

APPENDICES

APPENDIX 1

Research Tool in English

Dear Respondents,

Hello! I introduce myself to you that I am a Ph.D scholar in the Department of Education Extension, Faculty of Home Science, M.S. University of Baroda. I am doing my research on women and employment under the guidance of Prof. Dr. Arvindra Chandra. The topic of my research is as follows :

Employed women's traditional and modern homemaking responsibilities in association with their physical facilities, attitudes and problems and inferences for Home Science curriculum.

The information necessary from you for conducting this research are enquired through this questionnaire. You are requested to respond to each item in the questionnaire based on your information and experience.

Please feel free to answer the questionnaire as the information provided will be kept strictly confidential and used for research purpose only.

Thanking you in anticipation.

Guide

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Questionnaire on "Employed Women's traditional and modern homemaking responsibilities in association with their physical facilities, attitudes and problems, and inferences for Home science curriculum.

SECTION - 1

PRELIMINARY INFORMATION

Please give the following information with a tick in the appropriate box.

- | | <u>Your</u> | <u>Your</u>
<u>husband's</u> |
|---|-------------|---------------------------------|
| 1. Designation | | |
| 1.1 Engineer | | |
| 1.2 Doctor | | |
| 1.3 Magistrate | | |
| 1.4 Administrative Officer | | |
| 1.5 Scientist | | |
| 1.6 Principal in College | | |
| 1.7 Principal in School | | |
| 1.8 College teacher | | |
| 1.9 School Teacher | | |
| 1.10 Extension Officer | | |
| 1.11 Laboratory assistant | | |
| 1.12 Clerk | | |
| 1.13 Nurse | | |
| 1.14 Police | | |
| 1.15 Attendent Peon 4 th grade
worker | | |

Any other. Please mention.

2. Whether your husband is in business ?

2.1 Yes

2.2 No.

3. Your job experience.

3.1 1-4 yrs.

3.2 5-10 yrs.

3.3 More than 10 yrs.

4. Your take home income Your Your
 husband's

4.1 .900-1500

4.2 1501-2000

4.3 2001-2500

4.4 2501-3000

4.5 3001-3500

4.6 3501-4000

4.7 4001-4500

4.8 4501-5000

4.9 5001-5500

4.10 5500-6000

4.11 Above 6000

5. Total working hours in a day in your job.

5.1 3-5 hours

5.2 6-8 hours

5.3 More than 8 hours.

6. How far is your work place from your home ?
 - 6.1 Within walking distance
 - 6.2 Use a vehicle
7. If you use a vehicle, do you use
 - 7.1 Your own vehicle
 - 7.2 Public conveyance
8. Where do you stay ?
 - 8.1 In your own house
 - 8.2 Rented house
 - 8.3 Quarter provided by the employer
9. Level of education

	<u>Your</u>	<u>Your</u> <u>husband's</u>
9.1 Primary		
9.2 High School		
9.3 H.S.L.C. Passed		
9.4 Pre-University Passed		
9.5 Diploma		
9.6 Bachelor's degree in technical line (Engineering, Medical, Agriculture, Veterinary, Dairy science, Home Science).		
9.7 Bachelor's degree in other line (Arts, Science or Commerce)		
9.8 Master's degree in technical line		
9.9 Master's degree in any other line		
9.10 Ph. D, in any line		

Any other. Please specify.

10. Age range

- 10.1 26-30 years
- 10.2 31-35 years
- 10.3 36-40 years
- 10.4 41-45 years
- 10.5 46-50 years
- 10.6 51-55 years
- 10.7 56-60 years

11. What is the difference of age, between you and your husband ?

- 11.1 No difference
- 11.2 1-5 years
- 11.3 6-10 years
- 11.4 More than 10 years

12. What type of marriage was your's ?

- 12.1 Arranged by others
- 12.2 Arranged by you

13. Following are different types of families -

Nuclear - Husband, wife and their children.

OR - Husband, wife, their children and any other related member staying together.

Joint - More than two families staying together.

