

References

- Abdel-Khalek, A. M., & Alansari, B. M. (2004). Gender differences in anxiety among undergraduates from ten Arab countries. *Social Behaviour and Personality*, 32(7), 649-656.
- Ai, X. (1999). Creativity and academic achievement: An investigation of gender differences. *Creativity Research Journal*, 329-337.
- Ajdukovic, M., & Ajdukovic, D. (1993). Psychological well-being of refugee children. *Child Abuse and Neglect*, 17, 843-854.
- Allgood, M. R. (1991). Testing Roger's theory of accelerating change: The relationships among creativity, actualization, and empathy in persons 18-92 years of age. *Western Journal of Nursing Research*, 13(1), 84-96.
- Allwood, M. A., Bell - Dolan, D., & Husain, S. A. (2002). Children's trauma and adjustment reactions to violent and nonviolent war experiences. *Journal of the American Academy of Child and Adolescent Psychiatry*, 41, 450-457.
- Alpay-Altug, F. B., Ozkan, I., & Alpay, S. (n. d.). *Parental attitude and critical thinking ability in adolescents*. Retrieved from <http://www.aile.selcuk.edu.tr/text/article4.htm>
- Alva, S. A. (1995). Psychological distress and alcohol use in Hispanic adolescents. *Journal of Youth and Adolescence*, 24(4), 481-497.
- Aremu, O. A., Tella, A., & Tella, A. (2006). *Relationship among emotional intelligence, parental involvement and academic achievement of secondary school students in Ibadan*. Retrieved from <http://www.Usca.Edu/essay/vol.1>.

- Azmitia, M. (2002). Self, self-esteem, conflicts, and best friendships in early adolescence. In T. M. Brinthaupt (Ed.), *Understanding early adolescent self and identity: Applications and interventions* (pp. 167–192). Albany: State University of New York Press.
- Baer, P. E., Garnezy, L.B., McLaughlin, R. J., Pokorny, A. D., & Wernick, M. J. (1987). Stress, coping, family conflict, and adolescent alcohol use. *Journal of Behavioural Medicine*, 10(5), 449-466,
- Bakal, D. A. (1992). *Psychology and health*. New York: Springer.
- Baker, D., & Witt. P. A. (1996). Evaluation of the impact of two after-school recreation programs. *Journal of Park and Recreation Administration*, 14(3), 23-44.
- Bandura, A. (1977). *Social learning theory*. Englewood Cliffs, NJ: Prentice Hall.
- Bandura, A. (1982). Self-efficacy mechanism in human agency. *American Psychologists*, 37, 122-147.
- Bandura, A. (1986). *Social foundations of thought and action. A social cognitive theory*. Englewood Cliffs, NJ: Prentice Hall.
- Bang, E. J., Muriuki, A., & Hodges, J. Q. (2008). International students at the Midwestern university: Gender, stress and perceived social support. *The International Journal of Diversity in Organizations, Communities and Nations*, 8(4), 109-116.
- Bankston, C. L. & Zhou, M. (1997). The social adjustment of Vietnamese American adolescents: Evidence for a segmented- assimilation approach. *Social Sciences Quarterly*, 78, 508-523.

- Barber, B. & Eccles, J. (2003). The joy of romance: Healthy adolescent relationships as an educational agenda. In P. Florsheim (Ed.), *Adolescent romantic relations and sexual behaviour: Theory, research, practical implications*. Mahwah, NJ: Lawrence Erlbaum Associates.
- Barber, B. L., Stone, M. R., Hunt, J. E., & Eccles, J. S. (2005). Benefits of activity participation: The roles of identity affirmation and peer group norm sharing. In J. L. Mahoney, R. L. Larson & J. S. Eccles (Eds.), *Organized activities as context of development* (pp.185-210). Mahwah, New Jersey: Lawrence Erlbaum Associates, Publishers.
- Barlow, D. H. (1998). *Anxiety and its disorders: The nature and treatment of anxiety and panic*. New York: Guildford Press.
- Bar-On, R. (1996). *The emotional quotient inventory (EQ-i): A test of emotional intelligence*. Toronto: Multi-Health Systems.
- Bar-On, R. (2000). Emotional and social intelligence: Insights from the emotional quotient inventory (EQ-i). In R. Bar-On & J. D.A. Parker (Eds.), *Handbook of emotional intelligence: Theory, development, assessment and application at home, school and in the workplace* (pp. 363-88). San Francisco: Jossey-Bass.
- Bar-On, R., & Parker, J.D.A. (2000). *The Bar-On Emotional Quotient Inventory: Youth Version (EQ-i:YV)*. Toronto, Canada: Multi-Health Systems.
- Barron, F. X. (1969). *Creative person and creative process*. New York: Holt, Rinehart, and Winston.
- Basavanna, M. (1975). *Manual for the S-C Inventory*. Varanasi: Rupa psychological centre.

- Baurmind, D. (1997). Parental disciplinary patterns and social competence in children. *Youth and Society*, 9(3), 222-239.
- Bayer, B. K. (1985). "Critical thinking, what is it?". *Social Education*, 49 (4), 270- 276.
- Bedell, J. R., & Roitzsch, J. (2000). The effects of stress on state and trait anxiety in emotionally disturbed, normal, and delinquent children. *Journal of Abnormal Child Psychology*, 4(2), 173-177.
- Beeken, J. (1997). The relationship between critical thinking and self concept in staff nurses and the influence of these characteristics on nursing practice. *Journal of Nursing Staff Development*, 13, 272-278.
- Beiser, M., Johnson, P.J., & Turner, R. J. (1993). Unemployment, underemployment and depressive affect among Southeast Asian refugees. *Psychological Medicine*, 23(3), 731-743.
- Beiser, M., Turner, R.J., & Ganesan, S. (1989). Catastrophic stress and factors affecting its consequences among Southeast Asian refugees. *Social Science and Medicine*, 28(3), 183-195.
- Ben-David, A. (1996). Cross-cultural differences between Russian immigrants and Israeli college students: The effect of the family on the sense of coherence. *Israel Journal of Psychiatry and Related Sciences*, 33, 13 -20.
- Ben - Zur, H., & Zeidner, M. (1988). Sex differences in anxiety, curiosity and anger: A Cross-Cultural Study of Sex Roles, 19, 335-347.
- Berndt, T. J., & Keefe, K. (1995). Friends' influence on adolescents' adjustment on school. *Child development* (66), 1312- 1329.

