

**ANNEXURE 13**  
**DEPARTMENT OF FOODS AND NUTRITION, THE M.S.UNIVERSITY OF BARODA**

**Interview schedule for Anganwadi workers: ICDS services**  
**(Post NHEC Intervention)**

Name of the Anganwadi:  
Name of the Anganwadi worker:

Date:

**1 GROWTH MONITORING**

- 1.1) What are the objectives of growth monitoring / why is it done?
- 1.2) What information do you give the mothers while explaining the growth card?
- 1.3) Do you experience any difficulty in implementing this service?  
1 yes 1  
2 no 2
- 1.4) If yes, describe:
- 1.5) Has your training / my follow up helped you to improve the implementation of this service?
- 1.6) What improvement do you feel than earlier?

**2 NUTRITION HEALTH EDUCATION**

- 2.1) What are the objectives of giving NHE?
- 2.2) How do mothers benefit from this service?
- 2.3) Which audiovisual aids are used to impart this service?
- 2.4) Topics covered under nutrition and health education in the past 3 months  
Topics Beneficiaries
- 2.5) Has NHE made any difference in the health status of children?  
1 yes 1  
2 no 2
- 2.6) If yes, what difference can you observe?

2.7) Do you experience any difficulty in giving NHE?

- |       |   |
|-------|---|
| 1 yes | 1 |
| 2 no  | 2 |

2.8) If yes, give details:

### 3 FOOD SUPPLEMENTATION

3.1) What is the objective of food supplementation?

3.2) Is there any change in health status of children after receiving supplementary food?

- |       |   |
|-------|---|
| 1 yes | 1 |
| 2 no  | 2 |

3.3) If yes, how?

3.4) Quantity of cooked food given to each child \_\_\_\_\_  
(1 cup *khichadi*, 1 cup *lapsi*, 3/4 cup *muthiya*, 1/3 (80ml) *chana*)

3.5) Do the children consume the entire food supplement at the anganwadi?

- |       |   |
|-------|---|
| 1 yes | 1 |
| 2 no  | 2 |

3.6) If no how much is taken home?

- |                         |   |
|-------------------------|---|
| 1 completely taken home | 1 |
| 2 > half the supplement | 2 |
| 3 < half the supplement | 3 |

3.7) Describe the method of cooking *rab* with specific quantities per serving? (Ask the AWW)

3.8) Do you experience any difficulty in implementing this service?

- |       |   |
|-------|---|
| 1 yes | 1 |
| 2 no  | 2 |

3.9) What difficulties?