

ANNEXURE 5
DEPARTMENT OF FOODS AND NUTRITION, THE M.S. UNIVERSITY OF BARODA

Observation Check List Used by the Researcher During Situational Analysis Phase

Name of the anganwadi:

Date:

Name of the anganwadi worker:

Growth Monitoring

- | | |
|---------------------------------------|---|
| 1) No of children collected _____ | |
| 2) Technique of weighing | |
| 1 correct | 1 |
| 2 incorrect | 2 |
| 3) Method of plotting on growth chart | |
| 1 correct | 1 |
| 2 incorrect | 2 |
| 4) Any explanation given to mother? | |
| 1 yes | 1 |
| 2 no | 2 |
| 5) What explanation? | |

Food Supplementation

- | | |
|---|---|
| 1) Type of snack | |
| 2) Quantity cooked for children enrolled was:
(1 cup <i>khichadi</i> , 1 cup <i>lapsi</i> , 3/4 cup <i>muthiya</i> , 1/3 (80ml) <i>chana</i>) | |
| 1 adequate | 1 |
| 2 inadequate | 2 |
| 3) Method of serving the snack | |
| 4) Method of cleaning up after serving the snack | |
| 5) Most children ate the entire snack | |
| 1 at AWC itself | 1 |
| 2 took some home | 2 |
| 3 took all home | 3 |
| 6) Second helping asked by most children | |
| 1 yes | 1 |
| 2 no | 2 |
| 7) If asked are they given second helping | |
| 1 yes | 1 |
| 2 no | 2 |

Nutrition Health Education

- 1) Total no. of women participating in the session: ____
- 2) Topics discussed
- 3) Audio visual aids used
- 4) Session was interactive

1 yes		1
2 no		2
- 5) Mothers seemed interested

1 yes		1
2 no		2
- 6) How many women left before the session was over? ____
- 7) Did the AWW use the audio visual aids correctly/effectively?

1 yes		1
2 no		2
- 6) AWW's skills of communication (posture, voice, eye contact, discussed with women, asked questions, knowledge about the topics, level of confidence)
- 7) Was any recording done?

1 yes		1
2 no		2
- 8) Plus points of the session
- 9) Drawbacks of the session.
- 10) Duration of sessions (minutes)

Home Visits

- 1) Number of home visits made per day: ____
- 2) Target group (beneficiaries): _____

- 3) Topics covered: _____

- 4) Audio Visual aids used: _____

- 5) Does the AWW keep records of the home visits made?

1 yes		1
2 no		2