- Bernstorff, D., & Welck, H. V. (2004). *Exile as challenge: The Tibetan diaspora*. New Delhi: Orient Longman.
- Berry, J. W. (1994). An ecological perspective on cultural and ethnic psychology. In D. Birman (Ed.), *Human diversity: Perspectives on people in context* (pp. 115 – 141). San Francisco, CA: Jossey-Bass Inc.
- Bhansali, R., & Trivedi, K. (2008). Is academic anxiety gender specific: A comparative study. *Journal of Social Science*, 17, 1-3.
- Bierman, K. K., & Furman, W. (1984). The effects of social skills training and peer involvement on the social adjustment of preadolescents. *Child Development*, 55, 151-162.
- Birman, D., Trickett, E. J., & Vinokurov, A. (2002). Acculturation and adaptation of soviet Jewish adolescents: Predictors of adjustment across life domains. *American Journal of Community Psychology*, 30, 585 - 607.
- Bögels, S. M., & Brechman-Toussaint, M. L. (2006). Family issues in child anxiety: Attachment, family functioning, parental rearing and beliefs. *Clinical Psychology Review* (26), 834 -856.
- Bolen, L. M., & Torrance, E. P. (1978). The Influence on creative thinking of locus of control, cooperation, and sex. *Journal of Clinical Psychology*, 34 (4), 903–907.
- Bordia, A. (2009). *Education of youth and adolescents in India*. NUEPA, New Delhi. Retrieved from <http://www.educationforallinindia.com/Education-of-Youth-and-Adolescents-in-India.pdf>.

- Botvin, G. J. (1998). Preventing adolescent drug abuse through life skills training: Theory, methods, and effectiveness. In J. Crane (Ed), *Social programs that work* (pp. 225-257). New York, NY: Russell Sage Foundation.
- Botvin, G. J., Griffin, W. K., & Nichols, D. T. (2006). Preventing youth violence and delinquency through a universal school based prevention approach. *Journal of Prevention Science*, 7, 403 - 408.
- Brammer, M. L. (2006). Coping with life transitions. *International Journal of Advancement of Counselling*, 15, 239-253.
- Bronfenbrenner, U. (1979). *The ecology of human development*. Cambridge, MA: Harvard University Press.
- Buchwald, D., Klacsanzky, G., & Manson, S. M. (1993). Psychiatric disorders among recently-arrived Eastern Europeans seen through a US refugee counselling service. *International Journal of Social Psychiatry*, 39(3), 221-227.
- Buczkiewicz, M., & Carnegie, R. (2001). The Uganda life skills initiative. *Journal of Health Education*, 101, 15 - 22.
- Buhrmester, D. (1996). Need fulfillment, interpersonal competence, and the developmental contexts of early adolescent friendship. In W. M. Bukowski & W.W. Hartup (Eds.), *The company they keep: Friendship in childhood and adolescence* (pp 158-185). New York: Cambridge University Press.
- Burns, D., & Beck, A. T. (1992). *Feeling good: The new mood therapy*. New York: Avon Books.
- Bynner, J. (2000). Social change and the sequencing of developmental transitions. In L. Crockett & R. Silbereisen (Eds.), *Negotiating adolescence in times of social*

- change* (pp. 89–103). Cambridge, UK: Cambridge University Press.
- Byrne, D.G., & Mazanov, J. (2005). Prevalence of adolescent smoking: A prospective test of three models of intervention, *Journal of Substance Use*, 10 (6), 363-374.
- Caldwell, L. L. (2005b). Recreation and youth development. In P. A.Witt & L.L. Caldwell (Eds.), *Recreation and youth development* (pp 169-192). State College, PA: Venture Publishing.
- Cangelosi, B. R., & Peterson, M. L. (1998). *Peer teaching assertive communication strategies for the workplace*. (Clearinghouse No. CE078025). Montgomery, AL: Auburn University at Montgomery, school of education. Retrieved from ERIC database (ED427166).
- Carson, D., & Bittner, M. (1993). Creative thinking and temperament as predictors of school-aged children's coping abilities and responses to stress. Presented at Biennial Meeting of the Society for Research in Child Development, New Orleans, March. Retrieved from <http://www.eric.ed.gov/contentdelivery/servlet/ERICServlet?accno=ED356070>
- Cattell, R. B. (1966). Patterns of change: Measurement in relation to state dimension, trait change, lability, and process concepts. In R. B. Cattell (Ed.), *Handbook of multivariate experimental psychology* (pp. 288–329). Chicago: Rand McNally.
- Central Board of Secondary Education. (2010). *Life skills education*. Retrieved from http://www.cbse.nic.in/cce/life_skills_cce.pdf.
- Chan, D. W. (2003). Dimension of emotional intelligence and their relationships with social coping among gifted adolescents in Hong Kong. *Journal of Youth and Adolescence*, 32, (6), 409-418.

- Chiang, C. X. (1995). A study of stress reactions among adolescents. *Chinese Journal of School Health*, 26, 33 – 37.
- Ciarrochi, J., Deane, P. F., & Anderson, S. (2002). Emotional intelligence moderates the relationship between stress and mental health. *Journal of Personality and Individual Differences*, 32, 197 - 209.
- Clarke, A. T. (2006). Coping with interpersonal stress and psychosocial health among children and adolescents: A meta-analysis. *Journal of Youth and Adolescence*, 35, 11- 24.
- Compas, B. E., Malcarne, V. L., & Fondacaro, K. M. (1988). Coping with stressful events in older children and young adolescents. *Journal of Consulting and Clinical Psychology*, 56, 405–411.
- Cooper, R., & Sawaf, A. (1997). *Executive E.Q: Emotional intelligence in leadership and organizations*. New York: The Berkeley publishing group,
- Costello, E. J., Mustillo, Erkanli, A., Keeler, G., & Angold, A. (2003). Prevalence and development of psychiatric disorders in childhood and adolescence. *Archives of General Psychiatry*, 60, 837- 844.
- Cox, B. J., & Norton, G. R. (2000). Future directions in anxiety disorders: Profiles and perspectives of leading contributors. *Journal of Anxiety Disorders*, 14, 69 – 95.
- Cox, B. J., Wessel, I., Norton, G. R., Swinson, R. P & Dorenfeld, D. M. (1995). Publication trends in anxiety disorders research: 1990 – 1992. *Journal of Anxiety Disorders*, 9, 531 - 538.
- Crescenzi, A., Ketzer, E., Ommeren, M.V., Phuntsok, K., Komproe, I & de Jong, J.T. V. M. (2002). Effects of political imprisonment and trauma history on recent Tibetan

- refugees in India. *Journal of Traumatic Stress*, 15(5), 369-375.
- Cross, S. E. (1995). Self-construal, coping, and stress in cross-cultural adaptation. *Journal of Cross-Cultural Psychology*, 26 (6), 673-697.
- Csikszentmihalyi, M., & Larson. R. (1984). *Being adolescent*. New York: Basic.
- Cunningham, G. E., Brandon, M. C., & Frydenberg, E. (2000). Enhancing coping resources in early adolescence through a school-based program teaching optimistic thinking skills. *Journal of Stress, Anxiety and Coping*, 15 (4), 369-381.
- Cunningham, G.E., Brandon, M.C., & Frydenberg, E. (2002). Anxiety and stress. *Journal of Anxiety, Stress, & Coping*, 15, 369-381.
- Damra, J. K. (n.d.). *Anxiety and maladaptive disorders in refugee children and adolescents*. Retrieved from <http://www.childwatch.uio.no/events/network-groupsmeetings/Dr.%20Jalal%20Damra,%20Anxiety%20and%20Maladaptive%20Disorders%20in%20Refuge.pdf>
- Davis, S., & Palledino, J. (1997). *Psychology*. New Jersey: Prentice-Hall, Inc.
- Dawood, N. (1995). Stressors encountered by junior high school students and their relation to grade point average, sex and grade. *Jordan, Deanship Academic Research*, 22, 3671-3706.
- Derluyn, I., & Broekaert, E. (2007). Different perspectives on emotional and behavioural problems in unaccompanied refugee children and adolescents. *Journal of Ethnicity and Health*, 12, 141-162.
- Derluyn, I., Mels, C., & Broekaert, E. (2009). Mental health problems in separated refugee adolescents. *Journal of Adolescent Health*, 44 (3), 291-297.
- Dishion, T. J., & Owen, L. D. (2002). A longitudinal analysis of friendships and

substance abuse: bidirectional influence from adolescence to adulthood.