Please check the type of family you belong to -

13.1 Nuclear

13.2 Joint

14. Number and ages of your children.

Children	Son/Daughter	Age.
1st		
1	Child	
2nd		
2	Child	
3rd		
3	Child	
4th		
4	Child	

15. Total number of members in your family.

- 15.1 2 members
- 15.2 3 members
- 15.3 4 members
- 15.4 5 members
- 15.5 6 members
- 15.6 7 members
- 15.7 More than 7
 members

ATTITUDES TOWARDS WORKING WOMEN

Following are the statements regarding different views on working women. They are neither correct, nor incorrect. Your agreement and disagreement will be determined largely in terms of your particular experience. Please check your position on the statement as it impresses you. Indicate what you believe rather than what you think you should believe. Make a circle around the given alphabet of each statement.

- SA - If you strongly agree with the statement.
- A - If you agree

- U - If you have no feeling one way or another
 (Undecided).
- DA - If you disagree.
- SD - If you strongly disagree.
-
1. Women was made by God to be a
 coustodian of home and not a
 wage earner. SA A U DA SD
 2. A working women can give the
 desired love and affection
 to her husband. SA A U DA SD
 3. Working women are neglectful
 of their social obligations. SA A U DA SD
 4. Women, in our country, should
 be encouraged to think serious-
 ly in terms of having a vocation. SA A U DA SD
 5. Working women do not find time
 to attend to their domestic
 duties. SA A U DA SD
 6. Working women develop suspicions
 and jealousies SA A U DA SD
 7. Working women hold high social
 positions in society. SA A U DA SD
 8. Women should stay at home to
 take care of their families SA A U DA SD
 9. Women impress as efficient
 workers. SA A U DA SD
 10. Working women generally lead
 a happy married life. SA A U DA SD
 11. Working women are suspected
 to have a doubtful morality. SA A U DA SD
 12. Working women who have
 children, feel guilty of
 neglecting them. SA A U DA SD
 13. Working women enjoy as much
 prestige in our society as
 do the non-working women. SA A U DA SD

- | | | | | | | |
|-----|---|----|---|---|----|----|
| 14. | It is not possible for women to work with full devotion. | SA | A | U | DA | SD |
| 15. | Working women are deprived of the freedom which they have as a housewife. | SA | A | U | DA | SD |
| 16. | Working women develop a realistic approach towards life. | SA | A | U | DA | SD |
| 17. | Employment of women creates many problems for the employers. | SA | A | U | DA | SD |
| 18. | It is not difficult for a working women to divide her time between home and work. | SA | A | U | DA | SD |
| 19. | I think that most of the employed women are frustrated in life. | SA | A | U | DA | SD |

SECTION - 2

DIVISION OF LABOUR IN HOME MAKING

Following are some homemaking activities grouped together under each major activity. Who performs these activities in your home ? Please check with a tick in the appropriate box. The key for frequency of performance is given below.

- | | | |
|---|---|------------------|
| M | - | Most of the time |
| S | - | Sometime |
| N | - | Néver |

	PERFORMED BY									
Homemaking Activities	You			your husband			Both you and your husband			Not appli- cable
	M	S	N	M	S	N	M	S	N	

A. AREA OF FOOD

1.00 Acquisition of food

1.1 Buying of groceries

1.2 Buying of vegetables

1.3 Buying of meat, fish
and eggs.

1.4 Sorting and storing
of food

2.00 Preparation of food

2.1 Pre-preparation
of meals

2.1.1 Cleaning

2.1.2 Washing

2.1.3 Cutting

2.1.4 Grinding

2.1.5 Kneading

2.2 Preparation of
tea and break-
fast.

2.3 Preparation of
lunch and dinner

2.4 Preparation of
food for sick.

2.5 Preparation of
special dish for
guests.

PERFORMED BY												
Homemaking Activities	You			your husband			Both you and your husband			Not appli- cable		
	M	S	N	M	S	N	M	S	N			

3.00 Serving of food

3.1 Serving food to
family members.

3.2 Serving food to
sick/old persons.

3.3 Serving food to
guests.

4.0 Cleaning and
winding up of
kitchen

4.1 Washing vessels
and soiled dishes.

4.2 Mopping tables and
floor of kitchen.

4.3 Keeping left over
foods for use.

B. AREA OF CLOTHING

1.0 Buying of clothes

1.1 Buying of clothes
for self.

1.2 Buying of clothes
for family members.

1.3 Buying of household
linens such as table
clothes, cushions,
bedsheets, curtains,
blanket etc.

	PERFORMED BY									
Homemaking Activities	You			your husband			Both you and your husband			Not appli- cable
	M	S	N	M	S	N	M	S	N	

