

### ACKNOWLEDGEMENTS

To anybody reading this thesis it will be apparent that it could never have been written without the help of many. By myself, not only would I have not been able to write the thesis itself would have no meaning.

There are a number of school going adolescents who were willing and even anxious to answer the Questionnaire that I gave them. Some of them stayed behind in school to do so. There are also many Parents who gave their valuable time to answer the Questionnaire. My first duty is to express my gratitude to all of them for their whole-hearted co-operation. They have been my best helpers in writing this thesis.

Their help is not the only one that I have received. I want to express my gratitude to all. Some I can mention explicitly, others I cannot. Among the first I want to mention the name of my guide, Dr. A.S. Patel, Dean, Faculty of Education and Psychology, M.S. University, Baroda. His expertise in the field of Applied Psychology and especially of Research Methodology, coupled with his unfailing kindness and encouragement, have been largely responsible for the final outcome of this thesis.

My gratitude also goes to Miss C. Galby, Principal, Nirmala Niketan, College of Home Science, Bombay, for all the encouragement and help I have received from her ; to Miss M.P. Couceiro and all the members of the Institute of Social Service, especially those of Bombay and Baroda, for their invaluable support, encouragement and interest shown in my work ; to Mrs. Ranjan Amin, Miss Lakshmi Sarma and Miss Shiamin Wadhwa for the help that they have given me in different ways and on a number of occasions ; to Mrs. Shashikala Joshi who did the final typing of this thesis so neatly and accurately, and to Mr. R.K. Joshi for his assistance in this work.

Before I end, I cannot forget the Principals of the different schools which I contacted. In all of them I found willingness to help, encouragement and valuable experience, which was always made available to me.

To all of them and also to others who in different ways were a help to me, " Thank You ".

Baroda

Lillian Menezes

December 1977