Developmental Psychology, 38(4), 480-491.

Dixon-Rayle, A. (2005). Adolescents gender differences in wellness. *Journal of Adolescence*, 28, 753- 763.

Dolma, S., Singh, S., Lohfeld, L., Orbinski, J. J., & Mills, E. J. (2006). Dangerous journey: Documenting the experience of Tibetan refugees. *American Journal of Public Health*, 96(11), 2061-2062.

Dowling, C. (2009) Women's self-confidence: A struggle that begins in childhood.

Retrieved from <http://www.womens-wellbeing-and-mental>

Dybdahl, R. (2001). Children and mothers in war: An outcome study of a psychosocial intervention program. *Child Development*, 72(4), 1214-1230.

Eisenberg, N., & Mussen, P. H. (1989). *The roots of prosocial behavior in children*. Cambridge: Cambridge University Press.

Eisenbruch, M. (1988). The mental health of refugee children and their cultural development. *International Migration Review*.

Eisenbruch, M. (1990). The cultural bereavement interview: A new clinical and research approach with refugees. *Psychiatric Clinics of North America*. 13(4), 715-35.

Elbedour, S., Onwuegbuzie, A. J., Ghannam, J., Whitcome, J. A., & Hein, F. A. (2007). Post-traumatic stress disorder, depression, and anxiety among Gaza Strip adolescents in the wake of the second uprising (Intifada). *Journal of Child Abuse and Neglect*, 31, 719 - 729.

Elder, L. (1996). *Cognition and affect: Critical thinking and emotional intelligence*.

Retrieved from <http://www.criticalthinking.org/print-page.cfm?pageID=485>

- Eleftheriadou, Z. (1997). The cross-cultural experience: Integration and isolation? In S. du Plock (Ed.), *Case studies in existential psychotherapy and counselling* (pp. 59- 69). Chichester, England: John Wiley & Sons.
- Erikson, E. H. (1968). *Identity, youth, and crisis*. New York: Norton.
- Euler, H. A. (1983). Lerntheoretische Ansätze. In H. Euler & H. Mandl (Eds.) *Emotionspsychologie*. (pp. 62-72). Wien: Urban & Schwarzenberg Verlag.
- Eva, P., Altermatt, R. E., & Saxon, J. (2002). Making the grade but feeling distressed: gender differences in academic performance and internal distress. *Journal of Educational Psychology*, 94, 396-404.
- Evans, D., Buxton, D. C., Borisov, A., Manatunga, A. K., Ngodup, D., & Raison, C. L. (2008). Shattered Shangri-la: differences in depressive and anxiety symptoms in students born in Tibet compared to Tibetan students born in exile. *Journal of Social Psychiatry and Psychiatric Epidemiology*, 43, 429 - 436.
- Fanshawe, J. P., & Brunett, P. C. (1991). Assessing school- related stressors and coping mechanisms in adolescents. *British Journal of Educational Psychology*, 61, 92-98.
- Fatt, J. P. T., & Howe, I. C. K. (2003). Emotional intelligence of foreign and local university students in Singapore: Implications for managers. *Journal of Business and Psychology*, 17, 345-367.
- Feng, G. F. (1992). *Management of stress and loss*. Taipei: Psychological Publishing Co., Ltd.

- Fernandez-Berrocal, P., Alcaide, R., Extremera, N., & Pizarro, D. (2006). The role of emotional intelligence in anxiety and depression among adolescents. *Individual Differences Research, 4* (1), 16-27.
- Fickova, E. (1999). Personality dimensions and self-esteem indicators relationships. *Studia Psychologica, 41*, 85-107.
- Fite, K., Howard, S., Garlington, N., & Zinkgraf, S. (1992). Self-concept, anxiety and attitude toward school. *TACD Journal, 20*, 21 - 28.
- Fleming, J. E., Cook, T. D., & Stone, C. (2002). Interactive influences of perceived social contexts on the reading achievement of urban middle schoolers with learning disabilities. *Learning Disabilities Research and Practice, 17*, 47-64.
- Folkman, S., & Lazarus, R. S. (1985). If it changes it must be a process: Study of emotion and coping during three stages of a college examination. *Journal of Personality and Social Psychology, 48*, 150-170.
- Freud, A. (1972). Adolescence. In J. F. Rosenblith, W. Allinsmith, & J. P. Williams (Eds.), *The causes of behaviour* (pp. 317-322). Boston: Allyn & Bacon.
- Frydenberg, E., & Lewis, R. (1993). Boys play sport and girls turn to others: Age, gender and ethnicity as determinants of coping. *Journal of Adolescence, 16*, 253-266.
- Gardner, H. (1983). *Frames of mind: The theory of multiple intelligence*. New York: Basic books.
- Gaylord, N. K., Kitzmann, K. M., & Lockwood, R. L. (2003). Child characteristics as moderators of the association between family's stress and children's internalizing, externalising and peer rejection. *Journal of Child and Family Studies, 12*, 201-213.

- Ghazinour, M., Ritcher, J., & Eiseman, M. (2004). Quality of life among Iranian refugees resettled in Sweden. *Journal of Immigrant Health*, 6(2), 71-81.
- Gibson, M.A. (1998). *Accommodation without assimilation: Sikh immigrants in an American high school*. Ithaca, NY: Cornell University Press.
- Goleman, D. (1995). *Emotional Intelligence, Why it can matter more than I, Q*. London: Bloomsbury.
- Good, B. J., & Kleinman, A. M. (1985). Culture and anxiety: Cross-cultural evidence for the patterning of anxiety disorder. In H. A. Tuma & J. D. Maser (Eds.), *Anxiety and anxiety disorders* (pp. 297-323). Hillsdale, NJ: Lawrence Erlbaum Associates.
- Greenwood, R. (1996). Manager's reactions to a corporate acquisition: Comment of Fried, Tiegs, Naughton and Ashforth. *Journal of Organisational Behaviour*, 17(5), 429-430.
- Green City Index. (2010). *Sex ratio literacy rate of Tibetans-in-exile up: Survey*. Retrieved from <http://www.sify.com/news/sex-ratio-literacy-rate-of-tibetans-in-exile-up-survey-news-national-kmerufcajfb.html>
- Guarnaccia, P. J. (1997). A cross-cultural perspective on the anxiety disorders. In: S. Friedman (Ed.), *Treating anxiety disorders across cultures*(pp 3-20). New York: Guilford.
- Gupta, N., Khera, S., Vempati, R. P., Sharma, R., & Bijlani, R. L. (2006). Effect of yoga based life style intervention on state and trait anxiety. *Indian Journal of Physiology Pharmacology*, 50(1), 41-47.