2.0 Sewing garments

2.1 Sewing garments at home

2.2 Sewing garments by tailor.

3.0 Care of clothes

3.1 Mending of clothes.

3.2 Washing and starching
of garments.

3.3 Washing of household
linens.

3.4 Ironing of clothes.

3.5 Storing of clothes.

3.6 Taking clothes to
laundry and bringing
back.

C. AREA OF MANAGEMENT OF RESOURCES

1.0 Time and Energy
management.

1.1 Buying of furnishing
such as furniture,
decorative pieces,
flower vases, carpets
etc.

1.2 Buying of equipment
such as utensils,
crockeries, electric
and non-electric
appliances.

Homemaking Activities	PERFORMED BY									Not appli- cable
	You			your husband			Both you and your husband			
	M	S	N	M	S	N	M	S	N	
1.3 Cleaning and maintain- ing the house, such as, dusting, sweeping, mopp- ing and care of equipment.										
1.4 Calling people for Telephone disorder, T.V. disorder, order for cooking gas cylinder.										
2.0 Money Management										
2.1 Budgeting i.e. pre- planning monthly saving and expendi- ture										
2.2 Account keeping i.e. keeping day to day account.										
2.3 Depositing and with- drawing money in/from Bank account paying taxes and bills etc.										
2.4 Payment of different persons like servants, milkman, sweeper, laundryman, driver, tutor, house rent to land-lord/lady.										
2.5 Looking after renova- tion of house such as putting water pipeline in bathroom and kitchen, extending electricity points, whitewashing of house etc.										
2.6 Buying bicycle, scooter, car, land and supervision of house construction.										

	PERFORMED BY									
Homemaking Activities	You			your husband			Both you and your husband			Not appli- cable
	M	S	N	M	S	N	M	S	N	

D. AREA OF CHILD DEVELOPMENT
AND FAMILY RELATION.

1.0 Activities with children

1.1 Physical Activities

1.1.1 Bathing and dressing
up of children.

1.2 Academic Activities

1.2.1 Selection of school
for children.

1.2.2 Getting children's
admission in school/
colleges.

1.2.3 Buying books and other
study materials for
children.

1.2.4 Looking after studies
for children.

1.2.5 Guiding children in
their line of education
and vocation.

1.3 Non-academic Activities

1.3.1 Getting children their
play materials.

1.3.2 Playing with children.

1.3.3 Accompanying children
in travel and picnic.

1.3.4 Developing hobbies in
them.

	PERFORMED BY									
Homemaking Activities	You			your husband			Both you and your husband			Not appli- cable
	M	S	N	M	S	N	M	S	N	

2.0 Activities related to
guests.

2.1 Shopping when guests
come.

2.2 Entertaining guests
with foods.

2.3 Entertaining guests
by giving company-
sitting and chating.

3.0 Social Activities

3.1 Attending social
functions such as
marriage, birthday
parties etc.

3.2 Attending religious
functions.

3.3 Visiting neighbours

3.4 Corresponding with
friends and relatives

USE OF MODERN EQUIPMENT AND APPLIANCES IN HOME MAKING

Given below are some equipment and appliances used in house
keeping. please check with a tick ☒ in the appropriate
box, whether you have and whether you use the same in your
housekeeping.

Equipment and Appliances	You have 2	You do not have 1	You use 2	You do not use 1
1.0 AREA OF FOOD				
1.1 I use gas stove for cooking				
1.2 I use pressure cooker for cooking.				
1.3 I use milk cooker for boiling milk.				
1.4 I use rice cooker for cooking rice.				
1.5 I toast bread in an electric toaster.				
1.6 I make sandwiches in Sandwich toaster.				
1.7 I use non-stick pan for preparing many dishes.				
1.8 I use corning tea-pot for preparing tea.				
1.9 I use electric heater for cooking.				
1.10 I use mixie in kitchen.				
1.11 I bake cake and other baked dishes in electric oven.				
1.12 I use electric grinder for grinding masalas.				
1.13 I use electric chopper for chopping vegetables.				
1.14 I use egg slicers for cutting eggs.				
1.15 I use hot case during winter for keeping prepared food.				

