APPENDIX

## A

## PROLONGED DEPRIVATION SCALE

NAME

SCHOOL'S NAME

SEX

CASTE

AGE

DATE OF BIRTH

CLASS

MOTHER TONGUE

FATHER'S NAME

**ADDRESS** 

## INSTRUCTIONS

The present booklet contains Questions pertaining to family life, home environment, interaction with parents, food habits etc. Our purpose is to known the type of environment in which people live and the type of interaction they have with their family members. Each Question has five alternate responses. Select one of the five responses which applies to you the most. Indicate your answer by placing a tick mark ( $\checkmark$ ) against the appropriate category. Please remember that there are no question of right and wrong answers. Every individual has different feelings and views. So please give your correct answers.

## PROLONGED DEPRIVATION SCALE

- 1. In which type of house have you been living till now?
- a) Pucca cemented house
- b) Partly cemented, partly katcha
- c) Katcha house made with fire-bricks
- d) Partly katcha house and partly hut or thatched roof
- e) Hut.
- 2. Is the house spacious enough for the number of persons living in it?
- a) More than sufficient
- b) Sufficient
- c) Tolerable
- d) Insufficient
- e) Extremely insufficient
- 3. In what condition is you house? (whether dilapidated, or strong-looking, in what physical condition is it?)
- a) Very strong
- b) Strong
- c) Average
- d) Weak and broken
- e) Very dilapidated
- 4. What facilities (e.g. Courtyard, Verandah, Drawing-room with Windows, Lawn, Foreground, Latrine, etc.) are available in the house?
- a) All facilities
- b) Most of the facilities
- c) Average
- d) A few facilities only
- e) Very few facilities

- 5. What is the spatial location of the residence in the village/township?
- a) In the centre
- b) Near the central position
- c) Away from central position
- d) Far away from central position
- e) On the periphery
- 6. Of what castes/socio-economic status (SES) are the residents of your neighbourhood?
- a) People of all castes/SES
- b) Of many castes/SES
- c) Of the same castes/SES
- d) Of all castes/SES
- e) Of very low castes/SES

(Note: Low is relative to the caste/SES of the subject.)

- 7. What kinds of utensils are available in your house?
- a) Stainless steel, white-metal, china-pot and cups
- b) Some pots of stainless steel, white metal
- c) White metal and aluminium
- d) Brass and aluminium
- e) Mostly aluminium and earthen-pots
- 8. What kinds of furniture are used in your house?
- a) Sofa, Chair, table, wall-shelf, bedstead etc.
- b) Some chairs, table, charpoy
- c) Few chairs, table charpoy
- d) Charpoy only
- e) Insufficient charpoys and straw mats.

- 9. What facilities are available for drinking-water in your house?
- a) Tube-well, Water supply
- b) Hand-pump at a small distance
- c) Hand-pump at a long distance
- d) Well at some distance
- e) Well at a long distance.
- 10. What is the lighting arrangement in your house?
- a) Electricity
- b) Partly electricity and partly kerosin lamps
- c) Lanterns
- d) Indigenous earthen-lamps
- e) Controlled/occasional use of indigenous earthern-lamps.
- 11. What means of transportation are available?
- a) Car, motor
- b) Motorcycle, Scooter
- c) Bicycle
- d) Occasional bicycle
- e) Dependence on foot
- 12. How much printed literature (e.g. Books, newspapers, magazines, etc.) is available in the house?
- a) Considerable number of books and daily supply of newspapers, and magazines.
- b) Few books, occasional use of magazines and newspapers
- c) Newspapers, regular use of books
- d) Few books or occasional use of newspapers
- e) Nothing

- 13. What are the mechanical gadgets available in the house?
- a) Radio, Clock, Refrigerator, Telephone etc.
- b) Radio, Clock, Gun etc.,
- c) Radio, Clock, Torch etc.
- d) Torch and few photographs.
- e) Few photographs only or nothing
- 14. What are the sources of family income?
- a) Professional service, good agriculture / lucrative business
- b) Professional service only/good agriculture
- c) Average service (middle -class) / small agricultural holding
- d) Menial service / small landholding
- e) Daily wages
- 15. Is the income of family sufficient to cover all expenditures?
- a) More than sufficient
- b) Sufficient
- c) Average
- d) Insufficient
- e) Very insufficient
- 16. What is the debt-position of your family?
- a) No debt
- b) Small amount
- c) Moderate amount
- d) Large amount
- e) Huge amount