- Hall, G. S. (1904). *Adolescence: Its psychology and its relation to physiology, anthropology, sociology, sex, crime, religion, and education* (Vols I & II), Englewood Cliffs, NJ: Prentice – Hall.
- Halvorsen, K. (2002). Separated children seeking asylum: The most vulnerable of all. *Forced Migration Review*, 12, 34-36.
- Hanton, S., Mellalieu, S. D., & Young, S. (2002). A qualitative investigation into the temporal patterning of the precompetitive anxiety response. *Journal of Sports Sciences*, 20, 911-928.
- Hardin, E. E., Varghese, F. V., Tran, U. V., & Carlson, A. Z. (2006). Anxiety and career exploration: Gender differences in the role of self-construal. *Journal of Vocational Behaviour*, 69, 346 - 358.
- Hay, I., Byrne, M., & Butler, C. (2000). Evaluation of a conflict-resolution and problem solving programme to enhance adolescents' self concept. *British journal of Guidance and Counselling*, 28.
- Helson, R. (1990). Creativity in women: Outer and inner views over time. In M. A. Runco & R. S. Albert (Eds.), *Theories of creativity* (pp. 46-58). Newbury Park, CA: Sage.
- Heptinstall, E., Sethna, V., & Taylor, E. (2004). PTSD and depression in refugee children association with pre-migration trauma and post-migration stress. *European Journal of Child and adolescents Psychiatry*, 13, 373 - 380.
- Herman- Stahle, M. A., Stemmier, M., & Petersen, A. C. (1995). Approach and avoidant coping: Implications for adolescent mental health. *Journal of Youth and Adolescence*, 24 (6), 649.

- Hirokawa, K., Magi., & Miyata, Yo. (2004). An examination of the effects of stress management training for Japanese college students of social work. *International Journal of Stress Management*, 9, 113-123.
- Hodges, E., Boivin, M., Vitaro, F., & Bukowski, W. M. (1999). The power of friendship: protection against an escalating cycle of peer victimisation. *Developmental Psychology*, 35, 94-101.
- Hoffman, M. A., Levy-Shiff, R., & Ushpiz, V. (1993). Gender differences in the relation between stressful life events and adjustment among school-age children. *Sex Roles*, 29, 441-445.
- Holahan, C. J., Valentiner, P. D., & Moos, R. H. (2005). Parental support and psychological adjustment during transition to young adulthood in a college sample. *Journal of Family Psychology*, 8, 215-223.
- Hong, C. K. (1994). An investigation of the responses of form four students to select task in Torrence creative thinking tests (M.Ed Thesis, University of Malaya.).
- Huemer, J., Karnik, N. S., Voelkl-Kernstock, S., Granditsch, E., Dervic, k., Max, H.,...Steiner, H. (2009). Mental health issues in unaccompanied refugee minor. *Child and Adolescent Psychiatry and Mental Health*, 3: 13.
- Hyman, I., Vu, N., & Beiser, M. (2000). Post-migration stresses among Southeast Asian refugee youth in Canada: A research note. *Journal of Comparative Family Studies*, 31(2), 281-293.
- Ingleby, D., & Watters, C. (2005). Mental health and social care for asylum seekers and refugees: A comparative study. In D. Ingleby (Ed.), *Forced migration and mental*

- health: Rethinking the care of refugees and displaced persons*(pp. 191-210).New York: Springer.
- International Campaign for Tibet. (2009). *Tibetan refugees*. Retrieved from <http://www.savetibet.org/action-center/current-ict-campaigns/tibetan-refugees>
- Irwin, A. D., & Madden, C. (1985). A psycho-educational assessment procedure for Southeast Asia refugee students. In T. C. Owen (Ed.), *Southeast Asian mental health: Treatment, prevention, services, training and research*. Washington, DC: U.S. Department of Health and Human Services Utilization.
- Izard, C. E., & Buechler, S. (1980). Aspects of consciousness and personality in terms of differential emotions theory. In R. Plutchik & H. Kellermann (Eds.), *Emotion: Theory, research, and experience* (pp. 165-187). New York: Academic Press.
- Janis, L. L. (1958). *Psychological stress: Psychoanalytic and behavioural studies of surgical patients*. New York: Wiley.
- Kalliopuska, M. (1992). *Empathy - the way to humanity*. Edinburg: The Pentland Press Ltd.
- Karimi, A. (2000). *The relationship between anxiety, creativity, gender, academic achievement and social prestige among secondary school*. University of Shiraz, Shiraz.
- Kashani, J. H., & Orvaschel, H. (1990). A community study of anxiety in children and adolescents. *American Journal of Psychiatry*, 147, 313-318.
- Kashani, J. H., & Orvaschel, H. (1998). Anxiety disorders in mid-adolescence: A community sample. *American Journal of Psychiatry*, 145, 960-964.

- Kauser, S., & Kauser, S. (1998). Personality characteristics of refugees. *Pakistan Journal of Psychology*, 29 (1 & 2).
- Kenny, M. E., & Donaldson, G. A. (1991). Contributions of parental attachment and family structure to the social and psychological functioning of first-year college students. *Journal of Counselling Psychology*, 38(4), 479 - 486.
- Khalid, S. G. A. (2007). Depression, anxiety and stress among Saudi adolescents school boys, *Journal of Prom health*, (1), 33-37.
- Kimes, H. G., & Troth, W. A. (1974). Relationship of trait anxiety to career indecisiveness. *Journal of Counseling Psychology* (21), 277- 280.
- Kinzie, J., Sack, W., Angell, R. H., Clarke, G., & Ben, R. (1989). A three year follow-up of Cambodian young people traumatized as children. *Journal of American Academy of Child and Adolescent Psychiatry*, 25, 370-376.
- Kinzie, J., Sack, W., Angell, R. H., Manson, S., & Rath, B. (1989). The psychiatric effects of massive trauma on Cambodian children 1. The children. *Journal of American Academy of Child and Adolescent Psychiatry*, 25, 370-376.
- Kirkcaldy, B. D., & Siefen, R. G. (1998). Untersuchungen zur Arbeitsmotivation und -identifikation der Mitarbeiter einer kinder- und jugendpsychiatrischen Fachklinik. *Krankenhauspsychiatrie*, 9(2), 54-59.
- Klimidis, S., Stuart, G., Minas, H. I., & Ata, A. W. (1994). Immigrant status and gender effects on psychopathology and self-concept in adolescents: A test of the immigration-morbidity hypothesis. *Comprehensive Psychiatry*, 35(5), 393-404.

Kocijan-Hercigonja, D., Rijavec, M., & Hercigonja, V. (1998). Mental health condition and adjustment of refugee and displaced children in a war area. *Psychiatria Danubina*, 10 (1), 23-29.

Kocijan-Hercigonja, D., Rijavec, M., Marušić, A., & Hercigonja, V. (1998). Coping strategies for refugee, displaced and non-displaced children in a war area. *Journal of Psychiatry*, 52, 45 – 50.

Kremer, J. F., & Dietzen, L. L. (1991). Two approaches to teaching accurate empathy to undergraduates: Teacher-intensive and self-directed. *Journal of College Student Development*, 32, 60-75.

