

ACKNOWLEDGEMENTS

I am greatly indebted to Dr. Subadra Seshadri, Reader, Department of Foods and Nutrition, whose constant guidance and inspiration made it possible for me to initiate and successfully complete my doctoral thesis. I gratefully acknowledge my deep sense of gratitude to her.

My sincere thanks are due to Prof. Tara Gopaldas, Dean, Faculty of Home Science, for her keen interest and encouragement given to me during the course of this study.

I wish to thank Prof. B.K.Chakraborty, Head, Department of Foods and Nutrition, for making the facilities available to carry out the experimental work.

I acknowledge with thanks the financial assistance provided by the University Grants Commission, New Delhi, that made it possible for me to execute the research work.

I owe a deep sense of gratitude to late Dr. S.G. Srikantia, former Director, National Institute of Nutrition (NIN), Hyderabad and Professor Emeritus, Post Graduate Department of Home Science, University of Mysore for his valuable suggestions in the initial phase of this study and his encouragement subsequently. His presence is sorely missed at the successful completion of this work.

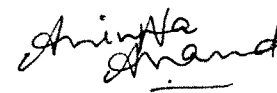
I am also thankful to Dr. B.S. Narasinga Rao, former Director, NIN, Hyderabad and Dr. Gauri Nath Sastri, Deputy Director, NIN, Hyderabad, for making their time available to discuss certain aspects of my study initially.

My special thanks are due to Mr. K.K. Bansal, Consultant, Information Systems, for his assistance in the computer analysis of the data and formating of the figures.

My thanks are also due to Mr I.R. Rangwala, Mr. Davis and Mr. N. Kumar, for their meticulous typing of the rough and final draft of the thesis.

I would also like to thank Dr. Mahima Vaishnav, my sister, for her efforts in sending certain important research material from USA.

Last but not the least, I would like to express my very special gratitude to my husband, Nitien Anand and my son, Mohit, for their understanding, encouragement and constant support of every kind.


ANIMA N ANAND