

ANNEXURE 4
DEPARTMENT OF FOODS AND NUTRITION, THE M.S. UNIVERSITY OF BARODA

Interview Schedule for the Supervisors: IYCF Practices

Name of supervisor:

Date:

1 Initiation of Breast Feeding

- 1.1) How long after birth should the child be put to breast? ____ hrs
- 1.2) Till what age should the child be exclusively breast fed (not even water)? ____ mths
- 1.3) When should one begin to give water to the child? ____ mths

2 Complementary Feeding

- 2.1) From what age (besides top milk) foods should be introduced to the child? ____ mths
- 2.2) What are the benefits of giving complementary foods to the child at 6 months?
- | | |
|---------------------------|---|
| 1 child remains healthy | 1 |
| 2 child becomes playful | 2 |
| 3 child sleeps well | 3 |
| 4 child does not fall ill | 4 |
| 5 don't know | 5 |
| 6 other (specify) | 6 |
- 2.3) If food is given after 6 months, then what are the harmful effects of delayed feeding to the child?
- 2.4) How much food and how often in a day should complementary foods be fed to the child?

Type of food	Amount per serving (std cups)	Number of times

- 2.5) What do you think is the best way to feed the child?
- | | |
|--|---|
| 1 force him/her to eat | 1 |
| 2 encourage the child to finish up the meal | 2 |
| 3 feed the child on demand-when he/she asks for food | 3 |
| 4 give food and leave him/her alone to finish the meal | 4 |
| 5 don't know | 5 |
| 6 other (specify) | 6 |
- 2.6) For a child 1 year old which foods are harmful and why?

2.7) Do the mothers give these foods?	
1 yes	1
2 no	2
3 don't know	3

2.8) Which foods are good for the child and why?

2.9) Do the mothers give these foods?	
1 yes	1
2 no	2
3 don't know	3

3 Health Seeking Beliefs and Practices

3.1) Why do you think a child falls ill?	
1 evil eye	1
2 consumes less food/inappropriate food	2
3 unhygienic conditions	3
4 illness is a normal part of development	4
5 don't know	5
6 any other (specify)	6

3.2) What should be done when a child falls ill?	
1 go to the doctor.	1
2 go to the anganwadi worker	2
3 try to get rid of the evil eye/faith healer.	3
4 wait for the child to get well by himself /herself.	4
5 try some home remedies	5
6 refer to older women	6
7 increase amount of food given; gives better food	7
8 other (specify)	8

3.3) What do you think is the cause of malnutrition (thinness or weakness in child)?	
1 evil eye	1
2 food deficiency	2
3 illness and infection	3
4 don't know	4
5 other (specify)	5