- 17. What is the general quantum of economic difficulties of your family?
- a) Very little
- b) Little
- c) Average
- d) Fairly large
- e) Extremely large
- 18. What is the daily meal programmed in your family?
- a) Two daily meals with morning breakfast and evening snacks
- b) Two daily meals with morning breakfast
- c) Only two meals
- d) One meal in 24 hours with certainty
- e) Uncertainty concerning daily meals.
- 19. What are the items commonly included in food items?
- a) Rice, bread, dal, ghee, vegetables, meat, curd, sweets, etc.
- b) Everything but occasional use of meat, curd, etc.
- c) Rice and bread onlý
- d) Only rice or bread and coarse grains
- e) Coarse grains with uncertainty about quality and quantity.
- 20. To which extent nutritive material (e.g. milk, curd, fruits, meat, etc.) are used?
- a) Nearly regularly
- b) With sufficient frequency
- c) With average frequency
- d) Less than average frequency
- e) Occasionally

- 21. What is the quantum of use of sugar and tea in your family?
- a) Nearly regularly
- b) With sufficient frequency
- c) With average frequency
- d) Less than average frequency
- e) Occasionally
- 22. In general, what kinds of clothes are used in your family?
- a) All types of clothes, i.e., cotton, woolen, silk, synthetic fibre clothes
- b) Cotton, woolen, some synthetic fiber clothes
- c) Cotton, some woolen
- d) Mostly cotton, some synthetic
- e) Cotton only
- 23. Do you have sufficient clothes?
- a) More than sufficient
- b) Sufficient
- c) Average
- d) Insufficient
- e) Very insufficient
- 24. Since what age have you been using footwear?
- a) Use of footwear from early childhood
- b) From late childhood
- c) From adolescence
- d) Only after adolescence
- e) Only occasionally

- 25. What kind of bed do you use?
- a) Bedstead, cushion, pillow, quilt, mosquito-net
- b) Mattress with cotton padding, chaddar, quilt, charpoy
- c) Mattress with cotton padding and quilt
- d) Rough mattress with cotton padding and either blanket or chadder
- e) Either quilt or blanket or chaddar.
- 26. At what age did you begin study in school?
- a) Early childhood
- b) Late childhood
- c) Adolescence
- d) Adulthood
- e) Never
- 27. How regular were you in your school?
- a) Very regular
- b) Regular
- c) Average
- d) Less than average
- e) Very irregular
- 28. How frequent was your interaction with teachers?
- a) Very frequent
- b) Frequent
- c) Average
- d) Infrequent
- e) Occasional

29. How much interest did you take in extra-curricular activities?
a) Extra ordinary
b) Sufficient
c) Normal
d) Insufficient
e) No interest
30. What castes of classmates were there in your school-days?
a) Of all castes
b) Of many castes
c) Of your own caste
d) Of lower castes
e) of lowest castes
31. By whom you were brought up during childhood?
a) By your own parents
<ul><li>a) By your own parents</li><li>b) By your mother or your father</li></ul>
b) By your mother or your father
<ul><li>b) By your mother or your father</li><li>c) By your own relation</li></ul>
<ul><li>b) By your mother or your father</li><li>c) By your own relation</li><li>d) By your distant relation</li></ul>
<ul><li>b) By your mother or your father</li><li>c) By your own relation</li><li>d) By your distant relation</li><li>e) By person having very distant relation or uncertain.</li></ul>
<ul> <li>b) By your mother or your father</li> <li>c) By your own relation</li> <li>d) By your distant relation</li> <li>e) By person having very distant relation or uncertain.</li> <li>32. In whose company did you spent most of your time during childhood?</li> </ul>
<ul> <li>b) By your mother or your father</li> <li>c) By your own relation</li> <li>d) By your distant relation</li> <li>e) By person having very distant relation or uncertain.</li> <li>32. In whose company did you spent most of your time during childhood?</li> <li>a) Father and mother</li> </ul>
<ul> <li>b) By your mother or your father</li> <li>c) By your own relation</li> <li>d) By your distant relation</li> <li>e) By person having very distant relation or uncertain.</li> <li>32. In whose company did you spent most of your time during childhood?</li> <li>a) Father and mother</li> <li>b) Only mother or father</li> </ul>