Krohne, H. W., & Hock, M. (1994). Elterliche Erziehung und Angstentwicklung des Kindes. Untersuchungen über die Entwicklungsbedingungen von Ängstlichkeit und Angstbewältigung. Bern, Göttingen, Toronto, Seattle: Hans Huber Verlag.

Kumpulainen, K., & Roine, S. (2002). Depressive symptoms at the age of 12 years and future heavy alcohol use. *Addictive Behaviours*, 22 (3), 425 - 436.

Lacourse, E., Nagin, D., Tremblay, R. E., Vitaro, F., & Claes, M. (2003). Developmental trajectories of boys' delinquent group membership and facilitation of violent behaviours during adolescence. *Developmental and Psychopathology*, 15 (1), 183-197.

Lal, N. (2008, March 28). *Killing stress for India's best and brightest. Asia times.*

Retrieved from http://www.atimes.com/atimes/South_Asia/JC20Df01.html

Langkafah, F., & Otani, A. (2004). Peer education: Available methodology for

HIV/AIDS prevention among Thai adolescents in Northern Thailand. International Conference on AIDS.

- Lawrence, B., & Bennett, S. (1992). Shyness and education: The relationship between shyness, social class and personality variables in adolescents. *British Journal of Educational Psychology*, 62 (2), 257-263.
- Lazarus, R. S., & Folkman, S. (1984). *Stress, appraisal and coping*. New York: Springer.
- LeCompte, W. A., & Oner, N. (1977). A study of the state-trait anxiety inventory: Adaptation to Turkish. XI. The annual meeting of the Nerve-psychiatry Congress, Cesme-Izmir.
- Lee, B. C. H., Chan, W.D., & Yik, M. S. M. (1992). Coping styles and psychological distress among Chinese adolescents in Hong Kong. *Journal of Adolescents Research*, 7, 494-506.
- Lenny, I. (1977). Women's self-confidence in achievement settings. *Psychological Bulletin*, 84, 1-13.
- Lent, R. W., Brown, S. D., & Hackett, G. (1994). Toward a unifying social cognitive theory of career and academic interest, choice and performance. *Journal of Vocational Behaviour*, 45, 79 - 121.
- Lhewa, D. W. (2010). *Coping and distress among Tibetan survivors of torture and refugee trauma*. (Doctoral thesis). Retrieved from <http://gradworks.umi.com/33/82/3382530.html>
- Li, H. C. W., & Lopez, V. (2005). Do trait anxiety and age predict state anxiety of school-age children? *Journal of Children and Adolescents*, 1083-1089.
- Liau, A. K., Liao, A. W. L., Teoh, G. B. S., & Liao, M. T. L. (2003). The case for emotional literacy: The influence of emotional intelligence on problem

- behaviours in Malaysian secondary school students. *Journal of Moral Education*, 32, 51-66.
- Liebkind, K. (2000). Self- reported ethnic identity, depression and anxiety among young Vietnamese refugees and their parents. *Journal of Social Psychology*, 6, 120 - 125.
- Mackillop, J., Ryabchenko, A. K., & Lisman, A. S. (2006). Life skills training outcomes & potential mechanisms in a community implementation. *Journal of Substance Use and Misuse*, 41.
- Mann, L., Beswick, G., Allouache, P., & Ivey, M. (1989). Decision workshops for the improvement of decision making skills and confidence. *Journal of Counseling and Development*, 69, 478-481.
- Mansour, H. M. A., Puskar, K., & Sereika, M. S. (2006). Perceived social support, coping strategies and alcohol use among rural adolescents/ U.S.A samples. *International Journal of Mental Health and Addiction*, 5, 53 - 64.
- Mar, R. A., Oatley, K., & Peterson, J. B. (2009). Exploring the link between reading fiction and empathy: Ruling out the individual differences and examining outcomes. *Communication*, 34, 407-428.
- Martinez, R., & Dukes, R. (1997). The effects of ethnic identity, ethnicity, and gender on adolescent well-being. *Journal of Youth & Adolescence*, 26(5), 503-516.
- Martinez- Pons, M. (1999). Parental inducement of emotional intelligence. *Imagination, Cognition and Personality*, 18(1), 3-23.
- Matthew, B. D. (1989). *The effect of a thinking-skills program and the cognitive abilities of middle school students*. Retrieved from ERIC database (EJ391984).

Mau, W. C., & Bikos, L. H. (2000). Educational and vocational aspirations of minority and female students: A longitudinal study. *Journal of Counseling & Development*, 78, 186-194.]

Mayer, J. D., & Geher, G. (1996). Emotional intelligence and the identification of emotion. *Intelligence*, 22(2), 89-114.

Mayer, J. D., & Salovey, P. (1993). The intelligence of emotional intelligence, *Intelligence*, 17(4), 433- 442.

Mckee, N., & Clark, C. (1996). *Meena and Sara: Two characters in search of a brighter future for girls*. Retrieved from <http://www.awn.com/mag/issue1.2/articles1.2/mckeeclark1.2.html>

McLeod, B. D., Wood, J. J., & Weisz, J. R. (2007). Examining the association between parenting and childhood anxiety: A meta-analysis. *Clinical Psychology Review*, 27, 155-172.

Mead, M. (1950). *Coming of age in Samoa*. New York: New American Library.

Meery, L., & Reed, L. (1996). Effectiveness of coping in adolescence: The case of Korean examination stress. *International Journal of Behavioural Development*, 19(4), 851-869.

Mikolajczak, M., Petrides, K. V. & Hurry, J. (2009). Adolescents choosing self-harm as an emotion regulation strategy: The protective role of trait emotional intelligence, *British Journal of Clinical Psychology*, 48, 181-193.

Miller, K. E., & Billing, D. L. (1994). Playing to grow: A primary mental health intervention with Guatemalan refugee children. *American Journal of Orthopsychiatry*, 64, 569-575.

- Mills, E. J., Singh, S., Holtz, T. H., Chase, R. M., Dolma, S., Barbara, J. S., ... Orbinski, J. J. (2005). Prevalence of mental disorders and torture among Tibetan refugees: A systematic review. *BioMed Central International Health and Human rights*.
- Mize, J., & Ladd, G. W. (1990). A cognitive –social learning approach to social skill training with low –status preschool children. *Developmental Psychology*, 26(3), 388 - 397.
- Module VII: life skills. (n. d.) *Flow chart content flow at a glance*. Retrieved from http://www.unodc.org/pdf/youthnet/action/message/escap_peers_07.pdf
- Mupedzisi, M., Mujaji, C. D., Mandivenyi, E. M., Tauya, E. S., Gamanya, G., Myuni, S., Kambarami, R. A., Nzou, C., & Ndhlovu, C. E. (2009). *Life Skills Module*. University of Zimbabwe Chair on Education and HIV/AIDS.
- Murthy, V. G. C. (2005). *Prologue to life skills Education Training Package, Part B, intervention*. Mysore: Regional Institute of Education,
- Murthy, V. G. C., & Rao, G.V.A. (2005). *Life skills Education training package (part c): A trainer's manual*. Mysore: Regional Institute of Education,
- Myers, D. G., & Diener, E. (1995). Who is Happy? *Psychological Science*, 6, (1), 12-19.
- National Crime Records Bureau (2000). *Accidental deaths and suicides in India: 2000*. Delhi, India: Ministry of home affairs, government of India, 2000. Retrieved from http://mha.nic.in/uniquepage.asp?ID_PK=468
- Neblett, N. G., & Cortina, K. S. (2006). Adolescents' thought about parents' jobs and their importance for adolescents' future orientation. *Journal of Adolescence*, 29, 795-811.