Equipment and Appliances	You have 2	You do not have 1	You use 2	You do not use 1
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1.16 I use thermos during
summer for keeping
cold water.

1.17 I keep raw and cooked
food in fridge.

2.00 AREA OF CLOTHING

2.1 To stitch clothes I
use sewing machine.

2.2 I use different types
of sewing attachments
while sewing different
garments.

2.3 I use tracing wheel to
give mark in the mater-
ial before I cut.

2.4 I open the stitches with
a stitch opener.

2.5 I cut buttonhold with a
button hole scissor.

2.6 I use hem maker while
hemming a garment.

2.7 I use zipperfoot when
I attach zipper to a
garment.

2.8 I use ready made paper
pattern to stitch various
garments.

2.9 I iron clothes with an
electric iron.

2.10 I use an ironing board
while ironing clothes.

2.11 I use washing machine
to wash clothes.

2.12 I use a dryer for
drying clothes.

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Equipment and Appliances	You have 2	You do not have 1	You use 2	You do not use 1
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3.00 AREA OF MANAGEMENT OF RESOURCES

- 3.1 I use a mopper with long handle.
- 3.2 I use a long handled mopper with squeezable end.
- 3.3 I use vacuum cleaner for cleaning the house.
- 3.4 I use generator when power fails.
- 3.5 I use cooler during summer.
- 3.6 I use electric fan during summer.
- 3.7 I use room heater during winter.
- 3.8 I use a geyser for hot water.
- 3.9 I use immersion heater for hot water.
- 3.10 I use an emergency light when electricity fails.
- 3.11 I use a calculator for keeping day to day account as well as during budget making.

4.0 AREA OF CHILD DEVELOPMENT AND FAMILY RELATIONS

- 4.1 I have a radio for listening news, songs, dramas, running commentary for football, cricket etc.

Equipment and Appliances	You have 2	You do not have 1	You use 2	You do not use 1
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4.2 I have a television for educating children and entertainment to family members as well as guests.

4.3 I have V.C.R./V.C.P. to watch movie any time I like.

4.4 I have a tape recorder to listen music.

4.5 I have a telephone for quick communication.

I have following in-door games sets for my children

4.6 Carrom

4.7 Chinese checker

4.8 Chess

4.9 Ludo

4.10 Table Tennis

4.11 Word making game

4.12 Educative block

I have following out-door game sets for my children.

4.13 Badminton

4.14 Cricket

4.15 Football

REASONS FOR NOT USING TIME AND LABOUR SAVING EQUIPMENT AND APPLIANCES IN HOMEMAKING

I assume that you have several modern equipment for making your housekeeping easy. However, you may not be using all your equipment for certain reasons. Please identify your reason for not using the equipment with tick in the appropriate box. If you have any reasons other than the given ones, please mention under 'Any other'.

Reasons for not using the modern equipment/ appliances.	YES NO

1. I do not know about many of these time and labour saving equipment and appliances.	
2. The modern equipment and appliances need maximum care and soft handling.	
3. Most of the time and labour saving equipment are expensive so I cannot afford.	
4. Though I have some expensive equipment I do not know how to use them.	
5. I do not have enough space in my rented house to install many a time and labour saving equipment.	
6. I have to depend on servants and they do not value the cost of these expensive equipment while using therefore I do not buy.	
7. I do not have facilities, to repair the expensive equipment.	
8. I do not buy modern electric equipment because of frequent electricity failure in our town.	
9. I find it convenient to use the old method of work than to work with modern equipment e.g. mopping the floor with a cloth in hand, than to work with a long handle.	
10. Using conventional methods of household work involves more labour which is a good physical exercise.	
11. My husband believes in old, traditional type of cooking and serving.	

Reasons for not using the modern equipment/ appliances.	YES	NO
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12. Whenever any new equipment is bought in our house it is always to help the male members only.
13. My mother-in-law wants to keep me fully occupied with household work, by using traditional methods only.
14. My husband wants to keep me fully occupied with household work, by using traditional methods only.
15. When some good amount of money is saved, I prefer to invest it in gold ornaments rather than to buy equipment.
16. My mother in law discourages me in buying modern equipment as she herself did household work without these equipment.
17. I have to buy a plot of land, or construct my house or buy a vehicle for my husband, therefore, cannot think of buying modern equipment.
18. I do not use the modern equipment as the consumer services is poor.
19. The poor technology of the equipment causes frequent breakdown.