- 33. How much attention did you parents / guardians paid to you during your childhood?
- a) More than sufficient
- b) Sufficient
- c) Average
- d) Insufficient
- e) Extremely insufficient
- 34. How much affection did your parents extent to you during childhood?
- a) Sufficiently affectionate
- b) Very affectionate
- c) Moderately affectionate
- d) Insufficient
- e) No affection
- 35. Under what type of discipline did your parents brought you up during your childhood?
- a) Highly disciplined (liberal)
- b) Fairly high
- c) Moderate
- d) Insufficient
- e) Extremely insufficient (less discipline)
- 36. How much time did you spend with children of your age group?
- a) Most frequently
- b) Frequently
- c) Moderately
- d) Insufficient
- e) Rarely

37. What kind of friends did you have during your childhood? a) Of all castes b) Of many castes c) Of the same caste d) Of lower castes e) Of extremely lower castes 38. How much opportunity did you have for play and recreation during childhood? a) Very frequently b) Frequently c) Occasionally d) Infrequently e) Rarely 39. How frequently did you go to market-place (Bajaar) during your childhood? a) most frequently b) Frequently c) Occasionally d) Infrequently e) Rarely 40. With what frequency did you get opportunity to hear folklore from your elders during childhood? a) Most frequently b) Frequently c) Occasionally d) Infrequently e) Rarely

a) Most frequently
b) Frequently
c) Occasionally
d) infrequently
e) Rarely
42. How frequently did you participate in household activities during
your childhood?
a) Most frequently
b) Frequently
c) Occasionally
d) Infrequently
e) Rarely
43. How much educated are your parents / guardians?
a) Adequately educated
b) Father adequately educated
c) Father moderately educated
d) Father literate
e) Father uneducated
44. How sufficient is the income of your parents / guardians?
a) More than sufficient
b) Sufficient
c) Average
d) Insufficient

41. How much opportunity did you have to go to religious and other

places during childhood?

e) Very insufficient

45. What is the political status of your parents?
<ul><li>a) Very high</li><li>b) High</li><li>c) Average</li><li>d) Low</li><li>e) Very low</li></ul>
46. In general, what kind of reputation do your parents have in the community?
a) Very high
b) High
c) Average
d) Low e) Very low
c) very low
47. In general, what type of relation do your parents / guardians have with each other?
· · · · · · · · · · · · · · · · · · ·
a) Very good
a) Very good b) Good
b) Good
b) Good c) Average
b) Good c) Average d) Bad
b) Good c) Average d) Bad e) Very bad  48. In general, how much worry and anxiety do your parents/guardians
b) Good c) Average d) Bad e) Very bad  48. In general, how much worry and anxiety do your parents/guardians exhibit?
b) Good c) Average d) Bad e) Very bad  48. In general, how much worry and anxiety do your parents/guardians exhibit? a) Least anxious
b) Good c) Average d) Bad e) Very bad  48. In general, how much worry and anxiety do your parents/guardians exhibit? a) Least anxious b) Anxious

a) Very healthy
b) Healthy
c) Moderately healthy
d) Poor health
e) Very poor health
$50. \ \mbox{How easily do you express your opinions before your elders in the}$
family or outside?
a) Fully expressed
b) Partially expressed
c) Moderately expressed
d) Occasionally expressed
e) Rarely expressed
51. To what extent, in general, do your views correspond to the views
of your parents / guardians?
a) Always
b) Usually
c) Moderately
d) Occasionally
e) Rarely
52. What kind of expectations do your parents have from you?
a) Extremely ambitious
b) Highly ambitious
c) Moderately ambitious
d) Less ambitious
a) Loget ambitious

49. How healthy are your parents / guardians?

53. In general, how much guidance did you get from your parents / guardians?
a) Always b) Usually c) Frequently d) Occasionally e) Rarely
54. How frequently do you involve to quarrel/hot argument with parents/guardians?
<ul><li>a) Never</li><li>b) Occasionally</li><li>c) Moderately</li><li>d) Frequently</li><li>e) Very frequently</li></ul>
55. To what extent or the average do you co-operate with your parents/guardians?
<ul><li>a) Always</li><li>b) Usually</li><li>c) Moderately</li><li>d) Occasionally</li><li>e) Rarely</li></ul>
56. To what extent is your need for social prestige fulfilled?
<ul><li>a) Extremely well</li><li>b) Well</li><li>c) Average</li><li>d) Very little</li></ul>
e) Never

57. To what extent is your need for getting company of others fulfilled?
a) Fully
b) Partially
c) Moderately
d) Slightly
e) Least.
58. To what extent is your curiosity or need for knowing things satisfied?
a) Fully
b) Partially
c) Moderately
d) Slightly
e) Least
59. To what extent is your desire for making your own decisions fulfilled?
a) Fully
b) Partially
c) Moderately
d) Slightly
e) Least
60. To what extent is your desire for going to places, or act according to your own desire fulfilled?
a) Always
b) Usually
c) Moderately
d) Occasionally
e) Rarely -

