

**APPENDIX X**  
**OPINIONNAIRE**  
**(Module 5)**

**NAME:** \_\_\_\_\_ **CLASS:** \_\_\_\_\_  
**DATE:** \_\_\_\_\_

You have been learning and practicing various skills and techniques to improve your information retention skill with the help of the module given to you. You might like to offer your valuable suggestions regarding this module and their components. It would be of help to know your opinions and suggestions in finalizing this module.

A number of statements regarding this module and its various components are given. Your opinion regarding these statements may differ in various degrees. You have to consider each of these statements separately and mark the extent each has helped you in improving your information retention skill. The columns on the right hand side show five categories namely Strongly agree, Agree, Uncertain, Disagree and Strongly Disagree. You have to show the extent of your opinions regarding each statement by putting a tick ( ✓ ) mark against it in the relevant column. Please tick only in one of the column as per the extent of your liking.

If you have any special suggestions other than those given in the statements, please write them down in the space provided at the end of the questionnaire under the heading ‘ suggestions’.

No.	Statements	Strongly agree	Agree	Uncertain	Disagree	Strongly disagree
1.	The module on developing information retention skill provided me with interesting new information and techniques to retain information easily.					
2.	The module was easy to read and easy to understand.					
3.	The activities and exercises given in the module were appropriate.					
4.	The module has helped me to have a basic awareness of how the brain works and how to use this knowledge to help me learn better.					

5.	The module has helped me to apply techniques to remember essential information when I need it.					
6.	The section on nutrition and memory improvement was quite useful.					
7.	The section on exercise and memory improvement helped us understand the importance of physical activity for improving our learning.					
8.	The module has introduced us to a number of techniques to improve my information retention skill.					
9.	The module has shown me how to use the principle of chunking to improve my information retention skill.					
10.	The graphs and pictures used in the module helped us to understand the content more clearly.					
11.	The module has helped me understand the difference between retention and learning.					
12.	The module has made me aware of some interesting facts about the new research in the science of brain.					

Q.1. Which section of this module did you find the most interesting?

\_\_\_\_\_

Q.2. Which section of this module did you find the most useful in improving your information retention skill?

\_\_\_\_\_

**SUGGESTIONS:**

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