Any other -

FACILITIES AT HOME FOR BETTER HOMEMAKING.

Following are certain facilities which could be available at home to do the homemaking activities with ease. Please check the facilities you have at your home with a tick in the appropriate box.

Facilities	You have	You do not have
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1. A platform in the kitchen for cooking
2. A sink in the kitchen for washing the utensils.

Facilities	You have	You do not have
3. A cupboard for storage in the kitchen.		
4. Electric outlet in the kitchen for gadgets.		
5. A tube well arrangement for water.		
6. A running water facility with overhead tank.		
7. A separate room or corner for sewing clothes with all sewing facilities.		
8. A separate room for children to play		
9. Separate storing facilities for storing dresses and household linens.		
Any other -		

SECTION - 3

PROBLEMS FACED IN HOMEMAKING

Since time immemorial, homemaking is thrust upon women. As an employed woman you must have felt that it is difficult to manage both home and the job simultaneously and efficiently. There may be a number of reasons behind it, which turn out to be, the problems in themselves for you, in homemaking. Following are some such problems for you to identify. Kindly indicate your problems with a tick in the appropriate box.

Sr. No.	PROBLEMS	Please Tick YES	NO
1.0	Problems in carrying out responsibilities of household work		
1.1	Lack of cooperation from husband.		

Sr. No.	PROBLEMS	Please Tick YES NO
1.2	Lack of cooperation from in-laws.	
1.3	Lack of cooperation from children.	
1.4	Husband posted in some other place.	
1.5	Children are too small to help.	
1.6	Too many family responsibilities.	
1.7	Negligence of husband towards me.	
1.8	I lack confidence in homemaking tasks.	
1.9	I never handled any responsibility as I was over-protected.	
	Any other -	
2.0	Problems with paid help	
2.1	Not having a full time servant.	
2.2	Not having a part time servant.	
2.3	Servant is not reliable.	
2.4	Servant is not efficient.	
2.5	Absence of servants in the peak hours of work.	
2.6	Cannot afford a servant.	
2.7	Not having a driver.	
2.8	Not having a gardner.	
2.9	Not having a sweeper.	
	Any other -	
3.0	Problems due to undue rigidity of family members	
3.1	Difficulty in changing meal pattern of our family due to traditional food habits.	
3.2	Too many religious rituals to be performed by me at home.	

Sr. No.	PROBLEMS	Please Tick YES NO
3.3	My husband does not accept the fact that I too am a bread winner.	
3.4	My husband does not accept that homemaking is a joint responsibility of both me and my husband.	
3.5	A number of do's and don'ts during menstruation to be followed.	
3.6	Family members do not accept some meals prepared in pressure cooker.	
3.7	Insistence on homemaking activities to be done by women only e.g. food is to be cooked and served by females only.	
3.8	Serving of food first to male members of the family.	
4.0	Problems with community facilities/ services	
4.1	Lack of day care centre or creches.	
4.2	Lack of children's park nearby.	
4.3	Lack of laundry nearby.	
4.4	Lack of shopping centre nearby.	
4.5	Lack of fish/meat market nearby.	
4.6	Lack of fast food centres.	
4.7	Lack of good quality hotels and restaurants at reasonable price.	
4.8	Lack of communication facilities, especially after dark.	
4.9	Odd hours of water supply.	
4.10	Insufficient supply of cooking gas cylinder.	
4.11	Insufficient water supply.	
4.12	Frequent failure of electricity.	
	Any other -	

Sr. No.	PROBLEMS	Please Tick YES NO
5.0	Personal Problems	
5.1	Lack of time due to overburden of housekeeping activities.	
5.2	Feeling of tiredness.	
5.3	Preoccupied with some problems at job while at home.	
5.4	My moodiness.	
5.6	Deteriorating health.	
5.7	Loss of interest.	
5.8	Loss of temperament.	
5.9	Inability to drive a vehicle like bicycle, scooter or a car.	
	Any other -	

PLEASE CHECK once again whatever you have filled the whole questionnaire thoroughly.

THANK YOU for your PARTIENCE and KIND COOPERATION.