61. To what extent are your expectations from family members fulfilled?
a) Always
b) Usually
c) Moderately
d) Occasionally
e) Rarely
62. To which extent, in general, is your desire to dominate others fulfilled?
a) Always
b) Usually
c) Moderately
d) Occasionally
e) Rarely
63. To what extent is your desire for taking initiative satisfied?
a) Always
b) Usually
c) Moderately
d) Occasionally
e) Rarely
64. How dissatisfied and unhappy are you with your present mode of life?
a) Extremely unhappy and dissatisfied
b) Highly
c) Moderately
d) Partially

<ul> <li>a) Extremely varied</li> <li>b) Highly varied</li> <li>c) Moderately varied</li> <li>d) Partially varied</li> <li>e) Least varied</li> </ul>
66. How frequently do you think about future plans?
a) Very frequently
b) Frequently
c) Sometimes
d) Infrequently
e) Rarely
67. In general, how contented do you feel to be?
a) Extremely
b) Frequently
c) Sometimes
d) Infrequently
e) Rarely
68. How afraid or panicky do you feel, in general, from different types of objects, conditions and events?
a) Extremely
b) Highly
c) Moderately
d) Less than moderately
e) Very little

65. How varied are your interests?

69. How neglected are you by others?
a) Most
b) Much
c) Average
d) Less than average
e) Least
70. How much sympathy do you get from others?
a) Most
b) Much
c) Average
d) Less than average
e) Least
71. How much anxious and tense do you feel, in general?
a) Most
b) Much
c) Average
d) Less than average
e) Least.
72. How much others praise you?
a) Most
b) Much
c) Average
d) Less than average
e) Least

b) Frequently
c) Sometimes
d) Infrequently
e) Rarely
74. How healthy do you keep?
a) Extremely
b) Very
c) Neither healthy nor unhealthy
d) Slightly unhealthy
e) Extremely unhealthy
75. What facilities are available to you for your entertainments?
a) Cinema, Radio, Playhouse, Games of choice
b) Cinema, Radio
b) Officina, ruado
c) Only Radio
c) Only Radio
c) Only Radio d) Only some sports and games
c) Only Radio d) Only some sports and games
<ul><li>c) Only Radio</li><li>d) Only some sports and games</li><li>e) Only talking with others</li></ul>
<ul><li>c) Only Radio</li><li>d) Only some sports and games</li><li>e) Only talking with others</li><li>76. How varied are your experiences of entertainment?</li></ul>

73. How much of opportunity have you got in your life to get rewards?

a) Always

d) Slightly varied

e) Least varied

c) Moderate
d) More than moderate
e) Too much
78. How much opportunity have you got so far of travels?
a) Extremely
b) Less than moderate
c) Moderate
d) More than moderate
e) Too much
79. How much time do you devote in religious rituals?
a) Extremely
b) Highly
c) Moderately
d) Occasionally
e) Rarely.
80. How many rituals are observed in your family? (Such as rituals
observed in your culture on religious days, and important days like
birthday, marriage, etc.)
a) All rituals
b) Almost all
c) Some of them
d) A few of them
e) Very few of them

77. How much leisure time do you get?

a) Least

b) Less than moderate

81. How acquainted are you with other religions?
a) Highly acquainted
b) Fairly well
c) Moderately
d) Slightly
e) Least
82. People of what castes can take their meals in your family?
a) Of all castes
b) Of almost all castes
c) Of some castes
d) Of a few castes
e) Of no other castes
83. People of how many castes can touch your drinking water?
a) Of all castes
b) Of almost all castes
c) Of some castes
d) Of a few castes
e) Of no other castes
84. People of how many castes can drink water brought by you?
a) Of all castes
b) Of almost all castes
c) Of some castes
d) Of a few castes

85. People of how many castes can sit with you?
a) Of all castes
b) Of almost all castes
c) Of some castes
d) Of a few castes
e) Of no other castes
86. To what extent you participate in social activities of higher caste people?
a) Of all castes
b) Of almost all castes
c) Of some castes
d) Of a few castes
e) Of no other castes
87. How important do you find yourself in social activities of your
mohalla/village/town?
a) Extremely
b) High
c) Moderately
d) Slightly
e) Least
88. What kind of reputation do you have in the village/mohalla/town?
a) Extremely high
b) high
c) Moderate
d) Low
e) Very low