

## TABLE OF CONTENTS



Sr. No.	Titles	Page No.
	<b>ACKNOWLEDGEMENT</b>	
	<b>TABLE OF CONTENTS</b>	
	<b>LIST OF FIGURES</b>	
	<b>LIST OF PLATES</b>	
	<b>LIST OF APPENDICES</b>	
<b>I</b>	<b>INTRODUCTION</b>	<b>01</b>
	Rationale for the study	06
	Objectives of the study	10
	Hypotheses of the study	11
	De-limitations of the study	12
<b>II</b>	<b>REVIEW OF LITERATURE</b>	<b>13</b>
	Organic Farming	13
	Participation Of Women in Various Agriculture Activities	16
	Anthropometric Data of Women Farmers	18
	Workload Experienced by Women Farmers	20
	Cardiovascular Stress	21
	Energy Expenditure	24
	Muscular Stress (Grip Strength)	27
	Body Discomfort/Occupational Health Hazards	28
	Work Rest Allowance Required	30
	Miscellaneous Studies	32
<b>III</b>	<b>METHODOLOGY</b>	<b>36</b>
	Research Design	36
	Conceptual Framework	37

<b>Sr. No.</b>	<b>Titles</b>	<b>Page No.</b>
	Variables of the Study	37
	Operational Definitions	48
	Selection of the Sample	51
	Development of the Instrument	55
	Method of Data Collection	60
	Analysis of Data	71
<b>IV</b>	<b>RESULTS AND DISCUSSION</b>	<b>78</b>
	Demographic Characteristics of Women Farmers	79
	Agriculture and Livestock Related Data	86
	Attitude of Women Farmers Regarding Organic Farming	99
	Critical Activities Performed by Women Farmers	101
	Body Discomfort Experienced by Women Farmers	109
	Experimental Data	116
	Testing of Hypotheses	154
	Discussion of Findings	167
<b>V</b>	<b>SUMMARY, CONCLUSION AND RECOMMENDATIONS</b>	<b>175</b>
	Summary	175
	Conclusions	185
	Implications of the Study	186
	Recommendations for Future Research	189
	<b>BIBLIOGRAPHY</b>	<b>190</b>
	<b>APPENDICES</b>	