- Needham, B. L. (2007). Gender differences in trajectories of depressive symptomatology and substance use during the transition from adolescence to young adulthood. *Social Science & Medicine*, 65, 1166-1179.
- Nicole, J. J. (1993). The relationship between creativity and stress levels in female musicians. *Journal of Developmental Education*, 21, 40.
- Northouse, P. G. (2001). *Leadership theory and practice* (2nded). Thousand Oaks, CA: Sage Publications.
- Ogbu, J.U. (1991). Immigrant and involuntary minorities in comparative perspective. In M. A. Gibson & J. U. Ogbu (Eds), *Minority status and schooling: A comparative study of immigrants and involuntary minorities* (pp 3-33). New York: Garland.
- Olah, A. (1995). Coping strategies among adolescents: A cross-cultural study. *Journal of Adolescence*, 18, 491-512.
- Olmsted, M. L. (2005). *Life skills course' successful in New Mexico teen pregnancy reduction*. New Mexico Association of Family and Consumer Sciences, Annual meeting.
- Oppedal, B., & Roysamb, E. (2004). Mental health, life stress and social support among young Norwegian adolescents with immigrant and host national background. *Scandinavian Journal of Psychology*, 45, 131.
- Osgood, D. W., Wilson, J. K., O'Malley, P. M., Bachman, J. G., & Johnston, L. D. (1996). Routine activities and individual deviant behaviour. *American Sociological Review*, 61, 635- 655.

- PAHO. (2001). *Plan of action on health & development of adolescents & youth in the America*, 1998-2001, Washington, D. C: Pan American Health Organization.
- Pal, S. (2010). *Refugees in India and psychological trauma and mental health issues*. Retrieved from <http://www.csrmh.com/index.php?news=787>).
- Palaniappan, A. K. (2007). *Creative perception and academic achievement: Implications for education in Malaysia*. Kuala Lumpur: In reach Edition.
- Parker, J., Rubin, K., Price, J., & De Rosier, M. (1995). Peer relationships, child development, and adjustment. In D. Cicchetti & D. Cohen (Eds.), *Risk, disorder, and adaptation* (pp. 96-161). New York: Wiley.
- Pastey, S.G., & Aminbhavi, A.V.(2000). Impact of emotional maturity on stress and self confidence of adolescents. *Indian Journal of Applied Psychology*, 32, 66-70.
- Patsiaouras, A. (1999). Motivation "die nicht - direkte Methode" im Hochleistungssport (Volleyball). Unversffentliches Diss., UniversitSt Wien.
- Pelham, B. W., & Swann, W. B. (1989). From self-conceptions to self-worth: The sources and structure of self-esteem. *Journal of Personality and Social Psychology*, 57, 672-680.
- Pema, J. (2004). *Tibetan Children's Village*. Retrieved from <http://www.tcv.org.in/>
- Pestonjee, D. M. (1992). *Stress & coping: Indian experience*. New Delhi: Sage publication.
- Petrides, K. V., & Furnham, A. (2000). On the dimensional structure of emotional intelligence. *Personality and Individual Differences*, 29, 313-320.
- Phinney, J. S. (1990). Ethnic identity in adolescents and adults: *Review of research*. *Psychological Bulletin*, 108, 499-514.

- Piaget, J. (1972). Intellectual evolution from adolescence to adulthood. *Human Development, 15*(1), 1-12.
- Pipher, M. (1994). *Reviving Ophelia: Saving the Selves of adolescent girls*. New York: The Berkeley Publishing Group.
- Plug, C., Louw, D. A. Gouws, L. A., & Meyer, W. F. (1997). Verklarende en vertalende sielkundewoordeboek [Explanatory and translatory psychology dictionary]. Johannesburg: Heinemann.
- Posner, J. K., & Vandell, D. L. (1994). Low-income children's after-school care: Are there beneficial effects of after-school programs? *Child Development, 65*, 440-456.
- Pott, E., Aufklarung, G. f. B., & Hasselroth, K. F. (2002). Suchtrapravention durch Gesundheitserziehung und Aufkarung. *Journal Bundesgesundheitsblatt Gesundheitsforschung, 45*, 943-951.
- Poulou, M. (2005). The prevention of emotional and behavioural difficulties in schools: Teachers' suggestions. *Journal of Educational Psychology, 21*, 37-52.
- Powers D, E., & Kaufman, J. C. (2004). Do standardized tests penalize deep thinking, creative, or conscientious students? Some personality correlates of graduate record examination test scores. *Intelligence, 32*, 145-153.
- Pumariaga, A. J., Rothe, E., & Pumariaga, J. B. (2005). Mental health of immigrant refugees. *Community Mental Health Journal, 41*(5), 581-597.
- Qualter, P., Whiteley, E. H., Hutchinson, M. J., & Pope, J. D. (2007). Supporting the development of emotional intelligence competencies to ease the transition from

primary to high school. *Journal of Educational Psychology in Practice*, 23, 79-95.

Rabiner, D. L., Coie, J. D., Miller- Johnson, S., Boykin, A. S., & Lochman, J. D. (2005).

Predicting the persistence of aggressive offending of African American males from adolescence into young adulthood: The importance of peer relations, aggressive behaviour, and ADHD symptoms. *Journal of Emotional and Behavioural Disorders*, 15, 33-45.

Reijntjes, A., Stegge, H., & Meerum Terwogt, M. (2006). Children's coping with peer rejection: The role of depressive symptoms, social competence, and gender. *Infant and Child Development*, 15, 89-107.

Rindermann, H., & Neubauer, A. C. (2004). Processing speed, intelligence, creativity, and school performance: Testing of casual hypotheses using structural equation models. *Intelligence* (32), 573 – 589.

Rojewski, J. W., & Hill, R. B. (1998). Influence of gender and academic risk behaviour on career decision making and occupational choice in early adolescence. *Journal of Education for Students Placed at Risk*, 3(3), 265-287.

Rousseau, C., Drapeau, A., & Corin, A. (1996). School performance and emotional problems in refugee children. *American Journal of Orthopsychiatry*, 66, 239–251.

Rutter, M. (1992). Psychosocial resilience and protective mechanisms. In J. Rolf, A. S. Masten, D. Cicchetti, K. H. Nuechterlein & S. Weintraub (Eds), *Risk and protective factors in the development of psychopathology* (pp. 181–214). New York: Cambridge University Press.

