## LIST OF FIGURES

SI. No	Title	Pg. no
1.1	Refugee population in India, 2009.	5
1.2	Children detain by the police on Tibet-Nepal.	7
1.3	Tibetan children often suffer frosbite due to prolonged exposure to snow while escaping.	
1.4	TVC at school, Suja, Himachal Pradesh	8
1.5	A glimpse of life skill training conducted at TCV, Suja, 2008	9
1.6	Conceptual Framework	29
3.1	Sample break-up according to different demographic characteristics.	
3.2	Ten core life skills and their 29 sub-skills	54
4.1	Classification of life skill into two groups based on their scoring pattern.	84
4.2	Bar graph showing life skill group 'A' predicting school stress among Tibetan adolescents.	86
4.3	Bar graph showing life skill group 'B' predicting school stress among Tibetan adolescents.	
4.4	Bar graph showing life skill group 'A' predicting future stress among Tibetan adolescents.	
4.5	Bar graph showing life skill group 'A' predicting leisure stress among Tibetan adolescents.	96
4.6	Bar graph showing life skill group 'B' predicting leisure stress among Tibetan adolescents.	97
4.7	Bar graph showing life skill group 'A' predicting self stress among Tibetan adolescents.	100
4.8	Bar graph showing life skill group 'B' predicting self stress among Tibetan adolescents	102

Sl. No	Title	Pg. no
4.9	Bar graph showing life skill group 'A' predicting state anxiety among Tibetan adolescents.	104
4.10	Bar graph showing life skill group 'B' predicting state anxiety among Tibetan adolescents.	106
4.11	Bar graph showing life skill group 'B' predicting trait anxiety among Tibetan adolescents.	108
4.12	Bar graph showing life skill group 'B' predicting active coping among Tibetan adolescents.	11,1
4.13	Bar graph showing life skill group 'B' predicting internal coping among Tibetan adolescents.	113
4.14	Bar graph showing life skill group 'B' predicting withdrawal coping among Tibetan adolescents.	115
4.15	Bar graph showing life skill group 'A' predicting self-confidence among Tibetan adolescents.	117
4.16	Bar graph showing life skill group 'B' predicting self-confidence among Tibetan adolescents.	118
4.17	Bar graph showing life skill group 'B' predicting emotional intelligence among Tibetan adolescents.	121
4.18	Profile graph showing differences among Tibetan refugee adolescents and Indian adolescents on psychosocial parameters.	146
4.19	Individual contribution of life skill components in predicting psychosocial parameters in the post-test scores.	191

-

v

· . .