



## *ANNEXURES*

**ANNEXURE 1**  
**DEPARTMENT OF FOODS AND NUTRITION, THE M.S.UNIVERSITY OF BARODA**

**Interview Schedule for the Anganwadi Workers: ICDS Services**

- i) Name of village: \_\_\_\_\_ Date: \_\_\_\_\_  
ii) Name of the Anganwadi worker: \_\_\_\_\_  
iii) Name of the Supervisor: \_\_\_\_\_

**1 BACKGROUND INFORMATION**

- 1.1) Age of the anganwadi worker (AWW): \_\_\_\_\_  
1.2) Educational qualification of AWW (completed years): \_\_\_\_\_  
1.3) Do you stay in this area:  
1 yes 1  
2 no 2  
1.4) Since how many years are you working as an anganwadi worker: \_\_\_\_\_ years  
1.5) Did you receive any training as AWW before starting work in ICDS?  
1 yes 1  
2 no 2  
1.6) If no, then after how long did you receive training: \_\_\_\_\_ months  
1.7) Did your training include  
1.7.1) Growth monitoring  
1 yes 1  
2 no 2  
1.7.2) Supplementary food  
1 yes 1  
2 no 2  
1.7.3) Nutrition-health education  
1 yes 1  
2 no 2  
1.8) Did you experience any difficulty in understanding the content of your training?  
1 yes 1  
2 no 2  
1.9) Did you receive refresher training?  
1 yes 1  
2 no 2  
1.10) If yes, when \_\_\_\_\_ months/years back

**2 GROWTH MONITORING**

- 2.1) What are the objectives of growth monitoring/why is it done?  
2.2) Who are the beneficiaries of this service:  
2.3) What do you do under this service? Describe  
2.4) How do you use the information given in the growth card?

- 2.5) Have you fixed some time for growth monitoring every month?
- 1 yes 1
- 2 no 2
- 2.6) Out of most children (80%) who are weighed more often/regularly?
- 1 boys 1
- 2 girls 2
- 3 both 3
- 2.7) Do you experience any difficulty in implementing this service?
- 1 yes 1
- 2 no 2
- 2.7.1) If yes, describe:
- 2.8) What suggestions would you like to give to improve this service: (probe: by the community/by ICDS authorities in NGO)

### 3 NUTRITION HEALTH EDUCATION

- 3.1) What are the objectives of NHE service?
- 3.2) Who are the beneficiaries?
- 3.3) How do mothers benefit from this service?
- 3.4) Which audiovisual aids are used by you to impart this service?
- 3.5) Do you keep records for this service?
- 1 yes 1
- 2 no 2
- 3.5.1) If yes, how?
- 3.6) Topics covered under nutrition and health education in the past 3 months:
- | Topics   | Beneficiaries |
|--|---------------|
| 3.7) In one month how many times do you hold NHE sessions?   |               |
| 1 one time   | 1             |
| 2 twice  | 2             |
| 3 thrice   | 3             |
| 4 more than 3 times  | 4             |
| 3.8) Does NHE make any difference in their health status?  |               |
| 1 yes  | 1             |
| 2 no   | 2             |
| 3.8.1) If yes, what difference?  |               |
| 3.9) Do you experience any difficulty in giving NHE?   |               |
| 1 yes  | 1             |
| 2 no   | 2             |
| 3.9.1) If yes, give details:   |               |
| 3.10) What suggestions would you like to give to improve NHE service: (probe: by the community/by ICDS authorities in NGO) |               |

#### 4 FOOD SUPPLEMENTATION

- 4.1) What is the objective of food supplementation?
- 4.2) Who are the beneficiaries?
- 4.3) Is there any change in health status of children after receiving supplementary food?
- 1 yes 1
- 2 no 2
- 4.3.1) If yes, how?
- 4.4) Do beneficiaries like snacks given as FS
- 4.4.1) Children
- 1 yes 1
- 2 no 2
- 4.4.2) Mothers
- 1 yes 1
- 2 no 2
- 4.5) Do children consume the entire food supplement at the anganwadi?
- 1 yes 1
- 2 no 2
- 4.6) If no how much is taken home?
- 1 completely taken home 1
- 2 > half the supplement 2
- 3 < half the supplement 3
- 4.7) If the beneficiaries demand second helping do you serve them?
- 1 yes 1
- 2 no 2
- 4.8) What do you do with the left over food?
- 4.9) Do you maintain record for this service?
- 1 yes 1
- 2 no 2
- 4.9.1) If yes, how?
- 4.10) Amount of food given to each child. \_\_\_\_\_
- 4.11) Do you experience any difficulty in implementing this service?
- 1 yes 1
- 2 no 2
- 4.12) What suggestions would you like to give to improve SF service: (probe: by the community/by ICDS authorities in NGO)