

APPENDIX

SPECIMEN OF A RECORDED CLASS ROOM INTERACTION OBSERVATION CARD

CLASS : _____

GROUP : _____

SERIAL NO. _____

[illegible]

APPENDIX - I - B

EXCERPTS

EXCERPT-VI

"They're always picking on me - you know, ganging up on me and pushing me around - I don't even want to go to school anymore."

HELPER RESPONSES TO EXCERPT VI

1. "You're frightened because you really don't know that you're going to do."
2. "I wonder why they pick on you that way?"
3. "Just stay away from them and come to me if they give you any trouble."
4. "You feel scared because they try to hurt you."
5. "You're scared because you don't know why they're so mean to you. Let's take a closer look at the situation where they pick on you."

EXCERPT-VII

"I never know if what I do is good or bad - you never tell me - how can I do the right thing?"

HELPER RESPONSES TO EXCERPT VII

1. "You're angry with me because you're not sure where you stand and you'd like to know."
2. "You're really upset because you don't think I care about you. Well I do, and from now on I'm going to make sure you know it."
3. "You feel confused because I haven't let you know where you stand."
4. "Well, how do you think you're doing?"
5. "Just listen to me carefully next time when I give directions and I'll repeat the instructions if you have problems."

EXCERPT-VIII

"Joey's my best friend - it's really fun to go to school now."

HELPER RESPONSES TO EXCERPT VIII

1. "You're really excited because you can have a lot of fun with Joey and that's the way you like things to be."

2. "You'll have to work hard to keep a good friend."
3. "Watch out for Joey - he gets into a lot of trouble."
4. "It's really fun to be with Joey."
5. "Hey, it's fun to be with you, too, when you're happy. Let's just take some steps to make sure it stays this way."

EXCERPT-IX

"I didn't think I could do it, but now I'm doing the best in the whole class. I know I can make it."

HELPER RESPONSES TO EXCERPT IX

1. "Keep up the good work."
2. "You feel excited because you can handle that stuff. Let's just plan some steps so that you can continue to handle it."
3. "Now that you know that you have what it takes,, you can start working ever harder."
4. "You feel pretty happy about everythings."

5. "You're really excited because you've got what it takes and that's the way you like it."

EXCERPT-X

"I'm gonna get him back - no matter what you do - I'm gonna get him back!"

HELPERS RESPONSES TO EXCERPT X

1. "You're furious because you haven't been able to handle him. Let's sit down and see if we can find a way to make this turn out right."
2. "You really ought to see if you can talk it over with him first before you do something stupid."
3. "You're so mad because you won't feel O.K. until you do get him."
4. "Are you fighting again?"
5. "You're really angry with him."

EXCERPT-XI

"I'm going to miss you - can I come to visit you next year?"

HELPER RESPONSES TO EXCERPT XI

1. "Sure. I'll look forward to seeing you again. Be sure and look me up."
2. "We'll cross that bridge when we get to it."
3. "You're sad because you can't be sure that you'll feel that way about another teacher. I think we can take a few steps to make sure that you can."
4. "You feel said about leaving." ?
5. "You feel bad because you're not sure you can feel this way about another teacher and you really want to."

APPENDIX - I - C

SCORE

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SCHOOL ATTITUDE MEASURE—SAM

Personal details :

1. Name of the student.....
2. Name of the school.....
3. Class..... Age..... Sex.....

Directions :

This is not an examination or academic test. There are no "right" or "wrong" answers. The best and the only correct answer is YOUR PERSONAL OPINION. Hence feel relaxed in answering. Your answers will be kept confidential. Therefore, be frank and free in giving your answers.

You have various experiences in your school and class room. Based on these experience you form an opinion about your school. We are interested to know HOW YOU FEEL about each statement.

Please read each statement very carefully and indicate your answer by placing a tick mark (✓) in the box, which is appropriate according to your opinion. Please do not leave any statement unmarked. You will have one hour time to complete the marking of the statements.

An example is given below so that you will know how to tick mark the statements according to your opinion.

Statements	Never agree	Some times agree	Usually agree	Always agree
1. I would rather do school work alone than with a group of other students.		✓		

Researcher : 1985—86

Mrs. D. Saroja

Lecturer in Psychology
St. Joseph's College of
Education for women
Guntur-522004.

Guide :

Prof. D. B. Desai

Centre of Advanced Study in Education
Faculty of Education and psychology
M. S. University of Baroda
Baroda 390002.

