthusiastic in his efforts and need not cast aspersions on his own potentials. The boy was encouraged to pursue sports, games, extra-curricular activities and participate in competitions in Juvenile Home.

CASE - 9

NAME	:	I
AGE	:	15 YEARS
CLASS	:	FITTER
SCHOOL	:	JUVENILE HOME

This boy has a very strict father who indulges in severe beating of his children. His mother deserted his father due to this bad habit. He abhors home due to the beatings. He does not wish to return to his

home. He gets beating from teachers too because he feels that he is weak in studies. He wishes to remain in the company of his friends but sometimes he quarrels with them. The guards in Juvenile Home, beat him. Once the cook in Juvenile Home hit him with the hot iron tongues. When he approached the Nurse, she also rebuked him. He wonders as to why everyone in Juvenile Home beats and bullies him. He is unable to ascertain, as to why does he invite beatings and abuses from all and sundry, everyday. He bewails that probably he has been born to get abuses and beatings. He wonders as to why it happens with him only.

This boy is a victim of adverse family circumstances. He has lost self-confidence and self-esteem. He keeps on blaming his fate. He considers himself unfortunate. He is lacking courage and confidence. He was counselled that he alone can make his own future. He was also advised to dispel the negative thoughts of failure, fate and misfortune. He has to think constructive and positive in order to lift himself to higher goals in life. Cowardice should be banished from his thoughts, he was told. He must select his goals, strive hard to achieve it and have faith in coveted outcomes. He was encouraged to participate in extra-curricular activities and competitions.

CASE - 10

NAME : **J**
AGE : **16 YEARS**
CLASS : **CARPENTER**
SCHOOL : **JUVENILE HOME**

This boy has lost his parents, since expired. He was brought-up by his paternal aunt and uncle and got a step motherly treatment from them. scoldings and beatings were very common. They never used to allow him to play with their own off-springs. Therefore, he grew-up as a loner. He does not have any friends in Juvenile Home, initially because other children were much younger than his age. He feels that people befriend one another but he was unable to cultivate this skill till date.

He was counselled that he must not believe in this wrong notion that he is unable to befriend others. Even if others proclaim him as such, he must not settle for this misconception. He was also counselled that he can win over and befriend other children by being unselfish, kind, loveful, affectionate, truthful and supportive to their feelings. He must take initiative and befriend other children. He must be adjustable, adaptable and accommodative. He was trained that he should extend co-operation, fellow-feeling and comradeship and play with his fellow friends. He was encouraged to participate in group activities and interact with the other children.