- Sachs, E., Rosenfeld, B., Lhewa, D., Rasmussen, A., & Keller, A. (2008). Entering Exile: Trauma mental health and coping among Tibetan refugees arriving in Dharamsala, India. *Journal of Traumatic Stress, 21*(2), 199-208.
- Sadock, J. B., & Sadock, V. A. (2003). *Synopsis of psychiatry: Behavioural sciences / clinical psychiatry*. New York: Lippincott Williams & Wilkins.
- SAIRO. (2009). *Life skills for college women and men*. Retrieved from <http://www.lifeed.ucla.edu/document/lifeSkillReportSummaryMay09.pdf>.
- Salahu-Din, N. S., & Bollman, R. S. (1994). Identity development and self esteem of young adolescents in foster care. *Journal of Child and Adolescents Social work, 11*, 123-135.
- Salovey, P., & Mayer, J. D. (1990). Emotional intelligence. *Imagination, Cognition and Personality, 9*, 185-211.
- Santesso, L. D., Dana, L. R. Schmidt, L. A., & Segalowitz, S. L. (2005). Frontal electroencephalogram activation asymmetry, emotional intelligence, and externalising behaviours in 10-Year-Old Children. *Child Psychiatry & Human Development, 36* (3), 311-328.
- Seiffge-Krenke, I. (1993). Coping behaviour in normal and clinical samples: More similarities than differences. *Journal of Adolescence, 16*, 285-303.
- Seiffge-Krenke, I. (1995). *Stress, coping, and relationships in adolescence*. Erlbaum, Hillsdale, NY.
- Seiffge-Krenke, I. (2006). Coping across situations questionnaire. Psychogisches institute, Abt. Entwicklungs-und Padagogische Psychologie

- Seiffge-Krenke, I., & Klessinger, N. (2000). Long term effects of avoidant coping on adolescents' depressive symptoms. *Journal of Youth and Adolescence*, 29(6), 617-630.
- Seiffge-Krenke, I., Weidemann, S., Fentner, S., Aegenheister, N., & Poebblau, M. (2001). Coping with school-related stress and family stress and family stress in a healthy and clinically referred adolescents. *European Psychologist*, 6, 123-132.
- Seigel, L., & Lane, I. M. (1982). *Personnel and organizational psychology*. Homewood, III: Richard D. Irwin, Inc.
- Selye, H. (1936). A symptoms produced by diverse nocuous agents, *Nature*, 138, 32-34.
- Seng, M. Y. L. (1991). Creativity and sex differences in Malaysian pupils. *Asia Pacific Journal of Education*, 2, 62-67.
- Sergin, C., & Flora, J. (2000). Poor social skills are a vulnerability factor in the development of psychological problems. *Human Communication Research*, 26, 489-514.
- Servan-Schreiber, D., Le Lin, B., & Birmaher, B. (1998). Prevalence of post-traumatic stress disorder and major depressive disorder in Tibetan refugee children. *Journal of the American Academy of Child and Adolescent Psychiatry*, 37, 874-879.
- Silver, S.E., Duchnowski, A. J., Kutash, K., Friedman, R. M., Eisen, M., Prange, M. E.,... Greenbaum, P. E. (1992). Comparison of children with serious emotional disturbance served in residential and school settings. *Journal of Child and Family Studies*, 1, 43-59.

- Smith, D., & Donnelly, J. (2001). Adolescent dating violence: A multi-systematic approach enhancing awareness in educators, parents and society. *Journal of Prevention and Intervention in the Community*, 21(1), 53-64.
- Smith, R. C., Mettler, J. A., Stoffelmayr, B. E., Lyles, J. S., Marshall, A. A., Van Egeren, L. F.,...Shebroe, V. (2007). Improving residents' confidence in using psychological skills. *Journal of General Internal Medicine*. 10 (6), 315 – 320.
- Sorenson, S. (2007). Research, facts and findings of adolescent romantic relationship.
- Spielberger, C. D. (1958). On the relationship between manifest anxiety and intelligence. *Journal of Consulting Psychology*, 22, 220-224.
- Spielberger, C. D. (1966). The effects of anxiety on complex learning and academic achievement. In C. D. Spielberger (Ed.), *Anxiety and behaviour* (pp 3-20). London: Academic Press.
- Spielberger, C. D., Edwards, D. C., Montuori J., & Lushene, J. (1970). *State and trait anxiety inventory*. Palo Alto, CA: Consulting Psychologists Press.
- Speilberger, C. D., Gorsuch, R. L., Lushene, R. Vagg, P. R., & Jacobs, G. A. (1983). *Manual for the State-Trait Anxiety Inventory (Form Y)*. Palo Alto, CA: Consulting Psychologists Press.
- Springer, J. F., Sale, E., Hermann, J., Sambrano, S., Kasim, R., & Nistler, M. (2004). Characteristics of effective substance abuse prevention for high-risk youth. *The Journal of Primary Prevention*, 25, 171-194.
- Stable, H. A. M., Stemmeler, M., & Petersen, C. A. (1994). Approach and avoidant coping: Implications for adolescent's mental health. *Journal of Youth and Adolescence*, 24, 649-665.

Staempfli, M., & Mannell, R. C. (n. d.). Adolescents playfulness and well-being.

Retrieved from <http://www.lin.ca/resource/html/cclr%2011/CCLR11-143.pdf>.

Steinberg, L. (1999). Stress and coping in adolescence. In *Adolescence* (pp. 425-426). Boston: McGraw-Hill College.

Steiner, H., Erickson, S. J., Hernandez, N. L., & Pavelski, R. (2002). Coping style as correlates of health in high school students. *Journal of Adolescents Health*, 30, 326-335.

Suliman, W. A., & Halabi, J. (2007). Critical thinking, self-esteem, and state anxiety of nursing students. *Nurse Education Today*, 27 (2), 162-168,

Sullivan, H. S. (1953). *The Interpersonal theory of psychiatry*. New York: Norton.

Sullivan, T. N., Farrell, A. D., & Kliwer, W. (2006). Peer victimisation in early adolescence: Association between physical and relational victimisation and drug use, aggression, and delinquent behaviours among urban middle school students. *Development and Psychopathology*, 18, 119-137.

Summerfeldt, J. L., Kloosterman, H. P., Antony, M. M., & Parker, A. D. J. (2005). Social anxiety, emotional intelligence and interpersonal adjustment. *Journal of Psychopathology & Behavioural assessment*, 28, 57-68.

Szapocznik, J., Kurtines, W., Santisteban, D. A., & Rio, A.T. (1990). Interplay of advances between theory, research and application in treatment interventions aimed at behaviour problem children and adolescents. *Journal of Consulting and Clinical Psychology*, 58.

Tabachnick, B. G., & Fidell, L. S. (1983). *Using multivariate statistics*. NY: Harper & Row publishers:

Tacade. (1990). Skills for the primary school child: Promoting the protection of children.

UK: Salford.

Taiwo, K. P. (2010). Assessment of parental attitudes toward behavioural changes in adolescence. Project department of Home Science and management, University of Agriculture Abeokuta, Ogunstate. Retrieved from <http://www.unaab.edu.ng/journal/index.php/theses/thesis/view/195>

Tartakovsky, E. (2007). A longitudinal study of acculturative stress and homesickness: high school adolescents immigrating from Russia to Ukraine to Israel without parents. *Journal of Social Psychiatry and Psychiatric Epidemiology*, 42, 485 - 494.