Adopted from Lawrence J. Dolan and Marci Morrow Enos,
ISBN—0—673—25202—7
1980 Scott, Foresman and company
Glenview, Illinois.

How do you feel about the following statements ?

Statements	Never agree	Some- times agree	Usually agree	Always agree
1. I feel nervous when I have to speak in front of the class.				
2. I feel upset over my school performance because I should do a better job.				
3. My parents and teachers believe I can be an excellent student in any school I want to attend.				
4. I need someone to help me with my homework, or it just won't get done.				
5. I think that school is the best place for me to learn.				
6. When I think about it, I don't remember much of what I learned last year in school.				
7. School is one place where my ideas are really respected.				
8. I get the feeling that my parents expect too much from me in school.				
9. My teachers mainly notice me when I do something wrong.				
10. I feel as if I have enough time to finish my work in class.				
11. I learn more outside of school than I do in school.				
12. At times I feel like taking off from school because there are better things to do.				
13. I get very upset about my grades because of what I think others will say about them.				
14. I never know when a teacher is going to be angry with me.				
15. I don't like to spend a long time on school work that is hard to do.				

Statements	Never agree	Some- times agree	Usually agree	Always agree
16. Even when I don't have any assignments, I work ahead on my own.				
17. I sometimes don't pay attention in school because most subjects are too difficult.				
18. Even when I am satisfied with my grades, nobody else is.				
19. I am often the one who makes improvements in things at school.				
20. I often come to school knowing my homework isn't done.				
21. Whenever I have been absent from school, I immediately try to catch up on my school assignments.				
22. When I have something to contribute to a class discussion, it is usually important.				
23. My friends think that I am not as smart as other students of my age.				
24. I try to do something for good luck before I take a test.				
25. I feel as if I have to hurry in order to finish my work.				
26. I have to admit that most school activities don't interest me at all.				
27. If I keep doing my school work as I am now, my future school years will be easy for me.				
28. I have many abilities that my teachers don't know about.				
29. Most of the things I try to do in school tend to turn out wrong.				
30. I like taking tests in school because then I know what I have learned				

Statements	Never agree	Some- times agree	Usually agree	Always agree
31. I don't believe it will be worth my effort to continue my education past high school.				
32. I get worried about tests and homework assignments.				
33. When I talk to my friends about schoolwork, I usually have the best ideas.				
34. If I work hard at school, it's mostly to please my parents, not myself.				
35. When I don't like a certain subject, I get bad grades in it.				
36. I get the feeling that I never do well enough in my class assignments.				
37. School is one place where people want to help me				
38. When I receive my report card, I enjoy showing it to as many people as I can.				
39. I probably wouldn't come to school if my parents didn't make me.				
40. I have never really learned how to study.				
41. I look forward to each new school year because I know it will be a useful experience.				
42. I don't feel very comfortable speaking in class.				
43. I'm embarrassed to tell my grades to other students of my age.				
44. When a teacher is absent, I don't feel like doing any work.				
45. I can never please anybody with my school performance.				

Statements	Never agree	Some- times agree	Usually agree	Always agree
46. I have to force myself to do school assignments because there are so many other things I want to do.				
47. I try to get involved in most subjects taught in school.				
48. Once in a while I fail a test that I was sure I had passed.				
49. The students whom teachers like get the best grades.				
50. I have a habit of starting a new job before the old one is finished.				
51. Compared to other students of my age, I don't think I am very smart.				
52. Schoolwork is sometimes difficult, but it will be well worth my effort.				
53. I don't like to take part in class activities.				
54. I know how to earn good grades from my teachers.				
55. Although it might sound funny, the best time of my life is the time I spend in school.				
56. At times, when my homework is hard, I want to give up.				
57. Knowing my past school grades, I can't expect to get the grades I want.				
58. Both students and teachers like my ideas.				
59. There is very little I can do for myself to make my school experience any better.				
60. The subjects I do the best in are the ones in which the work is easy.				

