

## TABLE OF CONTENTS

CHAPTER	CONTENTS	PAGE
	<b>ABSTRACT .. . . . . . . . . . . . . . . . . .</b>	<b>1</b>
	<b>LIST OF ABBREVIATIONS AND ACRONYMS .. . . . .</b>	<b>3</b>
I	<b>INTRODUCTION .. . . . . . . . . . . . . . . .</b>	<b>4</b>
II	<b>REVIEW OF LITERATURE.. . . . . . . . . . . .</b>	<b>7</b>
1	<b>Measures to overcome iron and vitamin A deficiencies : Supplementation programmes</b>	<b>8</b>
2	<b>Implementation of deficiency control programmes in India .. . . . .</b>	<b>11</b>
3	<b>Differences in nutrition and health profile among urban and rural populations - Need for comparative studies .. . . . .</b>	<b>12</b>
4	<b>Need for focussing on management of deficiency control programmes .. . . . .</b>	<b>15</b>
5	<b>Evaluation of management and impact of nutrition programmes .. . . . .</b>	<b>21</b>
6	<b>Use of qualitative and quantitative methodologies in evaluation of nutrition programmes .. . . . . . . . .</b>	<b>30</b>
III	<b>MATERIALS AND METHODS .. . . . . . . . . . .</b>	<b>38</b>
1	<b>General and specific objectives of the study .. . . . . . . . .</b>	<b>38</b>
2	<b>Exploratory phase .. . . . . . . . .</b>	<b>39</b>
3	<b>Experimental design .. . . . . . . .</b>	<b>45</b>

## TABLE OF CONTENTS

CHAPTER	CONTENTS	PAGE
III Contd.		
4	Sample selection .. . . . .	45
	a) Selection of Urban Family Welfare Centres, Rural Primary Health Centres and Subcentres .. . . . .	47
	b) Selection of functionaries .. . . . .	47
	c) Selection of beneficiaries .. . . . .	52
5	Methodology of data collection : Principles, procedures and analysis.. . . . .	54
	a) Description of Qualitative methods used in the study .. . . . .	54
	i) Observations .. . . . .	54
	ii) Scenarios .. . . . .	58
	iii) Narratives.. . . . .	59
	iv) Ranking .. . . . .	60
	v) Review of secondary data sources	61
	vi) Informal conversations .. . . . .	62
	b) Description of Quantitative methods used in the study .. . . . .	63
	i) Interviews .. . . . .	63
	ii) Biochemical estimation of hemoglobin levels .. . . . .	64
	iii) Clinical examination of eyes for presence of Bitot's spots .. . . . .	65

TABLE OF CONTENTS

CHAPTER	CONTENTS	PAGE
IV	RESULTS AND DISCUSSION .. . . . .	66
	Section A : The Providers' perspective .. . . . .	67
	Manpower and material resources .. . . . .	67
	1 Profile of the functionaries .. . . . .	67
	2 Knowledge, attitudes and practices of functionaries in relation to the implementation of NAP and VAP .. . . . .	69
	3 Pre-service and in-service training provided to functionaries.. . . . .	98
	4 Work organization and time allocation to various job functions .. . . . .	106
	5 Infrastructural support provided to functionaries .. . . . .	127
	a) Transport .. . . . .	127
	b) Housing .. . . . .	127
	c) Incentives .. . . . .	129
	d) Disincentives .. . . . .	129
	e) Logistics .. . . . .	130
	Monitoring and control .. . . . .	146
	1. Target setting .. . . . .	146
	2. Supervision .. . . . .	147
	3. Management Information System .. . . . .	171
	a) Circulars .. . . . .	171
	b) Records .. . . . .	173
	c) Reports .. . . . .	175

## TABLE OF CONTENTS

CHAPTER	CONTENTS	PAGE
IV	RESULTS AND DISCUSSION (Contd ..) .. .. .. d) Daily diaries .. .. .. .. .. e) Meetings .. .. .. .. .. Section B : The Beneficiaries' perspective .. ..	176 177 183
	1 Responses of beneficiaries regarding utilization of iron and vitamin A supplements .. .. .. .. ..	183
	2 Hemoglobin levels and prevalence of anemia in pregnant and lactating women and preschool children .. .. .. ..	200
	3 Prevalence of Bitot's spots in preschool children in urban and rural Indore .. ..	213
	Section C : The Methodological perspective .. ..	216
	Relative strengths and limitations weaknesses of the various qualitative and quantitative methods used in the study .. .. .. .. .. .. ..	217
V	SUMMARY AND CONCLUSIONS .. .. .. .. ..	226
VI	BIBLIOGRAPHY .. .. .. .. ..	233
	APPENDICES .. .. .. .. ..	245