

A journey into unknown territory this is how I felt at the onset of this Ph.D. project. Foday, when the journey seems to be a fruitful one, I look back and feel cherished at my success. It is apt for me to realize that it was the blessing of Lord Hanuman Ji that cradled me out safely through the perplexing path and made indelible contribution in shaping my carrier and personality.

As the present project has acquired this final form, I dedicate my project to my research guide Prof. Ambikanandan Misra and my dearest parents, Mrs. Malti and Prof. G. P. Agrawal, who not only led by to the completion of the project but have always been alongside me in my faults and flounders. It is because of their blessings and endeavour, I have been able to walk straight on the tortuous path.

The pages that follow contain typed words, tables & graphs but also the suggestions, blessings, co-operation & criticism of many people. All these efforts have gone in to materializing my work into thesis cannot be thanked in this limited space. However the following deserve a special mention.

It is beyond the reach of words and phrases to express my gratitude to my esteemed guide, Prof. (Dr.) Ambikanandan Misra. I am quite cognizant about the mere fact that my words will flutter in expressing the true magnanimity of his greatness and scientific horizons, still I would like to express my deepest sense of gratitude for his complete dedication towards pharmaceutical research. A mentor to every student and the epitome of pharmaceutical education it was his intellect vision, research skills, peering criticism and continuous interaction that served as the soul of the embodied work. His motivation kept me charged and motivated to give my best shot even in a letdown situation. I am beyond the reachability of words to express my thankfulness towards his support and guidance.

I am extremely thankful to Prof. M. R. Yadav, Head, Pharmacy Department, and Prof. S. J. Rajput, Coordinator, & Prof. R. Giridhar (Ex-Coordinator), G. H. Patel Pharmacy Building, The M. S. University of Baroda, for providing me the necessary facilities during my project work. The teaching staff of Pharmacy Department, Prof. Krutika Sawant, Prof. R. Balaraman, Dr. R. Mashru, Dr. Hetal Thakkar, Dr. P. Nagar, Mr. Rathore, and Mrs. Hemal Tandel, deserves big thanks for helping me in one way or the

other to achieve the goal. Frof. S. H. Mishra & Frof. R.S.R. Murthy who are the ocean of knowledge and have had a tremendous role in making my stay at Baroda worthwhile.

I offer my warmest acknowledgement to the non-teaching staff especially Mrs. Hasumati Ben, Mrs Heena Choksi, Mr. Chaitanya Bhat, & Mrs. Vaishali Ben for helping me in need. It is their support and help that allowed the project to shape in proper way.

I am highly obliged to Dr. N. Ganesh and Dr. Mukul Mathur for supporting me in carrying out the animal biodistribution studies at Jawaharlal Nehru Cancer Hospital and Research Centre, Bhopal. Sincere thanks are also due to Abhinav Agarwal & Ms. Asha Fonnappan for their help during in-vivo studies.

I am highly obliged to Dr. F. K Mehta, Physics Dept., M. S. University of Baroda for cavvying out the XRD studies. Sincere thanks are also due to Dr. Kanchan, Physics Dept.; Dr. Prasanna Ghalsasi & Mr. Ashok Vishwakarma, Chemistry Dept., who helped in cavrying out the thermal analysis studies.

It would be unforgiving if I fail to thank my co-fellow research scholars, Brahmanand Dube and Neeraj Sethiya, without whose support the cell line studies would not have been possible. I am thankful to Mr. Sandip Arya, AIIMS, New Delhi, who performed TEM studies for the characterization of formulations.

My sincere gratitude are due to Sun Pharmaceutical Industries Ltd, Mumbai; and Emcure Pharmaceuticals, Fune for providing the gift samples of Rosiglitazone maleate and Alembic Pharmaceuticals Ltd, Vadodara for Pioglitazone HCl. Thanks are also due to Ms. Supreme Combine, Mumbai for providing TLGA as gift sample.

I also owe my sincere thanks to my friend Mr. Abhinav Agarwal who has helped me tremendously all throughout my career. The kind of knowledge, affection and cognizance showered upon me has left a long lasting impression on my scientific soul. He was always kind, patient and ready to share new ideas that have made my thesis writing a petite task. Acknowledgement is also due to Ms. Abhilasha Thakur for her dedication and unconditional help to linish the compilation of this thesis.

I take this opportunity to express my gratitude to all my seniors & friends for their invaluable suggestions, constructive criticisms & patient listening to my problems throughout the research work. I would like to thank Yogesh Sir, Pruthviraju Sir, Florence Madam, Kamal Sir, Sachin Sir, Hamsaraj Sir, Vijay Sir, Sham Sir, Sanjay Patil Sir, Ashutosh Pathak Sir & especially Dr. Sunil Jain Sir, who have always been their to support me.

I recognize and appreciate all the fellow research scholars especially Jigar, Kaustubh, Gitanjali, Biswarup, Mukesh Ukawala, Deepa ben, Brahmanand, Mukesh Kumar, Abhinesh, Sandip, Gaurang, Manjappa, Kailash, Kiran, Garima, Rakhi, Bhavik, Mohan, Nirav, Nasir, Sheetal, Premlal, Vijay Pawar, Prashant Naik, Anand Mantri, Ashish Trivedi, Aman Upaganlawar, Vaibhav Patel and Hardik for their co-operation and suggestion during my dissertation work. I will never forget the moments spent with them. All my friends viz. Rahul Tripathi, Gagan Sawadekar, Ankwr Vaidya, Shailja Tiwari, Devyani Dube and all the others have always been with me and supporting me throughout.

I am highly obliged by the support and co-operation extended by Misra Aunty, Pahwa Family, Preeti — Nitin Joshi and Mr. & Mrs. Prasad. Their unconditional help & support cannot be defined in words.

As is said time and again some people are very special and so they do need special mention. My wife has been a source of absolute and blind faith to me. She has been alongside whenever I was down and out. Her advises have taken a shaping role in my pursuit.

Words are not sufficient to express my regards to Mummy, Papa for their patience, care, affection, support and understanding; they are thanked for the sacrifices they cheerfully underwent. At every step of this venture, they shared with me all the moments of different colors with immense love. My respect and profound affection for them is beyond the range of inscription of words. It would be matter of great pleasure for me if I can do something for them. I am indebted and thankful to Didi — Jeeja Ji for their moral support and far sight vision, which they readily bestowed upon me during our studies. They have always been inspiring and supportive towards me. Their help cannot be defined in words.

I am cordially thankful to Cheeku - Cherry, all my relatives and friends for their love, constant inspiration and affection from the core of my heart.

I pay my sincere tribute to Sir Maharaja Sayaji Rao Gaekwad, founder of M. S. University of Baroda and Dr. Sir Harisingh Gaur founder of Sagar University. I accord my thanks to AICTE, New Delhi for providing National Doctoral Fellowship.

I am well cognizant that this is not the personal success but is the victory of the crew who kept the ship sailing diligently and splendidly ahead over the tempest.

Hímanshu Agrawal