Teachman, B. A., & Allen, J. P. (2007). Development of social anxiety: Social interaction predictors of implicit and explicit fear of negative evaluation. *Journal of Abnormal Child Psychology*, 35, 63-78.

Tennen, H., Herzberger, S., & Nelson, H. S. (1987). Depressive attributional style: The role of self-esteem. *Journal of Personality*, 55 (4), 631-660.

Terheggen, M. A., Stroebe, S. M., & Kleber, J. R. (2001). Western conceptualization and eastern experience: A cross-cultural study of traumatic stress reactions among Tibetan-refugees in India. *Journal of Traumatic Stress*, 14, 391 - 403.

Tobin, J. J., & Friedman, J. (1984). Intercultural and developmental stresses confronting Southeast Asian refugee adolescents. *Journal of the Operational Psychiatry* 15, 39-45.

Trinidad, R. D., Onger, B. J., Chou, P. C., & Johnson, A. C. (2005). Emotional intelligence & acculturation to the United States. Interactions on the perceived

social consequences of smoking in early adolescents. *Journal of Substance Use and Misuse*, 40, 1697-1706.

Tyszkowa, M. (1990). Coping with difficult school situations and stress resistance .In Bosma, H., & Jackson, S. (Eds.), *Coping and self-concept in adolescence* (pp187-201).New York: Springer –Verlag.

USCRI. (2009)."India." World Refugee Survey. Retrieved from

<http://www.refugees.org/resources/refugee-warehousing/archived-world-refugee-surveys/2009-wrs-country-updates/india.html>

U. S. Department of Education. (2003).Confidence -helping your child through early adolescence. Retrieved from

<http://www2.ed.gov/parents/academic/help/adolescence/part8.html>

UNESCO & Indian National Commission for Co-operation with UNESCO

(2001). Life skills in non-formal education: A Review.

UNHCR. (1951). *The 1951 refugee convention*. Retrieved from

http://www.unhcr.org/BasicFacts/Docs/Refugees_IDP_Stateless.pdf

UNHCR. (2000). *United Nations High Commission for Refugees data*. Retrieved from

<http://www.unhcr.ch/un&ref/numbers/table2.htm>

UNHCR. (2002a). *Refugees by numbers 2002*.Retrieved from<http://www.unhcr.ch/>

UNHCR. (2002b). *Special Features on the 50th anniversary of the Convention*. Retrieved

from http://www.unhcr.org/1951_convention/index.html

UNHCR. (2010). *Global trend*. Retrieved from <http://www.unhcr.org/4dfa11499.html>

UNICEF. (2004). Retrieved from http://www.unicef.org/lifeskills/index_which_skills.html.

UNICEF. (2011). *State of the World's Children: Adolescence – an age of opportunity*.

Retrieved from <http://www.unicef.org/publications/index.html>.

Vahali, H. O. (2009). *Lives in exile: Exploring the inner world of Tibetan refugees*. New Delhi: Routledge.

Vega, W. A., Zimmerman, R., Warheit G., & Gil. A. (n. d.). *Acculturation, stress and Latino adolescents drug use*. Retrieved from <http://www.mhsip.org/pdfs/Vega.pdf>

Vinnick, A. L., & Erickson, T. M. (2005). Social skill in 3rd & 6th grade children: A moderator of life time stressful life events and behaviour problems. *Journal of Child and Family Studies*, 3, 263-282.

Vygotsky, L. S. (1978). *Mind in society*. Cambridge, MA: Harvard University Press.

Wahengbum, J. (2003). *A study of social support, emotional quotient and spiritual quotient among HIV positive individuals and drug addicts*. (Unpublished master's dissertation The M.S. University of Baroda).

Wall, J., Covell, K., & MacIntyre, P. D. (1999). Implications of social supports for adolescents' education and career aspirations. *Canadian Journal of Behavioural Science*, 31 (2), 63-71.

Wang, A. Y. (2011). Context of creative thinking: A comparison on creative performance of students teachers in Taiwan and the United States. *Journal of Cross-Cultural Studies*, 2((1).

Wang, H. C., & Ko, H. W. (1999). *Adolescent psychology*. Taipei: Psychological Publishing Co., Ltd.

- Watson, C. M., Quatman, T., & Edler, E. (2000). Career aspirations of adolescent girls: Effects of achievement level, grade, and single-sex school environment. *Sex Roles, 46*(9), 323-335.
- Watters, C., & Ingleby, D. (2004). Locations of care: meeting the mental health and social care needs of refugees in Europe. *International Journal of Law and Psychiatry 27*, 549-570.
- Watters, C., Ingleby, D., Bernal, M., De Freitas, C., De Ruuk, N., Van Leeuwen, M., ... Venkatesan, S. (2003). *Good practices in mental health and social care for asylum seekers and refugees*. Final report of project for the European commission (European Refugee Fund). Retrieved from www.ercomer.org/ingleby
- Webster, L. R., Ellis, S. T., & Bryan, J. B. (2004). Similarities and differences between the sexes in financial analysis and self-confidence. *Academy of Accounting and Financial Studies*.
- Wentzel, K. R., Barry, C. M., & Caldwell, K. A. (2004). Friendships in middle School: Influences on motivation and school adjustment. *Journal of Educational Psychology, 96*, 195-203.
- W. H.O. (1996). *Life skills: Planning for research*. Geneva.
- W. H. O. (1999). *Partner in life skills education: Conclusions from a United Nations inter-agency meeting, Geneva*. Retrieved from http://www.who.int/mental_health/media/en/30.pdf
- Wikelund, K. R. (1990). *Schools and communities together: A guide to parent involvement*. Portland, OR: Northern regional educational laboratory.
- Williams, C., & Westermeyer, J. (1983). *Psychiatric problems among adolescents south-*

- east Asian refugees. *Journal of Nervous and Mental Disease*, 171, 79-89.
- Wintsch, H. (2000). Hoffnung säen:therapeutische gruppen mit kriegstraumatisierten Kindern und jugendlichen in Bosnien. *Praxis der kinderpsychologie and Kinderpsychiatrie*, 49, 209 - 230.
- Woods, J. S. (2001). An investigation of the relationship among emotional intelligence levels, Holland's academic environments, and community college student's Internet use. *Dissertation Abstracts International*, 62 (05A), 1813.
- Yang, D. (2002). Depression, anxiety, and self-concept of middle school students. *Chinese Mental Health Journal*, 16(9), 633-635.
- YAPA. (2004). *Issues for young refugees*. Retrieved from <http://www.yapa.org.au/youthwork/facts/Issuesyoungrefugees.pdf>
- Yeh, C. J., & Wang, Y. W. (2000). Asian American coping attitudes, sources, and practices: Implications for indigenous counseling strategies. *Journal of College Student Development*, 41(1), 94-103.
- Zimmer-Gembeck, M. J. (2002). The developmental of romantic relationships and adaptations in the system of peer relationship. *Journal of Adolescent Health*, 31, 216 - 225.
- Zins, J. E., Bloodworth, M. R., Weissberg, R. P., & Walberg, H. J. (2006). The foundation of emotional learning.
- Zins, J. E., Weissberg, R. P., Wang, M. C., & Walberg, H. J. (Eds.). (2004). *Building academic success on social and emotional learning*. New York: Teachers College Press.