Statements	Never agree	Some- times agree	Usually agree	Always agree
61. I don't believe going to school will be that helpful in getting a good job.				
62. I'm pleased with my school grades and wouldn't want to change them at all.				
63. when I am with my friends, I do what they want to do, not what I want.				
64. Some schoolwork is so hard that I don't even try to do it.				
65. My parents wish I could improve my schoolwork so that it is better than that of others in my class.				
66. I believe it is very important to get as much education as I can.				
67. At times, I get the feeling that I am going to fail in school.				
68. I am proud to tell my parents how I'm doing in school.				
69. If my friends don't come to school, I don't want to come either.				
70. I can predict how well I've done on a test before the teacher grades it.				
71. I don't care about school and plan to stop as soon as I can.				
72. If I want to, I can learn just about anything taught in school.				
73. Teachers simply expect too much from me in school.				
74. My parents just don't understand how bad things can be in school.				
75. I begin to daydream as soon as the teacher starts to explain things.				

Statements	Never agree	Some- times agree	Usually agree	Always agree
76. Much of what I learn in school will not do me any good.				
77. I seem to learn school subjects very quickly.				
78. My parents believe that I have the ability to do very well in high school.				
79. When I'm in school, I'm not in control of my own life.				
80. I would do better in school if I didn't work so slowly.				
81. I'll be one of the top students in my class when I attend higher classes.				
82. I'm proud of the work I am doing in school.				
83. Getting good grades in this school is mostly a matter of luck				
84. I understand how the teacher wants us to do our work.				
85. School will help me have a better life.				

APPENDIX - I - D

SELF - ESTEEM SCALE

SCORE

INSTRUCTIONS

This is not an examination or academic test. Hence, feel relaxed in answering this test. Your answers will be kept confidential. There are no "right" or "wrong" answers. Therefore, be FRANK and FREE in giving answers.

We are interested to know how you see your SELF. Please answer the following statements based on the opinion you have about your self. Please read each statement carefully and indicate by putting a tick mark (✓) in the box that applies to you, on a scale from "strongly agree", "agree", "disagree" and "strongly disagree". Don't leave any statement unmarked.

Name of the Student : _____

School : _____

Class : _____ Age : _____ Sex : Male/Female

Researcher:1985-'86.

C. JIDE

Mrs. D. Suroja,
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Adopted from Rogenberg society and Adolescent self-Image
Princeton University Press 1965, New Jersey.

STATEMENTS	Strongly agree	Agree	Disagree	Strongly disagree
1. I feel that I am a person of worth, at least on an equal plane with others				
2. I feel that I have a number of good qualities				
3. All in all, I am inclined to feel that I am a failure				
4. I am able to do things as well as most other people.				
5. I feel I do not have much to be proud of.				
6. I take a positive attitude toward myself.				
7. On the whole, I am satisfied with myself				
8. I wish I could have more respect for myself				
9. I certainly feel useless at times.				
10. At times I think I am no good at all.				

APPENDIX - I - E

TEACHER RELATIONSHIP PERCEPTION INVENTORY SCORE

PERSONAL DETAILS:

1. Name of the student: _____
2. Name of the school: _____
3. Class: _____ Age : _____ Sex: Male/Female

DIRECTIONS

Consider each statement below with regards to your present relationship with your teacher. Read each statement and then mark the scale by placing a tick mark (✓) in the box according to how strongly you feel that it is true or not true of your relationship. Please mark every statement.

Researcher 1985-'86.

GUIDE

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Adapted from Barrett - Lennard G.T.
Relationship Inventory, 1962.

STATEMENTS	Stron- gly agree	Agree	Uncer- tain	Dis- agree	Stron- gly dis- agree
1. Respects me as a person.					
2. Wants to understand how I see things					
3. Interest in me depends upon the things I say or do					
4. Feels a true liking for me.					
5. Understands my words, but does not see the way I feel					
6. Is impatient with me					
7. Almost always exactly what I mean.					
8. Depending on my behaviour, she has a better opinion of me sometimes than at others					
9. Seems to realize or sense what I am feeling					
10. Wants me to be a particular kind of person.					

STATEMENTS	Stron- gly agree	Agree	Uncer- tain	Dis- agree	Stron- gly dis- agree
11. Cares for me					
12. Sometimes she thinks I feel a certain way because that is the way she feels					
13. Likes certain things about me and there are other things she does not like.					
14. I feel she disapproves of me.					
15. Realizes what I mean even when I have difficulty saying it.					
16. Usually understands what I mean					
17. Is friendly and warm with me.					
18. Does not take any notice of some- things I think and feel					
19. Appreciates exactly how the things I experi- ence feel to me.					
20. Approved of some things I do and plainly disapprove of others.					

