

APPENDIX-5 : Individual values on weight gain during pregnancy
in supplemented and control groups -
Longitudinal.

Subject No.	Gesta- tional age at start (weeks)	Initial weight (kg)	Stages of pregnancy (weeks)			
			16	16-24	24-32	32-40
			Weight gain (kg)			
1	2	3	4	5	6	7

Supplemented throughout pregnancy

79	7.1	59.0	2.5	1.5	1.0	3.0
41	8.2	38.5	3.5	4.5	1.0	1.0
39	7.1	35.0	4.5	3.5	1.5	1.0
42	11.0	43.5	5.0	1.5	-	-
228	3.0	33.0	2.0	2.0	3.5	-
143	7.2	31.5	1.5	-	-	-
215	6.1	51.5	- 0.5	0.5	- 2.1	-
243	3.1	40.5	2.4	2.7	3.3	-
194	6.0	37.0	3.5	4.4	1.5	-
190	2.0	35.0	5.0	2.5	1.1	-
186	9.3	48.0	2.0	2.3	1.4	1.7
166	5.2	35.5	3.9	3.1	1.0	0.6
163	10.3	46.5	0.0	0.0	3.0	2.0
150	9.2	36.0	3.5	4.2	-	-
137	10.0	43.0	0.0	0.5	2.2	-
131	6.4	41.5	4.0	2.0	0.0	3.0
106	7.4	35.5	4.0	1.5	2.5	0.0
139	11.4	39.5	-0.5	2.0	2.2	-

Supplemented - Second and third trimester

80	14.1	38.0		3.0	0.5	1.5
73	16.5	40.5		1.5	1.0	1.0
74	15.0	37.5		3.5	3.0	2.5
119	15.3	44.0		2.5	2.0	0.5
128	16.0	47.0		2.5	-	-

Appendix-5 (Contd.)

1	2	3	4	5	6	7
213	14.6	43.0	-	5.1	1.9	1.0
216	13.5	40.7	-	5.6	2.0	1.0
193	15.2	41.8	-	3.3	3.2	-
188	14.1	43.0	-	5.4	1.2	-
155	15.6	44.0	-	3.0	4.4	2.4
219	12.3	41.8	-	2.0	1.5	-
224a	15.6	41.7	-	2.0	2.4	0.5
88	16.0	48.5	-	2.0	1.5	0.0
224	21.5	47.0	-	-	4.3	3.4
35	23.2	39.0	-	-	2.0	1.0
105	20.4	46.5	-	-	0.5	-
223	21.0	42.0	-	-	1.3	-
217	20.4	40.1	-	-	3.2	1.6
154	22.4	45.5	-	-	4.0	-
153	23.5	50.0	-	-	1.5	1.0
145	22.2	47.5	-	-	-1.5	-0.5
112	22.5	51.5	-	-	0.5	-

Supplemented - Third trimester

149	26.5	42.5	-	-	0.0	2.0
140	24.0	38.0	-	-	1.0	2.5
77	28.5	46.0	-	-	-	1.5
49	34.4	39.0	-	-	-	0.0
15	26.3	47.0	-	-	2.0	1.5
10	23.0	47.0	-	-	2.5	1.5
35	23.2	39.0	-	-	2.0	1.0
224	21.5	47.0	-	-	4.7	1.5
237	25.2	44.1	-	-	0.9	1.9
238	29.2	45.0	-	-	-	1.7

Appendix-5 (Contd.)

1	2	3	4	5	6	7
<u>Control</u>						
7	10.6	41.0	3.0	2.0	0.0	-
66	6.0	38.5	2.5	3.0	2.5	2.0
78	10.5	39.5	1.5	4.0	0.5	-
81	9.1	41.0	5.5	3.5	1.0	0.5
86	8.3	49.5	2.0	1.5	-	-
133	2.6	45.0	5.0	1.0	3.0	-
161	0.0	45.0	0.5	2.5	3.0	0.0
173	7.3	53.0	0.0	2.5	4.0	3.0
199	9.4	44.0	1.5	0.5	1.0	-
206	0.5	37.0	1.0	3.5	3.8	-
211	1.1	37.0	2.5	2.5	2.5	-
227	0.6	33.5	-2.5	0.5	1.5	-
233	0.0	34.0	2.0	1.5	-	-
183	0.0	40.0	3.0	2.0	1.0	-
113	6.3	41.0	1.0	-	-	-
132	12.4	39.5	-	1.5	1.0	0.5
203	12.1	42.0	-	2.5	1.5	0.0
127	13.2	45.0	-	2.0	2.5	-
230	13.2	46.5	-	0.0	-	0.0
44	13.4	36.0	-	2.5	3.0	1.0
5	14.0	39.0	-	6.0	1.0	-
208	14.5	43.0	-	3.0	-	-
122	14.6	41.5	-	1.0	-	-
83	14.6	59.0	-	1.5	2.0	-
87	15.2	47.0	-	1.5	1.5	1.0
96	15.0	37.5	-	1.0	1.0	-
100	15.2	47.0	-	3.0	1.0	-
93	15.3	45.0	-	1.5	0.0	-
58	17.0	42.5	-	2.5	2.5	-
102	20.1	41.5	-	-	2.0	0.0

Appendix-5 (Contd.)

1	2	3	4	5	6	7
9	20.3	35.0	-	-	3.0	1.0
47	21.4	40.0	-	-	0.0	-
121	22.6	35.5	-	-	0.0	-
207	20.6	43.5	-	-	1.5	0.0
130	26.2	41.5	-	-	1.5	0.5
16	26.3	49.0	-	-	1.0	1.0
20	28.3	41.0	-	-	-	4.0
148	30.1	40.0	-	-	-	1.5
102a	31.0	50.0	-	-	-	3.0
71	31.6	41.5	-	-	-	0.5
52	32.2	41.5	-	-	-	1.0
94	33.1	44.5	-	-	-	1.5