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APPENDIX I

Interviewers \_\_\_\_\_

Village \_\_\_\_\_

Family No. \_\_\_\_\_

## GENERAL INFORMATION

1. Date :

2. Head of the family :

Caste

Religion

3. Composition of family\*

No.	Name	Sex	Age	Occupation	Education	Relation to head
0						
(i)						
(ii)						
(iii)						
(iv)						
(v)						
(vi)						
(vii)						
(viii)						

\* indicate members living away from home with an asterik

4. Record of family members deceased

(a) Number of still born and dates:

(b) Others :

No.	Name	Relation to Head	Age at death	Cause of Death
(i)				
(ii)				
(iii)				
(iv)				
(v)				
(vi)				
(vii)				
(viii)				

## 5. Income from :

No.	Land	Farm	Poultry	Dairy	Cattle	Other	Total amount
(i)							
(ii)							
(iii)							
(iv)							
(v)							
(vi)							
(vii)							
(viii)							

6. (i) Size of land holding
- (ii) Mode of irrigation
- (iii) Crops cultivated
- (iv) Cultivation practices
 

Seed	Manure
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- (v) Yield
- (vi) Organization of work on the farm:
  - work done by head, by other family members:
  - by hired labourers:
  - nature of hired labour:
- (vii) Work during
  - June-August
  - September-November
  - December-February
  - March-May
7. Home life or General atmosphere-happy/indifferent/unhappy
8. Environmental hygiene
  - (a) General
  - (b) Availability of water
  - (c) Personal cleanliness
    - General - Bath - Clothes
  - (d) Sanitary arrangement
  - (e) Ventilation
  - (f) Chimney arrangement
  - (g) Garbage disposal

Village \_\_\_\_\_

Interviewer \_\_\_\_\_

Family No. \_\_\_\_\_

## DIETARY SURVEY

1. Date

2. Food habits

(a) Vegetarian/non-vegetarian/non-vegetarian but usually takes vegetarian food.

(b) Common dietary pattern:

Morning

Mid-day

Afternoon

Evening

Other

3. Special foods :

(a) for different groups

Groups	Foods recommended	Foods avoided
(i) Adults		
(ii) Infants		
(iii) Pregnant women		
(iv) Lactating women		
(v) Invalids		

(b) during illness :

illness	Foods recommended	Foods avoided
(i) Cold		
(ii) Fever		
(iii) Diarrhoea		
(iv) Dysentery		
(v) Other		

## (c) during different seasons

Season	Foods recommended	Foods avoided
Summer		
Winter		
Monsoon		

## (d) for religious or other reasons :

occasion	Foods recommended	Foods avoided
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## 4. Methods of cooking :

- (a) Roti
- (b) Rice
- (c) Dal
- (d) Vegetables

## 5. Food sharing practices :

## 6. Members eating out :      Member      Type of food taken outside

- (a) Regularly
- (b) Occasionally

## 7. Foods consumed at home :

Foodstuffs	Amount per day/week/month	Form in which consumed	Purchased or cultivated if the former mode of purchase
(1) Cereals and millets			
(2) Pulses			
(3) Whole legumes			

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- (4) Vegetables
    - (i) Leafy
    - (ii) Others
    - (iii) Roots and tubers
  - (5) Fruits
  - (6) Nuts
  - (7) Flesh foods
  - (8) Fats & Oils
  - (9) Milk
    - Curds
    - Butter milk
  - (10) Sugar
    - Jaggery
    - Others
    - (honey, molasses etc.)
  - (11) Condiments
    - Tamarind
    - Cocum
    - Mango slices
    - Chillies
    - Other spices
  - (12) Preserved foods
    - Pickles
    - Papadi
    - Other items
-

**(13) Beverages**

Tea  
Coffee  
Cocoa  
Other

**(14) Miscellaneous**

Betel nut  
Betel leaves  
Chewing tobacco  
Smoking tobacco

**8. Variation in the foodstuffs during the season:**

Foodstuff	December to February	March to May	June to August	September to November
(1) *Cereals				
(2) +Pulses				
(3) Vege- tables				
(4) Fruits				
(5) Milk				
(6) Other				

\* include cereal products such as rava, maida, sev-powa, mamara etc.

+ include whole legumes.

**9. Methods of storage:**

Food grains  
Vegetables  
Fruits  
Cooked food



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Interviewer \_\_\_\_\_

Village \_\_\_\_\_

Family No. \_\_\_\_\_

Subject No. \_\_\_\_\_

INFANTS

Name :

Age :

Birthdate :

Breast fed or not

If not, age at supplementary feeding \_\_\_\_\_

Supplementary food :

Date	Food	Amount
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