APPENDIX - I - F

SOCIOMETRIC SCALE - S. S.

INSTRUCTIONS

There are three questions given below. For each question you may write the names of your class mates, in the order of preference.

I. Who do you like to study with ?

1.
2.
3.

II. Whom do you like to play with ?

1.
2.
3.

III. Who do you like to make friends with ?

1.
2.
3.

Name of the student,

School,

Class Age Sex

Researcher :

Mrs. D. Saroja
Lecturer in Psychology
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Guide :

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Adapted from sister Marie de sales \
and used by Thangam N. C's Research
'CASE' M.S. University of Baroda

APPENDIX - I - G

ANSWER BOOK OF P.T.C.

Please fill up the following informations:

NAME :

S E X:

AGE :

CLASS:

SCHOOL/COLLEGE:

FATHER'S/GUARDIAN'S OCCUPATION:

INCOME :

DATE:

FOR EXAMINER'S USE ONLY

Test No. Code No.

R e m a r k s

I

F

F

II

F

X

O

C

F

III

O

C

IV

F

V

F

X

VI

O

C

1. SEEING PROBLEMS TEST

1. OBJECT - SHOES		II. OBJECT - PEN	
S.No.	Defects & Problems	S.No.	Defects & Problems
1.		1.	
2.		2.	
3.		3.	
4.		4.	
5.		5.	
6.		6.	
7.		7.	
8.		8.	
9.		9.	
10.		10.	
11.		11.	
12.		12.	
13.		13.	
14.		14.	
15.		15.	
16.		16.	
..		..	
..		..	
..		..	
..		..	
..		..	

[illegible]

II. UNUSUAL USES TEST

I. PIECE OF CLOTH		II. OBJECT-BOTTLE	
S.No.	USES	S.No.	USES
1.		1.	
2.		2.	
3.		3.	
4.		4.	
5.		5.	
6.		6.	
7.		7.	
8.		8.	
9.		9.	
10.		10.	
11.		11.	
12.		12.	
13.		13.	
14.		14.	
15.		15.	
16.		16.	
..		..	
..		..	
..		..	
..		..	
..		..	

III. CONSEQUENCES TEST

I. STATEMENT		II. STATEMENT	
If human being start flying like birds.		If all houses start flying	
S.No.	CONSEQUENCES	S.No.	CONSEQUENCES
1.		1.	
2.		2.	
3.		3.	
4.		4.	
5.		5.	
6.		6.	
7.		7.	
8.		8.	
9.		9.	
10.		10.	
11.		11.	
12.		12.	
13.		13.	
14.		14.	
15.		15.	
16.		16.	
..		..	
..		..	
..		..	
..		..	
..		..	

III. STATEMENT	IV. STATEMENT
If all people become mad	If all females become male

1.	1.
2.	2.
3.	3.
4.	4.
5.	5.
6.	6.
7.	7.
8.	8.
9.	9.
10.	10.
11.	11.
12.	12.
13.	13.
14.	14.
15.	15.
16.	16.
..	..
..	..
..	..
..	..
..	..

APPENDIX - I - H

COUNSELLING SKILLS RATING SCALE

(Adapted from Christian Counselling centre, vellore).

S.No.

- | | | | |
|------------------------|------------------|----|------------------------|
| 1. | Name: | 4. | Level of Education |
| 2. | Age : | 5. | No.of years of service |
| 3. | Present Position | 6. | Dates of the course |
| pre-helping:Attending: | | | |
| | 1. Physical | 1 | 2 3 4 5 |
| | 2. Psychological | 1 | 2 3 4 5 |

STAGE 1. Explorative Stage

(a) Empathy

(Primary Level) 1 2 3 4 5

(b) Respect 1 2 3 4 5

(c) Genuineness 1 2 3 4 5

(d) Concreteness 1 2 3 4 5

STAGE: II. Integrative Stage:

(a) Advanced Empathy	1	2	3	4	5

(b) Self disclosure	1	2	3	4	5

(c) Confrontation	1	2	3	4	5

(d) Immediacy	1	2	3	4	5

(e) Alternate frames of reference	1	2	3	4	5

STAGE: III Action Plan:

(a) Problem	1	2	3	4	5

(b) Goal (S)	1	2	3	4	5

(c) Means	1	2	3	4	5

(d) Feed Back	1	2	3	4	5

Name of the Supervisor: