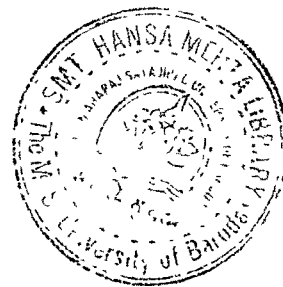


GLOSSARY



GLOSSARY

<i>Adharma</i>	- unrighteousness, vice
<i>Ahimsa</i>	- non-violence
<i>Artha</i>	- wealth
<i>Ashramadharma</i>	- human law
<i>Atman</i>	- the real self
<i>Bhagwan</i>	- god
<i>Bhakti</i>	- devotion
<i>Brahmacharya ashrama</i>	- pupilage in divine knowledge during celibelacy
<i>Dharma</i>	- righteous behaviour
<i>Dharmasastra</i>	- teaching of righteousness
<i>Dhyana</i>	- meditation
<i>Geeta</i>	- text on applied philosophy(bhagwat gita)
<i>Griha</i>	- home
<i>Grihastha ashrama</i>	- the stage of worldly and family life being, one of the four stages into which a hindu's life is traditionally divided, one works together as husband and wife to raise the family.
<i>Guru</i>	- teacher, preceptor
<i>Kama</i>	- implies sensory and aesthetic fulfilment (pleasure)
<i>Karma</i>	- sum of a persons actions in previous states of existence viewed as deciding his or her fate in future existences, the law of cause and effect in the moral world
<i>Maharbharaata</i>	- historical text on the life of the kuru dynasty, also revered as a sacred epic, composed maharishi ved vyas
<i>Moksha</i>	- reaching salvation and a release from the cycles of birth (liberation)
<i>Paramatma</i>	- the supreme soul

<i>Parampara</i>	- tradition
<i>Parmashakti</i>	- the supreme power/ energy
<i>Prem</i>	- love
<i>Puranas</i>	- texts of Indian mythology/ philosophy and religion
<i>Sanskar</i>	- mental impression, instinct, influence, merit of actions, ceremony
<i>Satya</i>	- truth
<i>Shakti</i>	- energy, power, ability, capacity, strength, prowess
<i>Shanti</i>	- peace
<i>Shastras</i>	- scholarly treatises of the hindu sciences
<i>Shishya</i>	- disciple
<i>Svadharama</i>	- one's own duty
<i>Taittiriya Upanishad</i>	- one of the Upanishads
<i>Upanayan</i>	- initiation into sacred study
<i>Upanishad</i>	- mystical writings to explain meanings of the Vedas, text on spirituality
<i>Vanprastha ashrama</i>	- third stage of life where one renounces the worldly pleasures
<i>Vedanta</i>	- hindu philosophy based on the Upanishads
<i>Vedas</i>	- the most ancient hindu scriptures, ancient sacred text of hindus
<i>Yoga</i>	- system of meditation and asceticism to attain complete reunion with the universal spirit, the union of the lower self with the higher self.